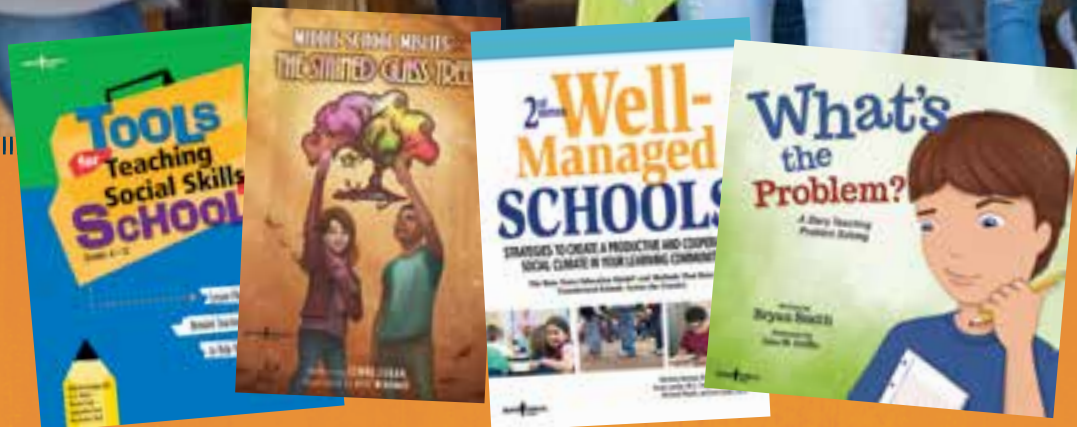


# BOYS TOWN<sup>®</sup> PRESS



➡ Award-Winning  
Resources for Educators,  
Counselors, and Families

2019  
CATALOG  
[BOYSTOWNPRESS.ORG](http://BOYSTOWNPRESS.ORG)



# WE'RE HERE TO HELP YOU!

Customer Service Representatives from Boys Town Press are available by phone to assist you Monday through Friday from 8 a.m. to 5 p.m., Central Time.

Visit our online store [BoysTownPress.org](http://BoysTownPress.org).

Call us at **1-800-282-6657** or email [btpress@boystown.org](mailto:btpress@boystown.org).



@BoysTownPress



## INDEX

ADHD/Autism/Mental Health.....	2, 7, 11, 14-17, 31, 35-36
Aggression/Anger .....	22, 31, 34
Behavior/Character .....	4-7, 15, 18-19, 22, 28, 30, 37-39, 41, 43
Bullying .....	11, 27, 32-33
Communication .....	5, 18, 21, 43
Emotions.....	3, 6-7, 22, 29, 31, 35-36
Educator Resources/Classroom ..	2-15, 17, 20, 22-25, 29-30, 37
Executive Function/Managing Self ...	4-6, 8-9, 14, 19-20, 35, 42
Friendship/Relationships.....	3, 7, 18, 26-28, 30-31,
Parenting.....	38-40, 44
Social Media.....	18, 21, 32
Social/Life/Study Skills.....	2-5, 10-14, 17-26, 30, 37, 41-43
Special Education .....	16-17
Spanish .....	23-25, 44

**NEW**

## Freddie the Fly: Bee On, Buzz Off

A story about learning to focus and stay on task

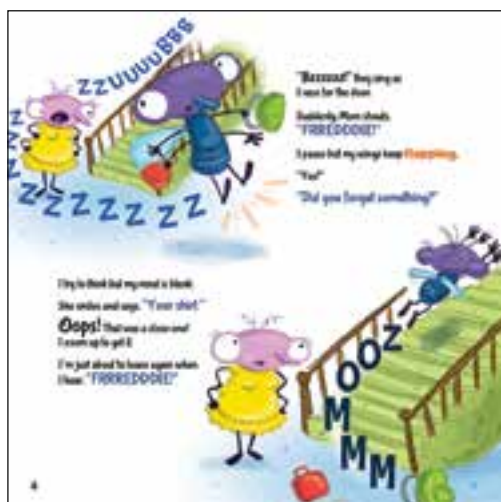
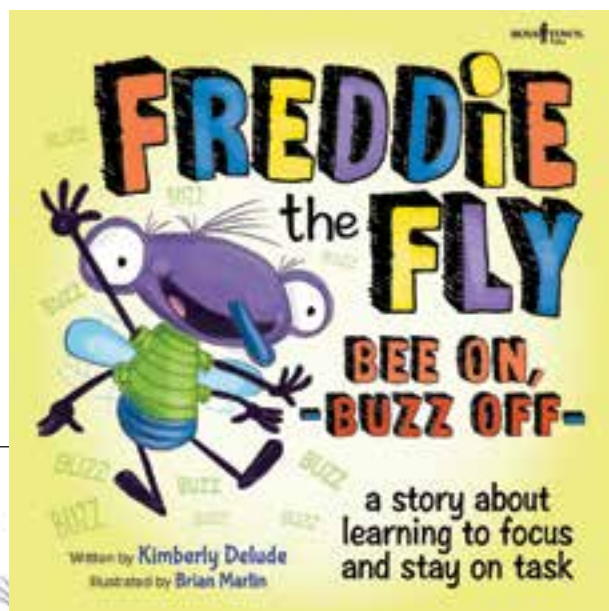
GRADES PRE K-5

Kimberly Delude, Illustrated by Brian Martin

Freddie, our lovable fly, is tappin' and flappin' his way to trouble. He whirls around and fro, buzzing from one distraction to another. Is it any wonder he forgets his lunch, fails his spelling test and leaves the house semi-undressed? Freddie is a go-go-go kind of guy who has no time to listen, focus or pay attention. His lack of concentration causes a real fright when he finds himself lost and alone at the zoo. Will that be the scare Freddie needs to finally take action and turn his BEE on and his BUZZ off? Readers will love finding the answers in this delightfully insightful tale by speech-language pathologist and educator Kimberly Delude. 32 pgs.

ITEM NO. 59-003 \$10.95

**NEW**



**Five Downloadable Activities**

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-59-003 \$5.00

**NEW**



## Parker Plum and the Rotten Egg Thoughts

A story about learning to look on the bright side

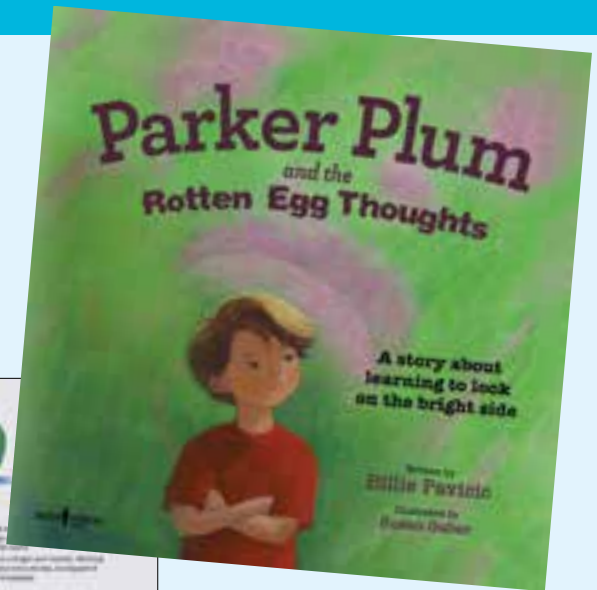
GRADES K-6

Billie Pavicic, Illustrated by Susan Gaber

Parker Plum wakes from a night of slumber to find a little green egg resting on his pillow. How did it get there? Parker doesn't know, and doesn't seem to care. He plops it in his pocket and starts his day... a day that gets worse by the minute. Breakfast is awful, he misses the bus and, worst of all, he has to sit downwind from Dave, a guy who toots all day! Every disappointment gets Parker more upset and makes the egg grow bigger and bigger until it's ginormous. Is this rotten, smelly blob about to explode? Fortunately for Parker, veteran lunch lady Mrs. Butterbott thinks she can defuse the situation. But it totally depends on whether Parker is willing to unscramble all his self-defeating thoughts. Can he? See what happens in this creative and colorful tale from talented author and educator Billie Pavicic. 32 pgs.



NEW



ITEM NO. 62-001  
\$10.95

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-62-001 \$5.00

NEW

## Middle School Misfits: The Stained Glass Tree

GRADES 4-8

Leona Lugan, Illustrated by Kyle Merriman

Drama defines middle school, especially for Jilly. Not that she likes drama. She'd rather walk invisibly through the hallways than have any eyes turn toward her. But drama will always find Jilly. With Mom battling depression, and the family's financial struggles, they move frequently. As the family bounces from town to town, Jilly changes schools... a lot! And there is nothing scarier than coming into a new school smack in the middle of the semester. With her country accent... clothes that are far from cool... an odd, funny-to-pronounce family name (that earns her a terrible nickname)... Jilly feels like an outcast. A misunderstood misfit. Can she find a way to fit in while still being true to herself? Independent readers and middle school students will relate to the challenges and joys that Jilly and her schoolmates experience in this timeless tale about facing your fears, making new friends (and frenemies), and avoiding, as much as possible, those humiliating middle school screw-ups. Discussion points and tips are included. 128 pgs.

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

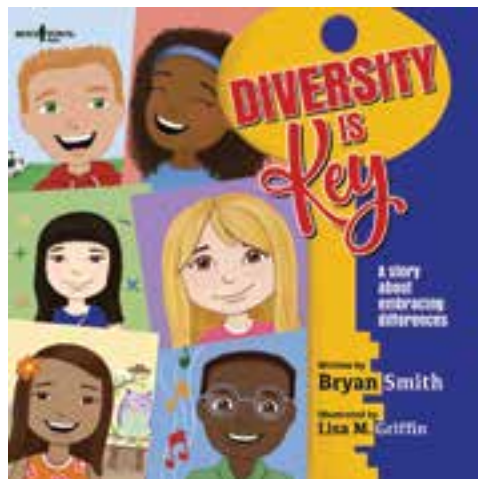
ITEM NO. DA-64-001 \$5.00

NEW

NEW



ITEM NO. 64-001 \$8.95



## Diversity is Key

A story about embracing differences

GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

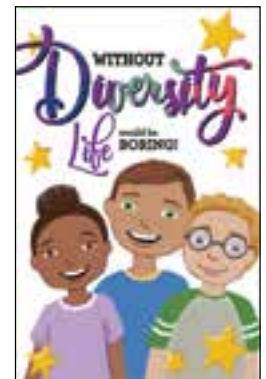
It's diversity week at Amelia's school, and she has no clue what it means or why it matters. Every day, she's introduced to cultures, cuisines and customs that push Amelia outside her comfort zone and test her preconceived notions about people and places. Is Mei really asking me to bow when I introduce myself? Is Rosa really celebrating toes, and how the heck do I eat something wrapped in a cornhusk? And why is Malia's mom dancing in a grass skirt? Amelia has lots of questions (and a few concerns), but the more she experiences, the more she realizes how diversity makes life more fun.

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-015 \$5.00

NEW

*Diversity is Key* was penned by Bryan Smith, whose *Without Limits* book series celebrates children with character. 32 pgs.

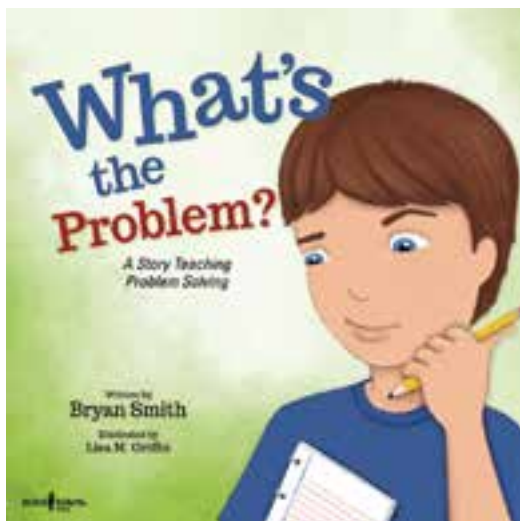


**Diversity Poster**  
Downloadable

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-315 \$1.95

ITEM NO. 56-015 \$10.95



ITEM NO. 56-016 \$10.95

## What's the Problem?

A Story Teaching Problem Solving  
GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin



Blake wants to sell his brother, Braden, to another family. Savannah wants to fight Mary over an insult. Braden sooo wants to sneak out of class to play kickball. The characters in this fast-paced story face conundrums that make each of them consider solutions that are inappropriate, ill-advised or irresponsible. Fortunately, some good old-fashioned fatherly advice coupled with a tried-and-true strategy for solving problems keeps everyone safe and satisfied. This story introduces and encourages readers to use SODAS (Situation, Options, Disadvantages, Advantages, and Solution) as a way to logically and thoughtfully figure out how to solve any problem, from the silly to the serious. *What's the Problem?* adds to the wildly popular *Executive FUNction* book series, which skillfully weaves skill teaching into humorous storylines to help readers become flexible thinkers, problem solvers and self-managers. 32 pgs.

**Five Downloadable Activities**

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-016 \$5.00



ITEM NO. 56-010 \$10.95

## It Was Just Right Here!

GRADES K-5

Bryan Smith, Illustrated by Lisa M. Griffin

In today's world, kids are overwhelmed with activities and schoolwork. Use this humorous story to help them stay organized.

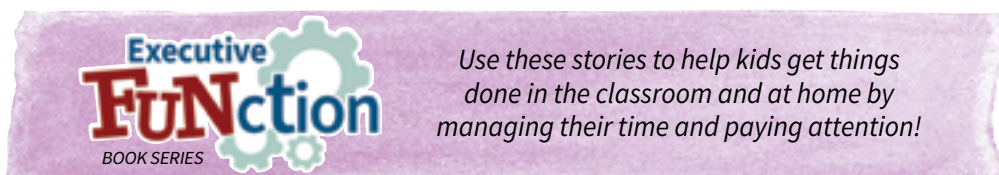
Blake is always losing things, and everyone acts like it's his fault. Blake doesn't think it's a big deal, however. After all, he's just a kid! But when his field trip form is missing and the class pet is discovered dwelling among all the debris inside his desk, Blake realizes he has a problem.

With help from his teacher, a timely baseball analogy and support from his parents, Blake discovers the benefits of being organized. Children and parents alike will find this comical, colorful storybook helpful in understanding why everything has its place. Tips for teaching organizational skills are included. This is the fourth title in the *Executive FUNction* series. 32 pgs.

**Four Downloadable Activities**

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-010 \$5.00



## Time to Get Started

A Story about Learning to Take Initiative

GRADES K-5

Bryan Smith, Illustrated by Lisa M. Griffin

Blake is busy! He's always moving and always has something going on. So why is it that people keep insisting that he do things he doesn't want to do? Why does he have to clean his room RIGHT NOW? He'll get to it EVENTUALLY!



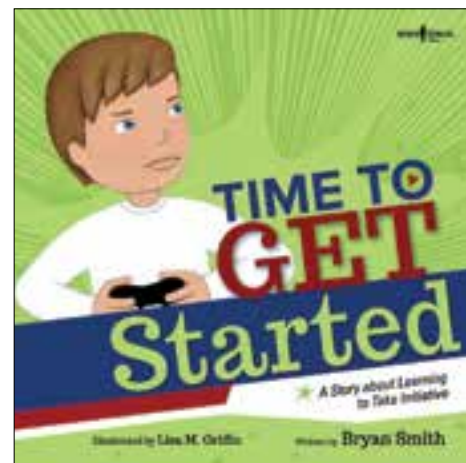
**Five Downloadable Activities**

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-014 \$5.00

Luckily for Blake, his mom is there to work with him on the important skill of taking initiative. And she should know – she says her dad had to work with her on that same task when she was young.

Blake and Mom explore WHY Blake doesn't want to get started, and they go through a few simple steps on how to take initiative and get things done. Will Blake be able to use these steps to get started on his work at home and at school? Find out in this title in the very popular *Executive FUNction* series. 32 pgs.



ITEM NO. 56-014 \$10.95



## It's My Way or the Highway

Turning Bossy into Flexible and Assertive  
GRADES K-4

Julia Cook, Illustrated by Kyle Merriman



BOOK  
SERIES



Cora June is B-O-S-S-Y!

She stops her teacher's boring assignments. She dictates the games people play at recess. She even objects to family dinners. If Cora June doesn't get her way in the classroom, on the playground or at home, she makes life miserable for those around her. Will anyone put the brakes on her outlandish demands? And will Cora June ever realize that she can be a leader, but still be flexible? Or that there's a difference between being assertive and being bossy? See what lessons are learned in this

thought-provoking tale about the benefits of not always getting your way. *It's My Way or the Highway* is the first title in an exciting new storybook series, *The Leader I'll Be!*, by award-winning author Julia Cook. 32 pgs.



ITEM NO. 55-048  
\$10.95

## What Were You Thinking?

A Story about Learning to Control Your Impulses  
GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

Third-grader Braden loves to be the center of attention. His comic genius, as he sees it, makes his friends look at him in awe. But some poor decision-making, like ill-timed jokes in class and an impulsive reaction during gym that left a classmate teary-eyed and crumpled on the floor, forces the adults in Braden's life to teach him about impulse control. But will the lessons shared by his teachers and his mom really help Braden manage his impulses?

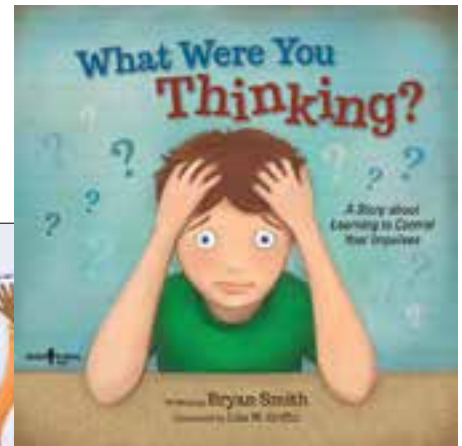
Find out in this amusing story by Bryan Smith. 32 pgs.

**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-005 \$5.00



BOOK SERIES



ITEM NO. 56-005 \$10.95



ITEM NO. 56-009 \$10.95

**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

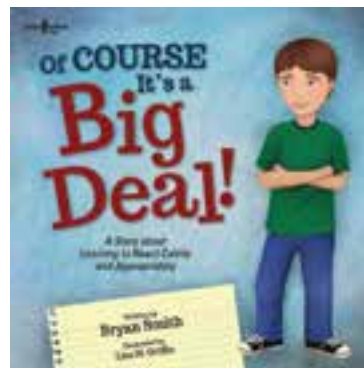
ITEM NO. DA-56-009 \$5.00

## My Day Is Ruined!

A Story for Teaching Flexible Thinking  
GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

Braden is pumped to play in the championship baseball game. The night before, he dreams of scoring the game-winning run! But alas, it's not to be. The game is rained out, so Braden curls up on a couch and cries. It seems no matter how small the setback, Braden lets disappointment ruin his mood and his day. Will learning "flexible thinking" give Braden the resiliency he needs to handle life's letdowns? 32 pgs.



ITEM NO. 56-011 \$10.95

**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-011 \$5.00

## Of Course It's a Big Deal!

A Story about Learning to React Calmly and Appropriately  
GRADES K-5

Bryan Smith, Illustrated by Lisa M. Griffin

What was supposed to be a carefree afternoon of go-cart racing quickly turns sour when Braden shouts and pouts about the rules. Hearing his parents say the rules are the rules only makes him madder and more meltdowns follow.

Will Braden ever learn to keep his cool in the face of disappointment, roll with the punches and realize that not everything in life is a big deal? See what lessons are learned in this fast-paced story about the perils of overreacting and losing self-control. 32 pgs.

## Green-eyed Goose GRADES PRE K-4

A Boone Story about Overcoming Envy and Jealousy  
Lisa M. Griffin

Boone is back, and boy is he bothered!

Why is his brother Finn the first to fly? And why can Otter flip but Boone can't? And what's with Beaver's big tail? It just doesn't seem fair!

What Boone doesn't realize at first is that everyone is different. All of the animals at the pond are born with different talents, different sizes and shapes, and different abilities.

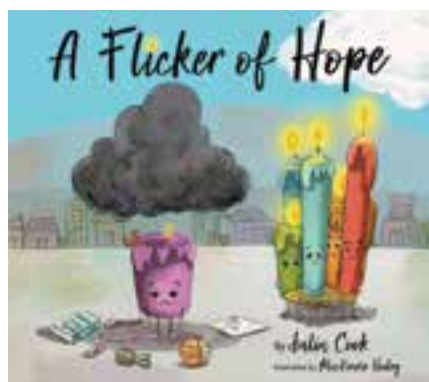
Fortunately, Boone is surrounded by friends who help him understand that it's natural to look at what others have and wonder what it would be like. But it's more important for Boone to recognize his own strengths and talents, to be grateful for those, and to work hard to earn more of whatever he wants.

Written and illustrated by the talented Lisa M. Griffin, this tale will engage young readers and help remind them of the importance of gratitude and hard work. 32 pgs.

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-61-002 \$5.00



ITEM NO. 61-002 \$10.95



## A Flicker of Hope

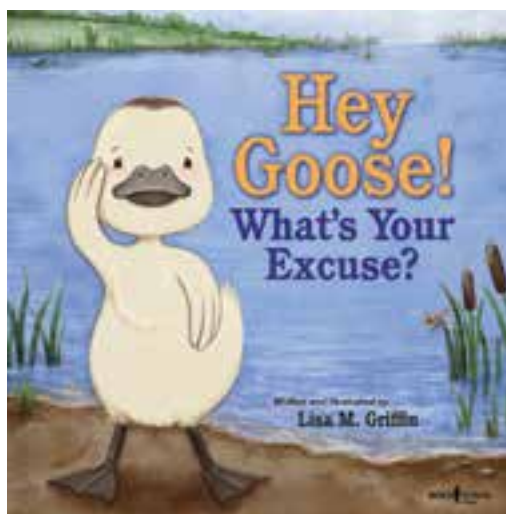
GRADES K-6

Julia Cook, Illustrated by MacKenzie Haley

In terms of resilience and well-being, hope is a critically important predictor of success.

Sometimes the dark clouds overhead seem too heavy and you feel like giving up. Little Candle knows all about this. Bad grades, being teased by classmates, and wondering who her real friends are – makes it so all she can see is darkness. But, as Little Candle is reminded she has purpose and her own unique gifts, her dim light begins to shine brighter. This hopeful story emphasizes the many different ways to ask for help, and how to be a hope builder for others. 32 pgs.

ITEM NO. 97-025 \$9.95



ITEM NO. 61-001 \$10.95



## Hey Goose! What's Your Excuse?

GRADES PRE K-4

Lisa M. Griffin

A heartwarming tale about spreading your wings and finding yourself. Boone is a gosling, loving life on the water with his geese family. He feels safe and comfortable in his small corner of the pond, so why would he ever leave?

When Boone's mom and siblings swim off to the opposite shore, he won't follow. He has his reasons, like the water seems too cold and deep, and the other shore looks too muddy. But when he sees his family having fun, he wonders what he's missing. Are they eating doughnuts down there? Are they warming their feathers by a campfire? What if they see the elusive pond Yeti over there?

Soon enough, Boone's curiosity grows bigger than his fears. Slowly he paddles away from his safe space, taking readers on a journey that reveals why leaving your comfort zone can lead to exciting and unexpected places. 32 pgs.

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-61-001 \$5.00

## Is There an App for That?

Hailey Discovers Happiness through Self-Acceptance  
GRADES K-5

Bryan Smith, Illustrated by Katia Wish

Magic Apps promise to make Hailey taller, faster, smarter and so much more! What harm is there in trying them? The apps only last one day, and surely this will solve all of her problems, right?

Join Hailey on her comical adventure as she uses app after app, trying to be someone she just isn't, and begins to realize that trying to be like others isn't all it's cracked up to be! 32 pgs.

ITEM NO. 56-001 \$10.95



## Bundle and SAVE!

Save by buying the book and activity guide.  
ITEM NO. 56-501 \$25.50

## Activity Guide

20 classroom activities designed to teach and reinforce the skill of "Accepting Self." An enclosed CD provides ready-to-print forms and handouts. 40 pgs.

ITEM NO. 56-002 \$19.95



## When I Couldn't Get Over It, I Learned to Start Acting Differently

A story about managing SADness

GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

Kyle is a fourth-grader who sometimes feels blue and out of sorts. He's not sure why, but he can never bounce back when he gets into a funk. When things go wrong at school or home, he can't shake it off and just move on. With the help of a kind teacher, Kyle learns how to recognize and manage his sadness by reframing his attitude and learning how to **Start Acting Differently**.

It is important for children to know that sometimes feeling sad is a normal part of life. Author Bryan Smith gives young readers the tools to manage and work through their feelings of sadness. Includes special tips for parents and educators. 32 pgs.

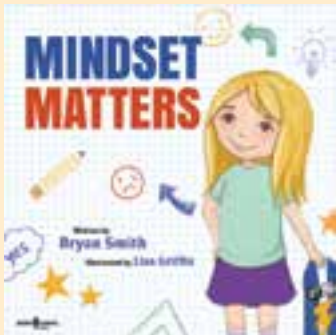
**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-012 \$5.00



ITEM NO. 56-012 \$10.95

*This Bryan Smith series helps young readers learn how to be more giving, more understanding, and more resilient! Supplement each story with downloadable classroom activities!*



ITEM NO.  
56-008  
\$10.95

### Mindset Matters

GRADES K-5

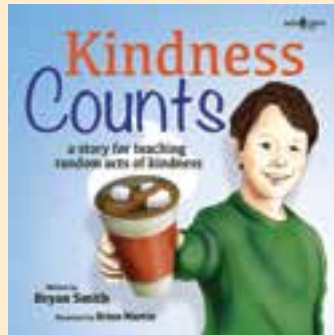
Bryan Smith, Illustrated by Lisa M. Griffin

Amelia takes up skateboarding with gusto and feverishly builds a swing set for her kid brother. But at the first sign of trouble – tumbling off her skateboard and whacking her thumb with a hammer – she's done.

Her confidence shattered, Amelia frets she's a failure. But after a little self-reflection and some loving advice from dear-old Dad, Amelia learns she needs a "gonna get it done" mindset.

*Mindset Matters* teaches children how to see problems and dilemmas as opportunities to learn and grow. Written for readers in grades K-5, this storybook includes tips to help parents and teachers foster a healthy "gonna get it done" mindset in every child. *Updated with more direct skill teaching.* 32 pgs.

**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-56-008 \$5.00



ITEM NO.  
56-007  
\$10.95

### Kindness Counts

A story for teaching random acts of kindness

GRADES K-5

Bryan Smith, Illustrated by Brian Martin

When Cade learns strangers have paid for his family's ice cream at the drive-through, he wonders why anyone would do such a crazy thing. That's when his dad tells him about random acts of kindness.

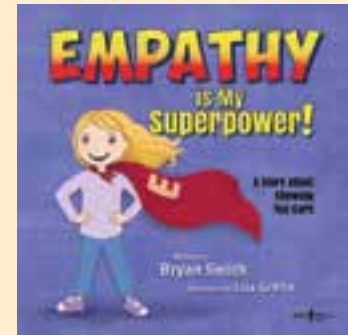
Cade thinks it's a cool concept and is eager to start paying it forward, too. But when Dad reminds him that random acts of kindness should be done without wanting or expecting anything in return, Cade starts feeling a little less generous. What will Cade do when being generous and kind requires making a real sacrifice?

This is the first story in the author's *WITHOUT LIMITS* book series. 32 pgs.

**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-56-007 \$5.00



BOOK  
SERIES



ITEM NO.  
56-013  
\$10.95

### Empathy is My Superpower!

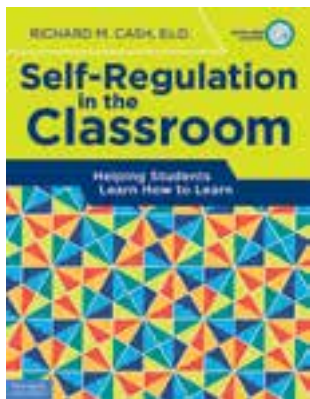
A story about showing you care

GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

Amelia can't quite get why some people behave the way they do. Why does her brother cry when it's dark? Why does her classmate Kayla take so long to do her math? And what's up with that strange-smelling dish that Priya brings to lunch every day? With the help of her parents, Amelia soon learns about the importance of empathy and starts to see the power it can have! Will Amelia be able to put her new-found skill to good use and help others find strength in empathy as well? Written for readers in grades K-6, this storybook also includes tips to help parents and teachers foster empathy in every child. 32 pgs.

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-56-013 \$5.00



ITEM NO.  
84-104  
\$39.99

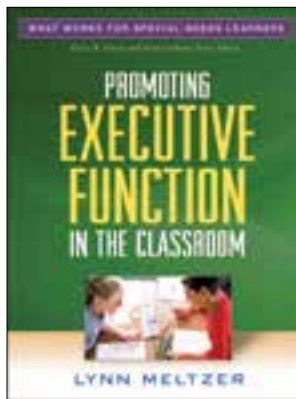
## Self-Regulation in the Classroom

Helping Students Learn How to Learn

GRADES K-12

*Richard M. Cash, EdD*

Self-regulation, an executive function skill, describes the ways that students focus attention on achieving success. Self-regulated learners find personal value in learning, develop effective study habits, welcome challenges, seek help, and use failure as a learning tool. This user-friendly guide makes the process of developing self-regulation as easy as **ABC**: **A**ffect (how you feel), **B**ehavior (what you do), and **C**ognition (how you think). Teaching students to balance these three elements builds motivation, resilience, and college and career readiness. 168 pgs.



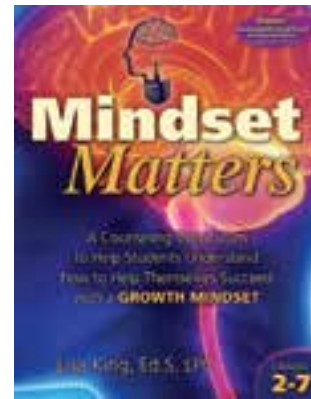
ITEM NO.  
84-093  
\$41.00

## Promoting Executive Function in the Classroom

GRADES K-12

*Lynn Meltzer*

Helps teachers incorporate executive function processes – planning, organizing, prioritizing and self-checking – into the classroom curriculum. Chapters describe effective strategies for optimizing what students learn by improving how they learn. Easy-to-implement assessment tools, teaching techniques and activities, and planning aids are presented. The book also covers the nuts and bolts of differentiating instruction for students with learning or attention difficulties. Case examples illustrate individualized teaching strategies and classroom accommodations. 252 pgs.



ITEM NO.  
84-108  
\$27.95

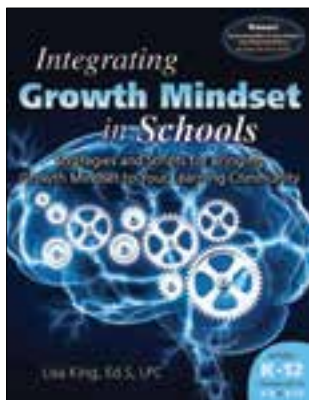
## Mindset Matters GRADES 2-7

A Counseling Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset

*Lisa King, EdS, LPC*

Research shows that children start off with a “growth mindset” – thinking they can do anything. But as they get older, and things get harder, they form a fixed mindset and lose their optimism.

Infusing the growth mindset theory into learning helps students increase achievement. This book's innovative and easy-to-implement lessons provide students with a foundation of brain science, the magic of grit, and the benefits of learning. The activities show students that their talents and abilities can be developed through effort and persistence, and will lead to positive outcomes. 168 pgs.



ITEM NO.  
84-116  
\$27.95

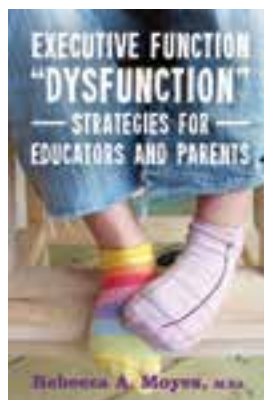
## Integrating Growth Mindset in Schools

Strategies and Scripts for Bringing Growth Mindset to Your Learning Community

GRADES K-12

*Lisa King, EdS, LPC*

This researched-based, easy-to-implement program helps streamline growth mindset into schools. The book is specifically broken into K-8 and 9-12 instruction and provides a user-friendly way for schools to weave growth mindset ideas into the school day. Included are email templates, scripts, and downloadable PowerPoints for parent workshops, staff professional development, and interactive lessons for group or classroom. 176 pgs.



ITEM NO.  
84-100  
\$19.95

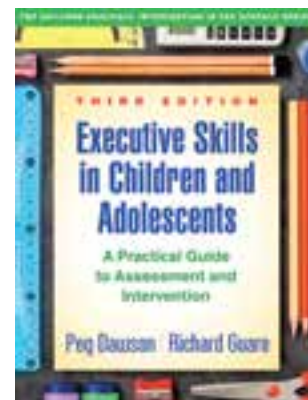
## Executive Function "Dysfunction"

Strategies for Educators and Parents

GRADES 1-10

*Rebecca A. Moyes, MEd*

A concise and accessible guide for understanding and supporting children with executive function difficulties. The author offers a wealth of practical hints, tips, and accommodations for tackling issues such as organizational and time-management problems, lack of attention, and behavioral difficulties. Packed with real-world examples and multiple strategies, this book is a must-read for educators and parents. 127 pgs.



ITEM NO.  
84-092  
\$42.00

## Executive Skills in Children and Adolescents, 3<sup>rd</sup> Ed.

GRADES K-12

*Peg Dawson, Richard Guare*

Concise and practitioner-friendly, this book explains how these critical cognitive processes develop and why they play such a key role in children's behavior and school performance. Provided are step-by-step guidelines and many practical tools to promote executive skill development by implementing environmental modifications, individualized instruction, coaching, and whole-class interventions. Includes more than two-dozen reproducible assessment tools, checklists, and planning sheets. 224 pgs.



**NEW**

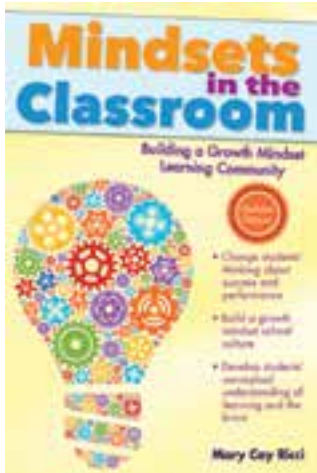
## Mindsets in the Classroom

Building a Growth Mindset Learning Community  
GRADES 1-8

Mary Cay Ricci

When students believe that dedication and hard work can change their performance in school, they grow to become resilient, successful students. This resource provides educators with ideas for building a growth mindset school culture and highlights the importance of critical thinking and teaching students to learn from failure. The four most important components of a growth mindset learning environment are presented along with a sample professional development plan, ideas for communicating the mindset concept of "grit," instructional coaching, grading, and more.

With this book's easy-to-follow advice, tasks, and strategies, teachers can grow a love of learning in their students. 208 pgs.



ITEM NO. 84-114 \$22.95

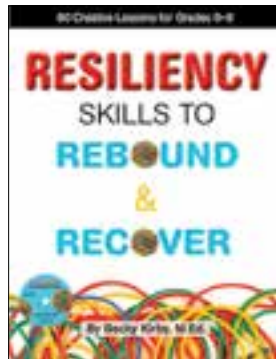
## Resiliency Skills to Rebound & Recover

GRADES 5-9

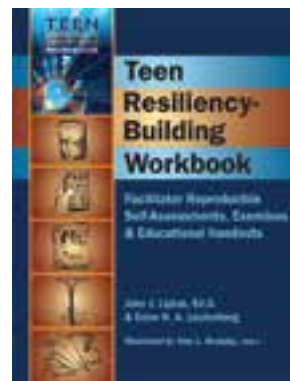
Becky Kirby, MEd

This book contains 60 activity-based lessons that teach children how to rebound and recover from difficult or challenging situations.

The seven topic areas include: Emotions and Self-Awareness; Changing Thoughts and Impulse Control; Managing Stress and Mindfulness; Communication and Problem Solving; Believe in Yourself; Support and Resources; and Games and Activities. Each includes ASCA standards pre/post tests, and a CD with reproducible worksheets/pages. 192 pgs.



ITEM NO. 84-106 \$33.95



ITEM NO. 84-075 \$49.95

## Teen Resiliency-Building Workbook

GRADES 7-12

John J. Liptak, EdD,  
Ester R. A. Leutenberg

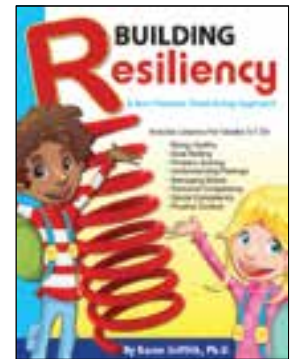
Empower teens with the skills they need to effectively manage life's challenges. This workbook features self-assessments, journaling activities, and handouts to help young people measure their sense of self-control and optimism. All of the exercises are designed to improve a teen's ability to bounce back from loss or disappointment. Ideal for educators, psychologists, and counselors. 122 pgs.

## Building Resiliency

GRADES 2-6

Karen Griffith, PhD

Each of this book's eight research-based topics has 4 to 5 sessions designed to help students develop traits that promote resilient behaviors. Topics include goal setting, problem solving, communicating feelings, managing stress, having a positive outlook, and more. Includes CD. 224 pgs.



ITEM NO. 84-074 \$35.95

## ZEST: Live It! and Activity Guide

GRADES 5-10

Tamara Zentic, MS, Illustrated by Lisa M. Griffin

*ZEST: Live It!* is a pick-me-up for kids who've lost the pep in their step. Students are introduced to the concept of "ZEST" through stunning illustrations and short, poetic statements. The illustrations and creative rhymes will inspire readers to embrace life regardless of the challenges they face.

Active, hands-on activities in the activity guide encourage students to become more motivated and less apathetic. Each of the 23 lessons focuses on improving executive function by teaching students how to display effort, express pride in accomplishments, initiate conversations, and make decisions. Suggestions for flipped classroom assignments are given with detailed teacher-friendly instructions. Incorporating the use of technology in the lessons keeps students motivated and engaged. Convenient ready-to-print forms and worksheets included on CD.

Book (32 pgs.)	ITEM NO. 53-005	\$9.95
Activity Guide (97 pgs.)	ITEM NO. 53-006	\$22.95



## Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 53-502 \$27.95

## GRIT & Bear It! and Activity Guide

Tamara Zentic, MS, Illustrated by Lisa M. Griffin

In addition to teaching students the basics of reading and writing, you want students to acquire other skills for success. With this book and activity guide combination, children learn and practice "grit" – a combination of determination and perseverance, and a willingness to take risks and bounce back from failure.

Its punchy lines and stunning illustrations give readers important insights into success and achievement. The book can be used as a stand-alone or with the supplemental activity guide to engage even the most reluctant students.

Book (32 pgs.)	ITEM NO. 53-002	\$9.95
Activity Guide (84 pgs.)	ITEM NO. 53-003	\$22.95

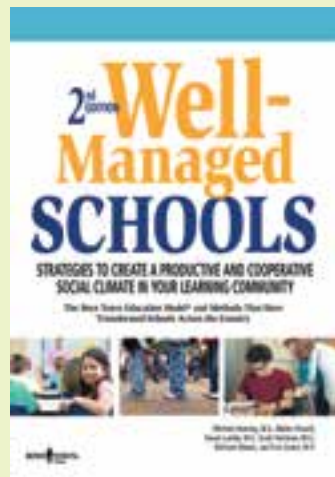
## Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 53-501 \$27.95



# MULTI-TIERED SUPPORT



ITEM NO. 48-018 \$24.95

teaching interactions that encourage positive student behaviors, reduce or prevent inappropriate behaviors, and correct misbehaviors. 258 pgs.

## Well-Managed Schools, 2<sup>nd</sup> Ed.

GRADES K-12

Michele Hensley, MS, Walter Powell, Susan Lamke, MS, Scott Hartman, MS, Michael Meeks, MS, and Erin Green, MS

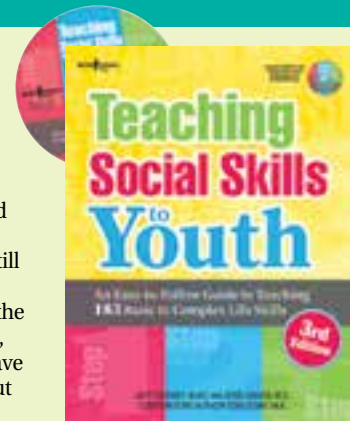
With new information on the importance of social and emotional learning in the classroom and using multi-tiered support systems to address disruptive behavior, this manual is now an even more valuable tool in helping improve your school's social and learning climate. The authors describe the Boys Town Education Model®, a school-based intervention strategy that emphasizes behavior-management practices, relationship-building techniques, and social skills instruction. They also provide step-by-step instructions for examples of proven

## Teaching Social Skills to Youth, 3<sup>rd</sup> Ed. GRADES K-12

An Easy-to-Follow Guide to Teaching 183 Basic to Complex Life Skills  
Jeff Tierney, MEd and Erin Green, MS

Skills range from basic to complex and have been updated to reflect the challenges today's youth face. This edition still includes hallmark treatment examples, demonstrating how and when to teach the skills. But new insights and information, based on the latest research findings, have been added. Also added are details about multi-tiered approaches to social and emotional learning, and how skills relate to executive function. The appendices highlight what skills to emphasize when addressing social and emotional competency, executive function processes, behavior problems and problem situations. An enclosed CD offers printable posters for each skill. 312 pgs.

ITEM NO. 45-020 \$35.95



» Learn how to apply these social skills to your classroom on page 46.

TIER  
1



## Elementary/Special Ed Poster Set 11"x17"

Posters ITEM NO. 48-312 \$16.95  
Wall Cling Posters ITEM NO. 48-312-WC \$24.95  
(No muss. No fuss. No tape or tacks required.)

**Downloadable Posters**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-48-312 \$7.95



## Middle and High School Poster Set 11"x17"

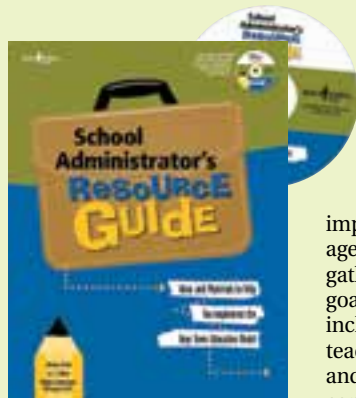
ITEM NO. 48-309 \$16.95

**Spanish Posters Available**  
(See page 44.)

**SAVE!**  
5 or more poster sets  
\$12.95 EACH

## Classroom Posters to Teach Social Skills

These 16 skills match the *Well-Managed Schools* curriculum and include: following instructions, accepting criticism or a consequence, accepting "no" for an answer, greeting others, getting the teacher's attention, disagreeing appropriately, making an apology (saying you're sorry), accepting compliments, having a conversation (talking with others), asking for help, asking permission, staying on task, sharing, working with others, listening, and using an appropriate voice tone.



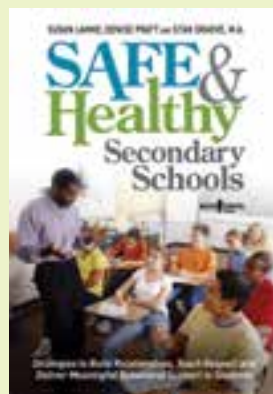
ITEM NO. 48-013 \$32.95

## School Administrator's Resource Guide

GRADES K-12

Denise Pratt, MS, Jo C. Dillon, Midge Odermann Mougey, EdD

This guidebook helps administrators implement a schoolwide behavior-management program. Checklists and surveys gather critical data and help schools set goals. Full-scale implementation strategies include ideas for setting up a schedule to teach school rules, procedures and skills, and incorporating skill-focused behavioral consequences into office referrals, detentions, and in-school suspensions. Reproducible PDFs on CD. 115 pgs.



ITEM NO. 48-012 \$24.95

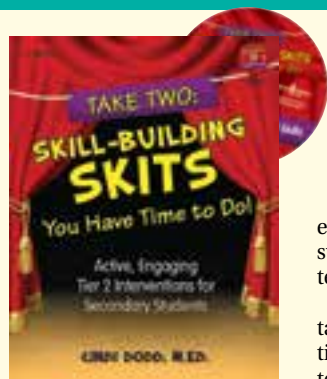
## Safe & Healthy Secondary Schools

GRADES 7-12

Susan Lamke, MS, Denise Pratt, MS, and Stan Graeve, MA

Teach techniques and skill strategies to counteract the disrespect, apathy, and aggression too many students display in school today. True-to-life stories explain how to create collaborative and cooperative learning communities. Learn how to forge relationships with disconnected students, lessen risks by eliminating "unowned" areas, and teach students to handle problems logically rather than emotionally. 220 pgs.





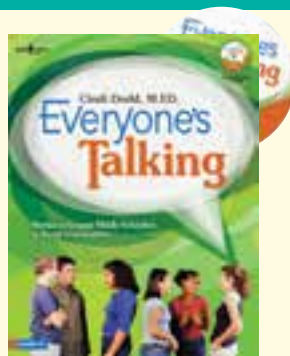
## Take Two: Skill-Building Skits You Have Time to Do!

GRADES 5-10  
Cindi Dodd, MEd

Quick skits and activities that educators can use to harness their students' love of drama while teaching them social skills.

Each of the 21 social skills taught is followed by a few activities that can be used to further teach or reinforce the skill. Ideal for use as either a targeted (Tier 2) intervention for groups of three or more, or as a universal (Tier 1) intervention with larger groups. The appendix provides examples of additional skits teachers might find useful when teaching about issues like public displays of affection, dress code, and more! CD with reproducibles included. 116 pgs.

ITEM NO. 52-001 \$26.95



## Everyone's Talking

GRADES 5-10  
Cindi Dodd, MEd

How do you get young adolescents to open up about their relationships, their struggles, and their hopes? How do you create an environment where they feel included and engaged?

Use *Everyone's Talking* at the next class meeting to get your middle school students talking, sharing, and connecting! Encourage much-needed conversations about peer pressure, bullying, respecting authority, and other social topics. Includes a CD with reproducible handouts, worksheets, and skill posters! 59 pgs.

ITEM NO. 52-002 \$22.95

» Find more Tier 2 & 3 resources on pages 14-17.

# TIER 2



## 13 & Counting: Does a Hamburger Really Have to Be Round?

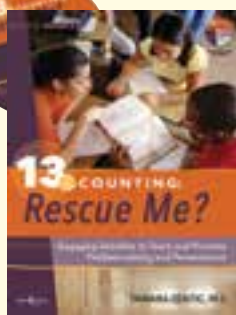
GRADES 5-12  
Tamara Zentic, MS

22 strategies and lessons that incorporate Boys Town Social Skills to help students deal

ITEM NO. 53-004 \$22.95

with the difficult topic of low **self-esteem**. These lessons encourage the use of executive function processes as part of the students' learning experience.

Use the easy-to-implement strategies to help improve self-esteem and foster healthy identity perspectives. Gives youth the opportunity to explore their values, beliefs, and thinking. 99 pgs.



## 13 & Counting: Rescue Me?

GRADES 5-12  
Tamara Zentic, MS

If kids are always shielded from challenges and failures, they never learn to develop important problem-solving skills.

These activities and lessons allow students to learn and

ITEM NO. 53-008 \$22.95

explore **problem-solving skills and strategies** so they can overcome negative thought processes, focus on more positive behaviors and become life-long critical thinkers. Each lesson is structured so it can be taught during a single class period or extended over multiple periods. Lists of materials, step-by-step instructions and suggestions for using a "flipped classroom" are provided. 105 pgs.



## 13 & Counting: Be the Difference!

GRADES 5-12  
Tamara Zentic, MS

The lessons in this book do more than help students learn **how to handle bullying, teasing, and other difficult social interactions**. They also strengthen executive function-

ITEM NO. 53-001 \$22.95

ing. Students learn how to build better friendships, become more socially mature, and discover who they really are while exploring concepts such as tolerance, inclusion, and self-confidence.

Tips to help you get the most out of each lesson and ideas on how to flip your classroom make *Be the Difference* your best, most complete, bullying-prevention resource. 97 pgs.

# TIER 3

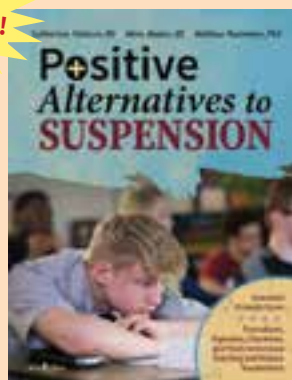


## Positive Alternatives to Suspension

GRADES 4-12  
Cathy DeSalvo, MS, Mike Meeks, MS,  
Matthew Buckman, PhD

A blueprint for creating an in-school alternative to out-of-school suspension, giving students the best opportunity to overcome their challenges and find success. Explains how to create structure, use motivation and teach social skills so students remain engaged and connected to school. Checklists for setting up an effective alternative suspension classroom, along with tools to

improve your current in-school suspension practices, are included. Sample writing activities and worksheets for suspended students and an index of social skills with their behavioral steps available for download. 199 pgs.



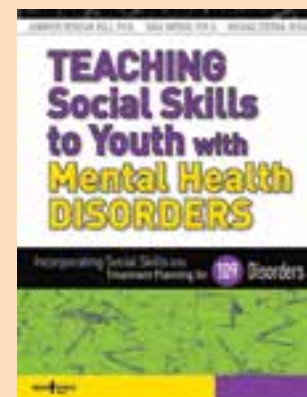
ITEM NO. 48-017 \$34.95

## Teaching Social Skills to Youth with Mental Health Disorders

GRADES K-12  
Jennifer Resetar Volz, PhD,  
Tara Snyder, PsyD,  
Michael Sterba, MHD

This guide helps therapists, counselors, psychologists, educators, and other practitioners incorporate social skill instruction into treatment planning for a child diagnosed with a mental health disorder.

Includes a discussion of how to individualize treatment plans and charts that list the social skills that caregivers might target for each of more than a hundred DSM-IV-TR diagnoses. Examples of treatment plans show you how social skills can be integrated into plans across different settings and levels of care. 184 pgs.



ITEM NO. 45-016 \$29.95

See Specialized Classroom Management training on page 46.

## Advancing Differentiation

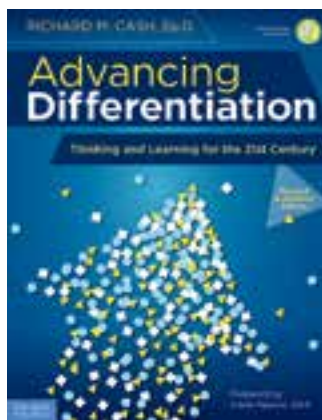
Thinking and Learning for  
the 21<sup>st</sup> Century  
GRADES K-12

Richard M. Cash, EdD

*Advancing Differentiation* leads you through the process of creating a thriving, student-centered, 21<sup>st</sup>-century classroom. The strategies in this book will help you...

- Engage every learner while challenging students to think critically, self-regulate and direct their own learning.
- Set new roles for student and teacher that encourage learner autonomy.
- Employ cutting-edge techniques for designing rigorous E4 curriculum (*effective, engaging, enriching, and exciting*).

Revised and updated to include self-assessment surveys, observation forms and new ideas for increasing proficiency in classroom differentiation. It also offers ways to address the changing needs of the future workforce. 226 pgs.



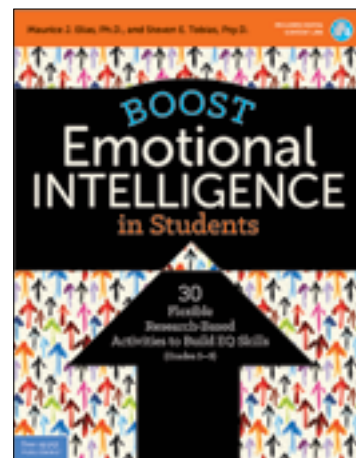
ITEM NO. 84-111 \$39.99

## Boost Emotional Intelligence in Students

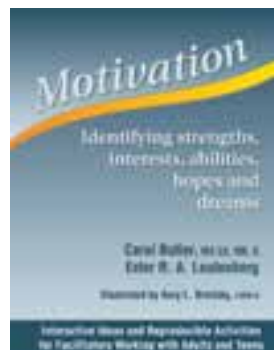
30 Flexible Research-Based  
Activities to Build EQ Skills  
GRADES 5-9

Maurice J. Elias, PhD,  
Steven E. Tobias, PsyD

Developing emotional intelligence (EQ) in students is essential to preparing them for success. This practical resource for educators explains what emotional intelligence is and why it is important. The book includes detailed, yet flexible, guidelines for teaching fundamental EQ in an intentional and focused way. Thirty hands-on, research-based lessons are designed to take approximately 35 minutes each, but can be easily adapted to meet the specific needs of a school or group. Digital content includes reproducible forms. 178 pgs.



ITEM NO. 84-113 \$39.99



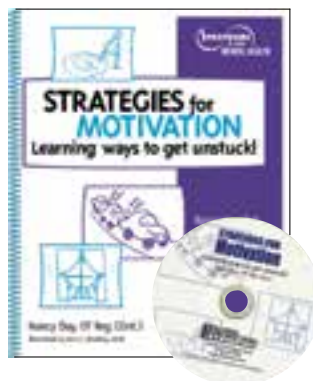
## Motivation Workbook

GRADES 7-12

Carol Butler, MS Ed, RN, C, Ester R.A. Leutenberg

This guide offers facilitator-led sessions with activities, discussions, and reflection sheets that inspire all teens to reach their full potential. A special section is addressed to teens with mental illness or addiction issues and provides them with guided discovery of their strengths, interests, hopes, and dreams. Includes many reproducible pages and worksheets. 241 pgs.

ITEM NO. 84-072 \$49.95



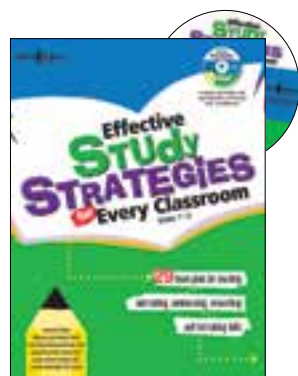
## Strategies for Motivation

GRADES 7-12

Nancy Day, OT Reg.

Included are reproducible worksheets (also on CD) and instructions for leading teens in activities and discussions. Topics include learning new ways to encourage yourself, reaching out to other people, changing negative self-talk, and setting reasonable and realistic goals. 87 pgs.

ITEM NO. 85-191 \$49.95



ITEM NO. 48-011 \$29.95

## Effective Study Strategies for Every Classroom

GRADES 7-12

Jeanne R. Mach,  
et al.

This practical guide to study skills instruction offers 29 complete lesson plans that can help you teach your

students how to learn and improve their academic performance. Lessons cover the key strategies of note taking, summarizing, using research tools, and test taking. All lesson plans are teacher-tested, user-friendly, and broad-based, with enjoyable learning activities. Includes CD with reproducible worksheets and other support materials. 280 pgs.



ITEM NO. 84-110 \$39.99

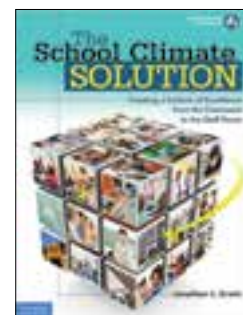
## Making Differentiation a Habit

GRADES K-12

Diane Heacox, EdD

In this updated edition of her guide to daily differentiated instruction, Diane Heacox outlines the critical elements for success in today's classrooms. She gives educators evidence-based differentiation

strategies and user-friendly tools to optimize teaching, learning and assessment for all students. New features include an expanded section on grading, information on connections between personalized learning and differentiation, integration of strategies with Tier I instructional interventions, scaffolding strategies, revised planning templates and updated resources, which include digital tools and apps for assessment. Digital content includes customizable forms from the book. 178 pgs.



ITEM NO. 84-105 \$39.99

## The School Climate Solution

Creating a Culture  
of Excellence from  
the Classroom to  
the Staff Room  
GRADES 1-12

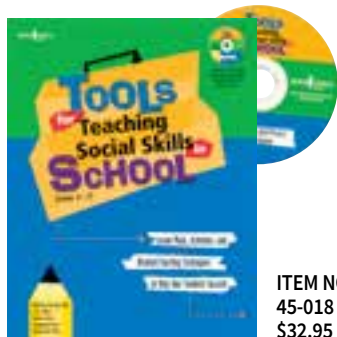
Jonathan C. Erwin

A positive learning environment makes school a more pleasant place to be for students and

educators. But research also shows it's the solution to reducing discipline issues, increasing graduation and attendance rates, and improving student learning and achievement.

Steeped in social-emotional learning, this book for teachers, principals, coaches or any other school leader shows you how to involve the whole community in identifying and celebrating its positive values and to encourage behavior based on those values. 190 pgs.





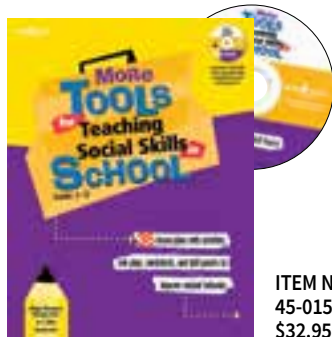
ITEM NO.  
45-018  
\$32.95

## Tools for Teaching Social Skills in School

Lesson Plans, Activities, and Blended Teaching Techniques to Help Your Students Succeed  
GRADES K-12

Michele Hensley, Jo C. Dillon, Denise Pratt, MS,  
Jacqueline Ford, Ray Burke, PhD

16 basic and 12 advanced social skills are featured: following instructions, staying on task, working with others, accepting criticism, ignoring distractions, disagreeing appropriately, and more! 293 pgs.



ITEM NO.  
45-015  
\$32.95

## More Tools for Teaching Social Skills in School

GRADES 3-12

35 Lesson Plans with Activities, Role Plays, Worksheets, and Skill Posters to Improve Student Behavior

Midge Odermann Mougey, EdD, Jo C. Dillon,  
Denise Pratt, MS

Social skills include: expressing empathy, going to an assembly, accepting defeat or loss, using anger-control strategies, responding to inappropriate talk/touch, completing homework, being prepared for class, accepting winning appropriately, and more. 285 pgs.



## Interpersonal Skills Poster Set

Use these colorful 11" x 17" posters to help older youth prepare for life beyond the classroom. The set of 16 posters includes: being on time, asking for help, completing tasks, accepting decisions of authority, dealing with group pressure, and more.

ITEM NO. 45-301  
\$16.95

**SAVE!**  
5 or more poster sets  
\$12.95 EACH

**ABOUT THESE BOOKS:** Lessons are written in an easy-to-follow format with talking points to help you define and explain a skill and how to use a skill in different settings and situations. Role-play scenarios and classroom activities also are provided. Some of the activities blend the teaching of social skills into academic lessons in math/science, language arts, social science, and physical education. Includes CDs with reproducible pages.

## deCoding Respect: Everyone Can Code with HTML

GRADES 5-12

Tamara Zentic, MS

Blend STEAM into your daily teaching! This book offers a unique and engaging way to integrate character development lessons with lessons on computer coding. The computer coding skills in this manual are taught in the HTML format. By the time the 15 lessons are completed, students will have developed all the code necessary to launch their own websites. The social skills component emphasizes respecting yourself and others. Each lesson offers three differentiated instruction ideas on how to use the coding instructions for additional academic lessons.

Includes CD with print-ready handouts and instructions or as a downloadable eBook. 113 pgs.



ITEM NO. 53-007 \$21.95

**Downloadable eBook also Available!**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

eBook ITEM NO. E-53-007 \$21.95

## Time to Enrich Activity Kit

GRADES K-6

This kit has 180 before and after school activities that incorporate social skills as well as help children develop physically, academically, socially, and cognitively. Each card in the kit describes the preparation, materials, purpose, and steps to an activity in one of six areas – social development, recreation, citizenship, education, healthy living, and career awareness. Includes instruction manual for group leader and CD with reproducible worksheets.



ITEM NO. 45-502 \$79.95

## School Social Skills and Procedures Poster Set

This set of 20 full-color posters illustrates school social skills and procedures in action for elementary-age students. These big 17" by 21 1/2" posters can be posted around the school or in classrooms as reminders of appropriate school behavior.

The posters feature hallway and cafeteria procedures and 17 social skills. Teachers can use an additional "fill-in-the-blanks" poster to help students learn a new skill or procedure.

Posters ITEM NO. 48-321 \$39.95  
Laminated Posters ITEM NO. 48-321-L \$79.95



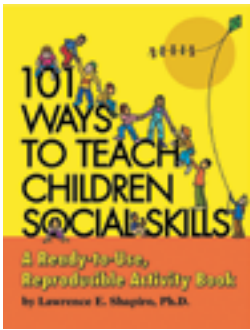
ITEM NO. 48-322 \$14.95

## School Social Skills and Procedures CD

Black-and-white reproducible illustrations of 20 school social skills and procedures, as well as the skill steps, are provided. Teachers can alter the size of the illustrations so they can be printed and used as flash cards or worksheets. CD with PDF files.

**Downloadable Posters**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-48-322 \$12.95



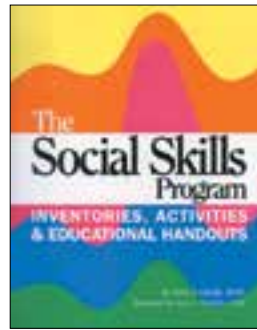
## 101 Ways to Teach Children Social Skills

GRADES K-12

*Lawrence E. Shapiro, PhD*

Written for use with groups of children, such as a classroom or counseling group, these activities are intended to help children in every aspect of their social development, including their relationships with peers, parents, and teachers. Topics include verbal and nonverbal communication, problem solving, listening, expressing feelings, empathy, managing conflict, and more. CD of activity pages. 167 pgs.

ITEM NO. 84-002 \$39.95



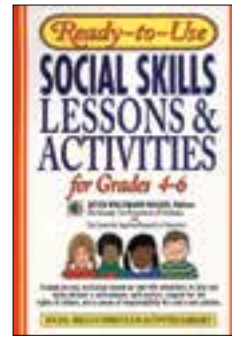
## The Social Skills Program

GRADES K-12

*John J. Liptak, EdD*

This book contains reproducible assessment instruments, group activities, pre-and post-tests, and educational handouts in five social skill areas: communication effectiveness, conflict resolution, interpersonal style, social risk taking, and social support systems. Teachers, counselors, group leaders, and therapists can use them to help students or clients learn about themselves and develop better social skills. *Spiral-bound, 109 pgs.*

ITEM NO. 85-186 \$49.95



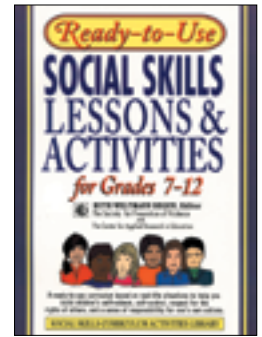
## Ready-to-Use Social Skills Lessons & Activities

GRADES 4-6

*Ruth Weltmann Begun, Editor*

A big book of 74 detailed lesson plans for teaching children skills, such as listening, thinking before acting, accepting consequences, using self-control, and dealing with feelings, peer pressure, prejudice, and change. Includes suggestions and activities to introduce, model, practice, and independently use a skill. 286 pgs.

ITEM NO. 85-082 \$31.95



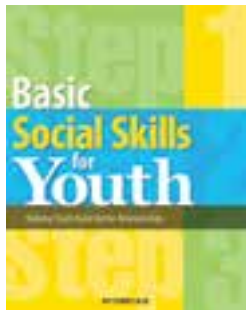
## Ready-to-Use Social Skills Lessons & Activities

GRADES 7-12

*Ruth Weltmann Begun, Editor*

More than 50 lessons with a variety of activities and reproducible worksheets to help teach students basic as well as more advanced skills, such as responding to failure, dealing with an accusation, keeping your composure, solving conflicts, and getting and keeping a job. Each lesson outlines how to introduce, model, practice, and independently use a skill. 240 pgs.

ITEM NO. 85-081 \$32.95



## Basic Social Skills for Youth

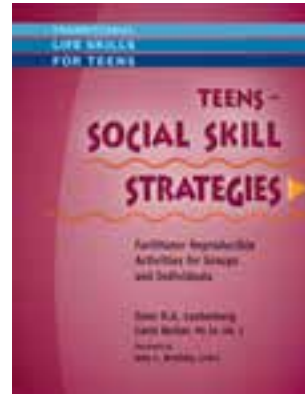
GRADES 2-8

*Jeff Tierney, MEd*

For youth learning basic social skills, this is a handy guide. Eight social skills are included: following instructions, disagreeing appropriately, accepting criticism or a consequence, talking with others, showing respect, accepting "No" for an answer, introducing yourself, and showing sensitivity to others. The behavioral steps to each skill are presented, each with a rationale that youth will respond to and helpful hints on how they can accomplish the behavior. 38 pgs.

ITEM NO. 45-007 \$5.95

**Order in quantity and save!** 1-9 copies \$5.95 each  
10 or more copies \$4.95 each



## Teens - Social Skill Strategies

GRADES 7-12

*Ester Leutenberg, Carol Butler, MS Ed, RN, C*

Social skills constitute more than a time-honored list of modern manners; they are ways to thrive in today's world. In this book, teens consider social life and consciousness through interactive games, introspective drawing and writing, mock videos, role plays, panel discussions, press conferences, music, drama, and other activities. Each of the 47 sessions is adaptable to interactive or individual activities. Reproducible pages included. 138 pgs.

ITEM NO. 84-090 \$49.95

## Impulse Control

GRADES 1-5

*Tonia Caselman, PhD*

More than 120 lessons and reproducible worksheets help children learn how to "be the boss" over their impulses by being more reflective, looking ahead, and considering consequences. Activities can be implemented by teachers, school

counselors, social workers, and psychologists with individuals or groups. Children learn to recognize and manage feelings, use patience and tolerance, solve problems, and use impulse control with peers. 120 pgs.



ITEM NO. 84-054 \$34.95

## Impulse Control

GRADES 6-8

*Tonia Caselman, PhD, Joshua Cantwell, MSW*

More than 130 lessons address areas affected by impulsivity, such as emotions, relationships, academics, problem solving, and social skills. Activities teach students how to anticipate consequences, practice good listening skills, use patience and tolerance, be the "boss" of their impulses, use impulse control with peers, and manage anger and anxiety. Reproducible worksheets. 120 pgs.



ITEM NO. 84-053 \$34.95

## Mindfulness for Teens with ADHD

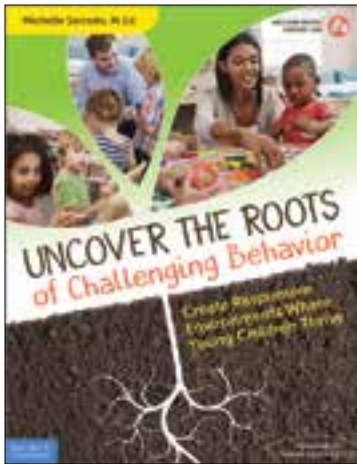
*Debra Burdick, LCSW*

If you're a teen with attention deficit/hyperactivity disorder (ADHD), you may feel like you have to work extra hard to pay attention in school, stay on top of homework, and more. This book offers powerful mindfulness skills to help you make smart decisions, complete tasks, do better in school, manage stress, and so much more. By paying attention to the moment, you'll find yourself less distracted and better able to focus on what's going on right now. 206 pgs.



ITEM NO. 86-049 \$18.95





## Uncover the Roots of Challenging Behavior

Create Responsive Environments Where Young Children Thrive  
GRADES PRE K-3

Michelle Salcedo, MEd

This book expertly guides early childhood teachers to analyze their classroom elements, routines, and responses to children. Much like gardeners who adjust soil, water, or fertilizer to help flowers bloom, educators of young children must look beyond challenging behaviors to what a child's actions are communicating about her learning environment or home life. Digital content includes all forms from the book along with a PDF presentation. 192 pgs.

ITEM NO. 84-112 \$34.99

## Confident and In Control DVD

Fitting In and Having Fun Social Skill Video Modeling  
GRADES 3-6

An important component to making and keeping friends is having the ability to control strong emotions and impulses. This video shows students what they can do differently to stay calm in emotionally charged situations, how to work out disagreements, and create compromises. Features real-life situations reenacted by kids and "What They're Thinking Insight Windows." 26 min.



ITEM NO. 87-424 \$29.99



## Create a Culture of Kindness in Middle School

Naomi Drew, MA, with Christa M. Tinari, MA

Using the research-based strategies in this book, middle school educators can empower their students to create a school climate of respect, acceptance, and kindness. Included are 48 character-building lessons that take about 30 minutes each. Also includes discussion questions that focus on prosocial attitudes and behaviors, ideas for role-playing to help students appreciate diversity and cultivate empathy, writing prompts to inspire additional reflection, and more.

ITEM NO. 84-109 \$39.99

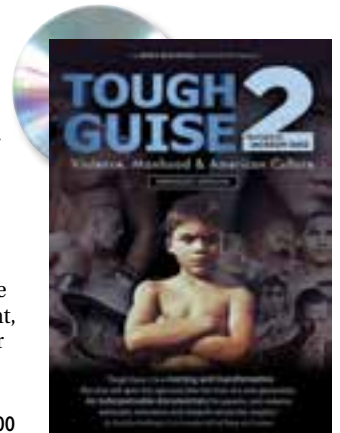
Based on survey data and personal interviews gathered by the authors from more than 1,000 students, this book gives you an action plan for providing your students with confidence and compassion to become leaders among their peers. 260 pgs.

## Tough Guise 2 (Abridged) DVD

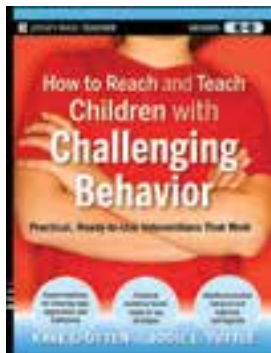
GRADES 9-12

Violence, Manhood & American Culture

This film explores violent images of manhood in media and sports culture, and how our ideas about masculinity are implicated in school shootings, bullying and sexual violence. Challenges the myth that being a real man means putting up a false front and engaging in violent and self-destructive behavior. Edited for violence, sexual content, and strong language. Appropriate for junior high and high school. 46 min.



ITEM NO. 84-403 \$150.00



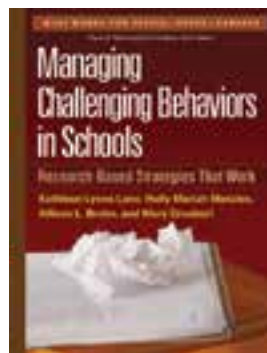
ITEM NO.  
84-078  
\$29.95

## How to Reach and Teach Children with Challenging Behavior

GRADES K-8

Kaye Otten, Jodie Tuttle

This book is filled with down-to-earth advice, ready-to-use forms, troubleshooting tips, recommended resources, and teacher-tested strategies. Includes research-backed support for educators, instructions for creating and implementing an effective behavior-management program in classrooms, guidelines for developing engaging lessons and activities that teach positive behavior, and advice for assisting students with self-regulation and managing their behaviors and emotions. 307 pgs.



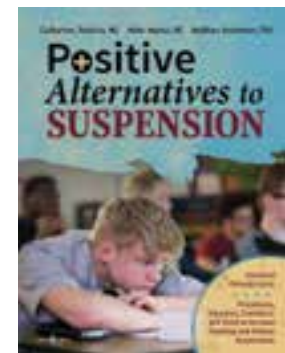
ITEM NO.  
84-094  
\$41.00

## Managing Challenging Behaviors in Schools

GRADES K-12

Kathleen Lane, et al.

Educators are given specific steps to develop effective classroom rules and routines, plan suitably challenging instruction, and promote student engagement and motivation. Includes clear-cut instructions to implement behavioral contracts, self-monitoring, and functional assessment-based interventions. Plus, reproducible checklists, self-assessment tools, and planning forms! 255 pgs.



ITEM NO.  
48-017  
\$34.95

## Positive Alternatives to Suspension

GRADES 4-12

Cathy DeSalvo, MS, Mike Meeks, MS, Matthew Buckman, PhD

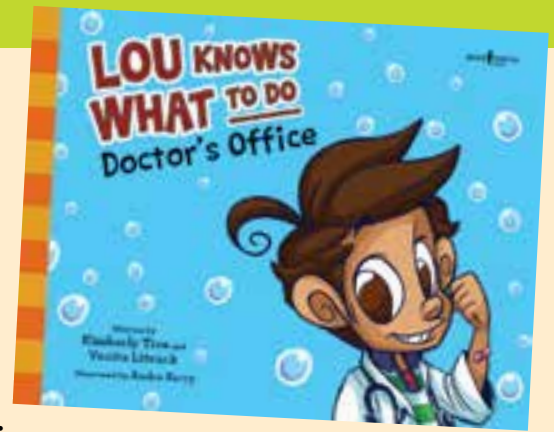
This is a blueprint for creating an in-school alternative to out-of-school suspension, keeping students engaged and connected to school. Several behavioral situations that typically lead to suspension, including bullying, harassment and defiance, are highlighted and linked to specific social skills that address such behaviors. Checklists for setting up an effective alternative-to-suspension classroom, sample writing activities and worksheets for suspended students, and an index of social skills available for download. 199 pgs.

## Lou Knows What to Do Series

GRADES PRE K-5

These social stories show children how a young boy named Lou can be comfortable and successful in potentially challenging situations. Each *Lou Knows What to Do* title is written for students in grades Pre-K to 5, including those with differing developmental levels and learning styles.

**Bundle and SAVE!**  
Save 15% when you buy all 5.  
ITEM NO. 60-501 \$46.00



### Doctor's Office

Kimberly Tice and Venita Litvack, Illustrated by Andre Kerry

In this edition of *Lou Knows What to Do*, Lou once again relies on his special bubble wand to show him what to expect when visiting a doctor or dentist. For example, what is a check-up? What kinds of check-ups might Lou need? Why is a check-up important? Who will Lou see while he's at the medical or dental office? What tools might the doctor or dentist use? 24 pgs.

ITEM NO. 60-004 \$10.95

*An excellent read for students living with autism spectrum disorders!*

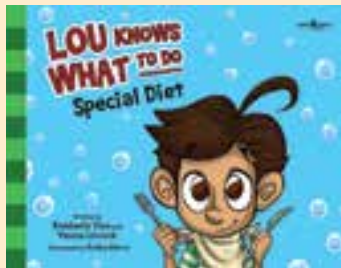


### Supermarket

Kimberly Tice and Venita Litvack, Illustrated by Andre Kerry

When it's time to go to the supermarket, whether he's with a parent, teacher or by himself, Lou knows what to expect and how to handle himself. Lou's bubble wand will help him be successful in any social situation that could be a challenge for him. 24 pgs.

ITEM NO. 60-001 \$10.95

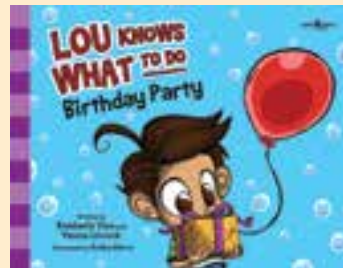


### Special Diet

Kimberly Tice and Venita Litvack, Illustrated by Andre Kerry

Each bubble Lou blows shows him how to stick to his special diet and avoid foods that make him sick. He's allergic to nuts and grains, so he has to avoid foods with those ingredients. Lou also has to keep himself safe and healthy by politely asking what's in the food people offer him and by not sharing snacks with others. 24 pgs.

ITEM NO. 60-002 \$10.95



### Birthday Party

Kimberly Tice and Venita Litvack, Illustrated by Andre Kerry

In this storybook, Lou learns how to behave at a friend's birthday party. Lou's special bubble blower shows him what to expect (it's going to be loud!) and how he should act. Lou knows if he can behave appropriately at his friend's celebration, he will likely get more party invitations in the future. 24 pgs.

ITEM NO. 60-003 \$10.95



### Restaurant

Kimberly Tice and Venita Litvack, Illustrated by Andre Kerry

When it's time to go to a restaurant, whether he's with a parent or family member, Lou knows what to expect and how to handle himself. Lou's bubble wand will help him be successful in any social situation that could be a challenge for him, such as waiting to be seated, ordering from the menu or waiting for others to finish their food. 24 pgs.

ITEM NO. 60-005 \$10.95



### A Manual for Marco

GRADES K-6

Shaila Abdullah

Sofia wants everyone to know that even though her brother, who has autism, is different than other kids his age, he has a lot of special talents and is an important part of her family. She decides to make a list of all the things she likes and dislikes about dealing with him and, in doing so, realizes that she has created *A Manual for Marco*. 30 pgs.

ITEM NO. 97-019 \$14.95



### Personal Space Camp

Julia Cook

When he's invited by the school principal to Personal Space Camp, Louis learns that respecting other people's boundaries has nothing to do with lunar landings or Saturn's rings. 32 pgs.

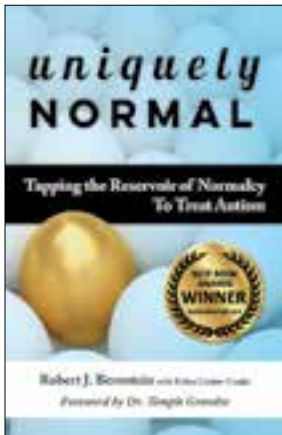
### Activity Book

Includes activities and discussion questions to help children recognize and respect the personal space of others. With reproducible pages. 24 pgs.

ITEM NO. 84-020 \$9.95

ITEM NO. 87-051 \$9.95





ITEM NO. 88-080 \$19.95

## Uniquely Normal

Tapping the Reservoir of Normalcy to Treat Autism  
GRADES 1-12

Robert J. Bernstein with  
Robin Cantor-Cooke

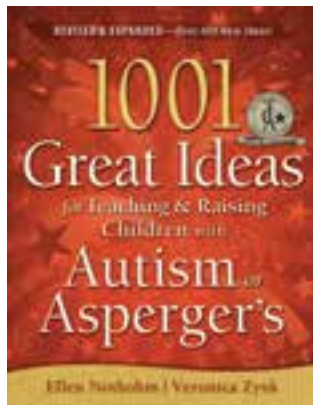
Dr. Bernstein has worked with patients on the autism spectrum for more than 30 years and has produced a cognition-based approach to work with people with autism on their terms, allowing them to lead. This book will help you recognize that each person with ASD contains a "reservoir of normalcy" that he or she can tap into and that each person with ASD is different. You'll learn to create or seize opportunities that enable each ASD person's typical behaviors to emerge and develop. 399 pgs.

## 1001 Great Ideas for Teaching & Raising Children with Autism or Asperger's

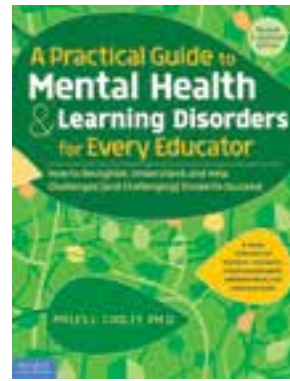
GRADES K-12

Ellen Notbohm, Veronica Zysk

A toolkit packed with ideas, resources, suggestions, and a good dose of encouragement, this revised and expanded book offers try-it-now solutions that have worked with thousands of children with communication, social, sensory, behavior, and self-care issues. 320 pgs.



ITEM NO. 88-044 \$24.95



ITEM NO. 84-115 \$42.99

book also includes current information about creating a culturally responsive classroom and supporting students' social-emotional learning. Digital content includes customizable forms and free downloadable study guide. 243 pgs.

## A Practical Guide to Mental Health and Learning Disorders for Every Educator

GRADES K-12

Myles L. Cooley, PhD

Using clear, jargon-free language, this ready-to-use reference helps all educators – whether in inclusive classrooms, general education settings, or other environments – recognize mental health issues and learning disabilities in students. Covering topics including PTSD, bipolar disorder, autism spectrum disorder, and many others, the book explains how each disorder or difficulty might be exhibited in the classroom and offers straightforward suggestions for what to do (and what not to do). This

## Uniquely Wired

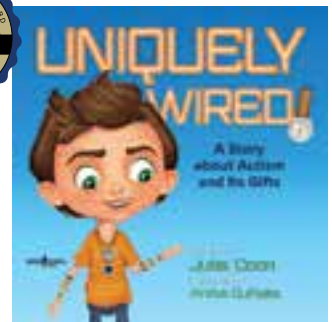
A Story about Autism and Its Gifts

GRADES K-6

Julia Cook, Illustrated by Anita DuFalla

Zak is obsessed with watches. He owns hundreds of watches and is quick to tell everyone everything about them. Zak also has autism, so he sometimes responds to the world around him in unconventional ways. As Zak describes his point of view, young readers gain a better understanding of his behaviors.

Parents, teachers and counselors can use this book to help teach kids valuable lessons about patience, tolerance and understanding. Beautiful illustrations and tips for parents and educators help kids better understand the story's message. 32 pgs.

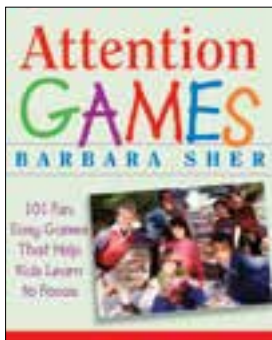


ITEM NO. 55-045 \$10.95

**Four Downloadable Activities**

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-55-045 \$5.00



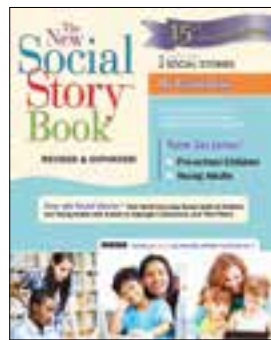
## Attention Games

GRADES K-6

Barbara Sher

This book is filled with interesting and child-tested activities that can help children of all ages become better at focusing and paying attention. These upbeat activities can enhance a child's intelligence, boost confidence, and increase his or her ability to concentrate on one thing for long periods. 184 pgs.

ITEM NO. 88-038 \$16.95



## The New Social Story Book

GRADES K-6

Carol Gray

This expanded book can help children with autism spectrum disorders who struggle to read, interpret, and respond effectively to their social world. Use these social stories to share information the child is missing. Covers 13 areas, including social skills, personal care, school, mealtime routines, restaurants, shopping, and more. 300 pgs.

ITEM NO. 88-045 \$39.95



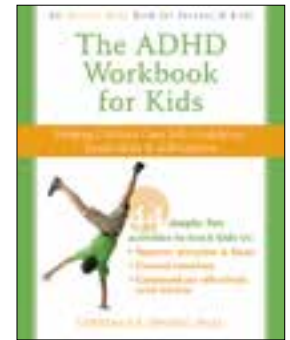
## Social Skills Activities for Special Children, 2nd Ed.

GRADES K-5

Darlene Mannix, MA

Covers the most important social skills for K-5 and special needs children to develop at school and at home. 164 lessons offer 20% more activities than the first edition. Activities and reproducible worksheets have been updated to appeal to and reflect the language of today's kids. 416 pgs.

ITEM NO. 84-007 \$32.95



## The ADHD Workbook for Kids

GRADES K-6

Lawrence E. Shapiro, PhD

Forty, 10-minute exercises can help children with ADHD learn easy techniques for staying focused when it's time to pay attention, handle everyday tasks, make good decisions, make friends, and plan ahead. 184 pgs.

ITEM NO. 87-069 \$17.95

## Michael McMichaels Vol. 5: The Case of the Escaping Elephants

GRADES 1-5

*Tony Penn, Illustrated by Brian Martin*

Michael McMichaels just can't get enough of playing on the family's electronic devices — even on a family trip to the zoo! But he never expected his fanatic phone use to cause such chaos, or his obsession with video games to lead to rampaging elephants and a guilty conscience. Michael knows he has to do something to help resolve the issues he created — and that includes working with frenemy Harriett! Will this messy misadventure cure his addiction to electronics and re-engage him with family and friends? Find out in this humorous tale about the importance of moderation. Book 5 in the *Misadventures of Michael McMichaels* series. 96 pgs.



ITEM NO. 58-005 \$7.95



**Bundle and SAVE!**

**Save when you buy all 5.**

ITEM NO. 58-502 \$33.00

*A humorous adventure series about courage, honesty and friendship!*



### The Misadventures of Michael McMichaels Vol. 1: The Angry Alligator

GRADES 1-5

*Tony Penn, Illustrated by Brian Martin*

Michael McMichaels did a very bad thing and then, in a fit of panic, lied. And lied. And lied.

One stupid prank, quickly followed by one big lie, leaves Michael scrambling to save himself from a hotheaded redhead bent on revenge and a sharp-toothed alligator ready to chomp. Will Michael escape his web of lies by owning up to his mistakes and apologizing? Find out in this entertaining chapter book for elementary kids. 91 pgs.

ITEM NO. 58-001 \$7.95



### The Misadventures of Michael McMichaels Vol. 2: The Borrowed Bracelet

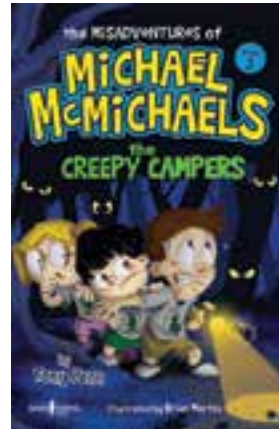
GRADES 1-5

*Tony Penn, Illustrated by Brian Martin*

When snooty Harriett Simpson finishes her show and tell about her great-great-great-great-great-great-grandma's ring from Prince Sir Something, she dares Michael McMichaels to try and top it. Can he?

Michael's quest to have the most stupendous show and tell ever — and make his nemesis squirm with envy — leads to sticky fingers, white lies and a few bribes. 91 pgs.

ITEM NO. 58-002 \$7.95



### The Misadventures of Michael McMichaels Vol. 3: The Creepy Campers

GRADES 1-5

*Tony Penn, Illustrated by Brian Martin*

Michael, his best friend Kenny and the always-annoying Harriett are at summer camp.

Some of their fellow campers are doing all they can to win camp competitions and all the glory, fame and prizes that come along with it. They cheat, lie, bully and intimidate. Michael wants to win so badly too, he starts to bend the rules... even as his guilty conscience grows heavy.

Tony Penn's expertly crafted plot twists and sharp dialogue help children clearly see the many real consequences of cheating and deception, forcing readers to think about their own ethical choices. 83 pgs.

ITEM NO. 58-003 \$7.95



### The Misadventures of Michael McMichaels Vol. 4: The Double-Dog Dare

GRADES 1-5

*Tony Penn, Illustrated by Brian Martin*

A classic tale of two rivals and their double-dog dares.

When wealthy new student Zeke moves into the neighborhood, he threatens to steal away Michael's best friend, Kenny. Green with envy, Michael challenges Zeke to crazy double-dog dares just to prove he's still top dog and Kenny's best bro. But when harmless dares escalate into bad jokes that hurt others, Michael has to figure out how to make things right again... or if he even can.

Silly yet serious, this adventure teaches valuable lessons about respect, open-mindedness and true friendship. 91 pgs.

ITEM NO. 58-004 \$7.95





## What's in It for Me?

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Every day Noodle hears all about what he needs to do and why he needs to do it. He hears it from his parents, teachers and coaches, and he's sick of it! What's the point of making his bed every morning? Does it really matter how he kicks the soccer ball? And who cares if he plays the piano too fast or writes too sloppily?

In these pages, Noodle discovers why changing all his "need tos" into "I did its" will actually make him happier and more prepared to do whatever he's asked. Includes helpful tips and advice for parents and educators on how to help children become more self-motivated. 32 pgs.

ITEM NO. 55-047  
\$10.95

**Animated Downloadable eBook**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

eBook ITEM NO. EA-55-047 \$9.95

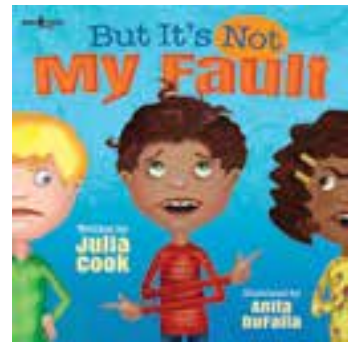
**NEW**



*This Julia Cook series  
helps kids in grades K-6  
learn to be accountable.*



BOOK SERIES



## But It's Not My Fault

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Poor Noodle. Things just don't seem to be going his way. But it's not his fault! It isn't his fault that his brother's game ran late, and he didn't finish his homework. Or that his mom forgot to remind him to turn in his library book. Or that Mary Gold got in his airspace and hit his arm with her head.

Luckily, Noodle's mom is there to teach him not to blame others or try to find fault but instead take responsibility for his actions. 32 pgs.

ITEM NO. 55-036 \$10.95



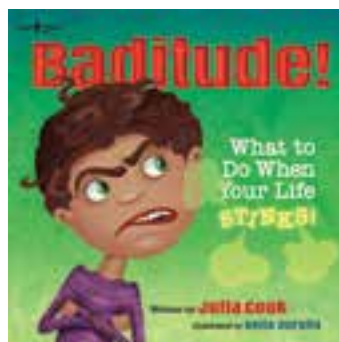
## That Rule Doesn't Apply to Me!

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Rules keep getting in the way of Noodle's fun. Rules for this and rules for that. There are so many rules – too many rules! Noodle struggles because he doesn't think many of them actually apply to HIM! Can't he just have a rule-free day? Author Julia Cook's third book in the *Responsible ME!* series will have readers in stitches as Noodle describes the variety of rules he deals with daily. Will Noodle's mother and teacher convince him that rules are meant to help, not harm, him? 32 pgs.

ITEM NO. 55-040 \$10.95



## Baditude!

**What to Do When Your Life Stinks!**

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Everything in Noodle's life stinks, or so he thinks. Homework stinks. Practice stinks. Yard work stinks. And family pictures? They REALLY stink!

This is the story of a boy whose attitude, or "baditude," is alienating everyone around him. Can Noodle let go of his angst and try to find the brighter side of life?

With help from a teacher and his mom, Noodle learns how to turn his "have tos" into "get tos" and his baditude into gratitude! 32 pgs.

ITEM NO. 55-037 \$10.95



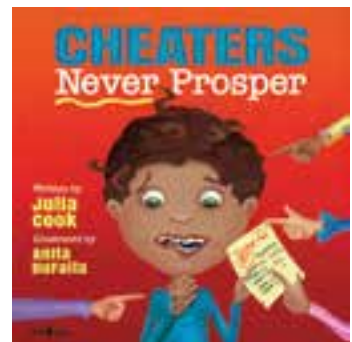
## The PROcrastinator

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Norman, aka "Noodle," is a procrastinator who's constantly being told what to do. But Noodle has SO MANY other fun things to do, like hang out with friends and play video games. So it's no surprise his cat goes hungry, the trash piles up and his homework is not done. Noodle always chooses to do the things he wants to do while never getting around to doing the things he NEEDS to do! This story creatively highlights strategies to help children learn how to do what needs to be done while still finding time for fun. 32 pgs.

ITEM NO. 55-043 \$10.95



## Cheaters Never Prosper

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Noodle's really done it this time! What should have been a friendly competition among classmates to make a sweet treat quickly turns sour after Noodle cheats his way to victory. He says he didn't really want to cheat but everyone has to once in a while, so what's the harm? Will Noodle get burned by his own deception, or will he muster the courage to confess to his trickery?

Young readers will learn a valuable lesson about the cost of cheating while enjoying a few laughs in this storybook from the *Responsible ME!* series by Julia Cook. 32 pgs.

ITEM NO. 55-042 \$10.95



## The Judgmental Flower

GRADES K-6

Julia Cook, Illustrated by Anita DuFalla

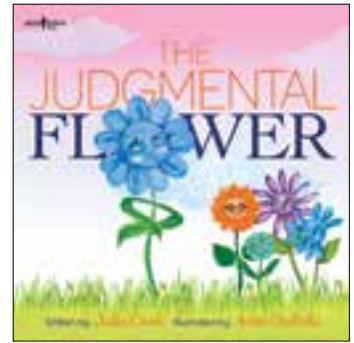
The flower patch has always been the same. Purples pal around with Purples. Blues buddy up with Blues. Talls only talk with Talls, and Shorts always stand with Shorts. So when a Purple suddenly sprouts next to a Blue, all sorts of confusion ensues. Fortunately, Momma Blue is there to remind everyone about the beauty of diversity, including how the wind, rain, sun and bees treat all flowers the same regardless of the color of their petals or the size of their stems.

Award-winning author Julia Cook shares a timely and valuable lesson about appreciating differences and embracing diversity in life and in friendships. 32 pgs.

### Four Downloadable Activities

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-55-041 \$5.00



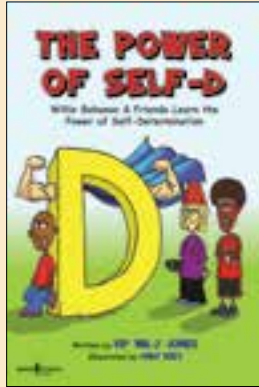
ITEM NO. 55-041 \$10.95

## The Power of Self-D

GRADES 3-8

Kip Jones

Willie Bohanon knows self-determination is a key to success. Too bad his closest friends don't think so. They struggle to set the simplest of goals. Even Willie, despite a strong family and awesome role models, sometimes loses focus and gives up. Luckily for him and his pals, a mentor teaches them about **SWAG** – Self-determination, Working hard, Ambition, and Guidance. It's a timely lesson for the teens, who are reminded that they power their own success. 40 pgs.



ITEM NO. 54-001 \$10.95

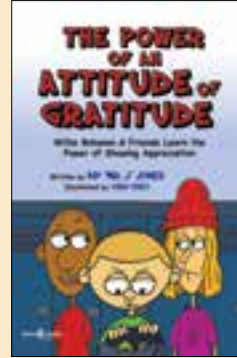
## The Power of an Attitude of Gratitude

GRADES 3-8

Kip Jones

Willie enjoys hanging with Hugh, until he realizes Hugh acts like the world revolves around him. When Hugh's offered a free coat, he demands three. When someone does him a favor, he won't say "Thank you." Hugh acts like an entitled jerk!

Willie, counselor Mr. J, and famed local athlete Kendal Cobb work together to try to help Hugh and students like him. Will Hugh overcome his attitude of entitlement and develop an attitude of gratitude? Find out in this graphic novel from the *Urban Character Education* series. 40 pgs.



ITEM NO. 54-005 \$10.95

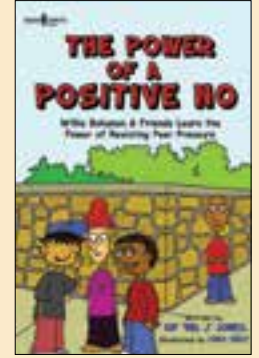
## The Power of a Positive No

GRADES 3-8

Kip Jones

In this graphic novel, Willie and his friends face big troubles. Bernard is being pressured to start a brawl. Derf is struggling with a tough home life and questionable new friends. And Chelsey is lying to cover up for others. Negative peer pressure is pushing all of them into bad situations.

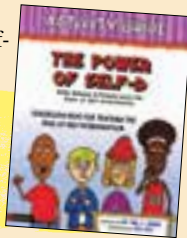
Can Mr. J, the school counselor, help them find their voices and do what's right before it's too late? An insightful story about the importance of being true to yourself and resisting negative peer pressure. 40 pgs.



ITEM NO. 54-007 \$10.95

### Activity Guide (Downloadable)

Activities and lesson plans teach students the power of self-determination.



### Activity Guide (Downloadable)

Encourage students to look beyond themselves and appreciate others.



### Twenty Downloadable Activities and Games

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. E-54-002 \$20.95

### Twenty Downloadable Activities and Games

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. E-54-006 \$20.95

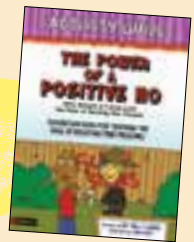
### Activity Guide (Downloadable)

Teach students to stand up to negative peer pressure with these fun, interactive lessons that incorporate hands-on activities and group games.

### Twenty Downloadable Activities and Games

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. E-54-008 \$20.95



BOOK SERIES



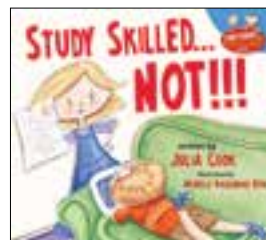
ITEM NO. 97-013 \$9.95

## I Can't Find My Whatchamacallit!!

GRADES 2-6

Julia Cook

Cletus can't find anything in his room, is very messy, disorganized, and is constantly losing things. Fortunately, Cletus has his cousin Bocephus to help him get organized. This book will help children understand, develop, and apply organization – a vital executive function skill. Children who possess effective organizational skills can learn how to manage daily responsibilities and plan ahead. 32 pgs.



ITEM NO. 97-015 \$9.95

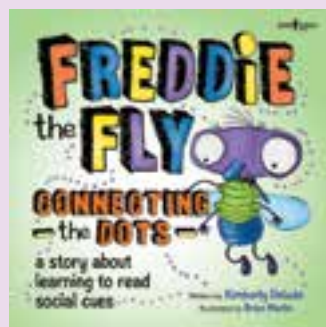
## Study Skilled... NOT!!!

GRADES 2-6

Julia Cook

Bocephus over-studies and stresses about every assignment and test. Cletus studies as little as possible and puts off any preparation until the night before. Knowing that neither approach is effective, Cletus' mom introduces them to a powerful, hands-on study tip called "The amazing Great 8!" The boys learn that when they practice good study skills, it can affect not only their grades, but also their attitude. Spotlights the unique differences and strengths that live in all of us. 32 pgs.





### Freddie the Fly: Connecting the Dots

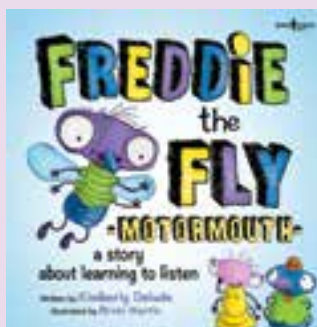
A story about learning to read social cues

GRADES PRE K-5  
Kimberly Delude,  
Illustrated by Brian Martin

Freddie returns with quite the conundrum! He keeps missing social cues, so he misunderstands what people mean, and then he finds himself in a mess. He just doesn't get that there's a lot more to communication than the words that people say. Fortunately for our favorite fly, he has his dad and Principal Roachford available to teach him about connecting the communication dots, including voice tone, facial expressions and body language. 32 pgs.

ITEM NO. 59-002 \$10.95

**Five Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-59-002 \$5.00



### Freddie the Fly: Motormouth

A story about learning to listen

GRADES PRE K-5  
Kimberly Delude, Illustrated by Brian Martin

Freddie the Fly likes to talk and talk and talk. He's so busy buzzing about the latest gossip, he can't listen to anyone else. Freddie doesn't realize how much of a chatterbox he is until he meets Mesquita. Her mile-a-minute mouth makes Freddie seem like a mute.

*Freddie the Fly: Motormouth* is a humorous take on the problem of never opening your ears while always flapping your yap. Appropriate for readers in pre-k to fifth-grade, this colorful storybook teaches kids how to control their conversations and be excited about listening to, and learning from, others. 32 pgs.

ITEM NO. 59-001 \$10.95

**Four Downloadable Activities**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-59-001 \$5.00



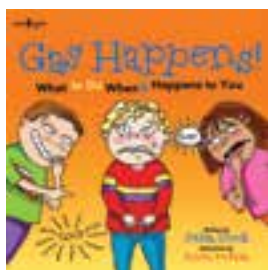
### Well, I Can Top That!

GRADES K-6  
Julia Cook,  
Illustrated by  
Anita DuFalla

Brad has a lot of great things going on in his life – or at least that's what he tells all of his classmates! When one

ITEM NO. 55-029 \$10.95

student wins a contest, Brad brags about how he won an even bigger contest. When another student breaks his arm, Brad blabs about how he broke BOTH his arms AND legs. Children and adults will get a real kick out of Brad's tall tales as he learns the difference between being a "pull-upper" and a "one-upper!" This terrific story by award-winning author Julia Cook is part of the *Communicate with Confidence* series, written to help young readers master the art of communicating. 32 pgs.



### Gas Happens!

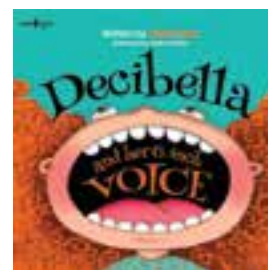
What to Do When It Happens to You

GRADES K-6  
Julia Cook,  
Illustrated by  
Anita DuFalla

As educators and parents, we've all been there. Gas is passed and a variety of snickers, giggles and

ITEM NO. 55-035 \$10.95

negative comments ensue. But did you know that everyone and every living thing passes gas (except jelly fish and coral sponges)? Join Gus as he and his classmates learn a brief biology lesson behind why we all pass gas, and the right way to handle it when it happens in public. 32 pgs.



### Decibella and Her 6-Inch Voice

GRADES K-6  
Julia Cook,  
Illustrated by  
Anita DuFalla

Isabella is a spirited girl who enjoys shouting out her thoughts, ideas and feelings.

ITEM NO. 55-030 \$10.95

In fact, she loves using her loud voice so much, it's earned her the nickname "Decibella!" Young readers will be entertained as they see how Isabella learns the "five volumes" of voice and discovers that different situations require different tones.

Award-winning author Julia Cook uses a fun, yet educational, style to show kids how and when to use their five voices – whisper, 6-inch, table-talk, strong speaker, and outside. 32 pgs.

**COMMUNICATE**  
with **Confidence**  
BOOK SERIES

### The Technology Tail

A Digital Footprint Story

GRADES 1-6  
Julia Cook, Illustrated by Anita DuFalla

Don't be mean and irresponsible! That's the straight-to-the-point advice "Screen" has for young readers who are active on social media. Whether tapping out messages on their computers, tablets or phones, "Screen" wants you to know everything you post is attached to you for life, creating a digital trail that can't be erased.



ITEM NO. 55-044 \$10.95

*The Technology Tail* delivers a timeless message to a new generation just learning how to navigate the fast-changing digital age. Written for children in grades 1-6, this storybook uses rhymes and colorful illustrations to grab their attention. There also are tips for parents and teachers who want to

reinforce online safety, kindness and respect in a digital world. 32 pgs.

**THINK Poster (Downloadable)**  
Go to [BoysTownPress.org](http://BoysTownPress.org).  
ITEM NO. DA-55-315 \$1.95



### Rumor Has It...

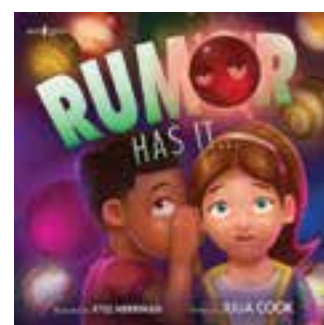
GRADES K-6  
Julia Cook, Illustrated by Kyle Merriman

Rumor has it... that the girls have a couch in their bathroom. And they sometimes take naps in there. And guess what else?

Whether we've been the subject of a rumor or the one spreading a rumor about someone else, most of us have been involved with rumors somehow. But how many people really stop to think about the damaging effects?

Award-winning author Julia Cook cleverly brings this serious subject to light in an entertaining, but cautionary, tale about the importance of NOT starting or spreading rumors.

Told through the eyes of the rumor marble, the story describes how a simple misunderstanding starts a chain reaction that can't be undone. Children will laugh as they learn that it's much easier to prevent a train – or rolling rumor marble – from starting to roll forward than trying to stop one! 32 pgs.



ITEM NO. 55-046 \$10.95

# SOCIAL-EMOTIONAL & ACADEMIC SKILLS

## Priscilla's Predicament... the Worrywart Woes

GRADES K-6

Stephie McCumbee, Illustrated by Brian Martin

When things don't go as planned, Priscilla begins to worry. She worries about being late to school. She worries about assignments. She worries about tests. She worries about her test scores. She even worries about how her parents will react to her test scores. Priscilla worries so much, she starts to sprout ears, tusks and a tail... making her look like a warthog!

Priscilla has the Worrywart Woes. Author Stephie McCumbee uses Priscilla's predicament to educate young readers about the perils of anxiety and why it's important to focus on the positive. 40 pgs.

ITEM NO. 51-007 \$11.95



ITEM NO.  
51-005  
\$10.95

## Spacing Out!

GRADES K-5

Stephie McCumbee, Illustrated by Lisa M. Griffin

Ever since Hunter's dad took him to the Kennedy Space Center, all he can think about is space. But his daydreams about space are interfering with his ability to get his work done in class. Hunter thinks he wants to be an astronaut when he grows up, but in order to do that, he'll need to stay focused and complete his assignments.

Tag along with Hunter as he learns the steps to "Completing a Task" and the value of finishing his school assignments on time. 32 pgs.



ITEM NO.  
51-003  
\$10.95

## Priscilla & the Perfect Storm

GRADES K-6

Stephie McCumbee, Illustrated by Kelsey De Weerd

Priscilla is a perfectionist. But when she doesn't achieve perfection – only earning 88 on a test or not scoring a goal in a soccer match – she gets mad. Very mad. Her emotions get the best of her, and she unleashes a torrent of anger and frustration.

With guidance and instruction from her mom, however, Priscilla learns how to manage her emotions and expectations. In the process, she discovers that success doesn't always mean being the best. 32 pgs.



ITEM NO.  
51-001  
\$12.95

## The Garden in My Mind

GRADES K-6

Stephie McCumbee, Illustrated by Lisa M. Griffin

When Maci and Trey are pulled out of class because they mocked "little-miss-perfect" Shaina, their teacher offers them this advice: "Grass withers and flowers fade every time a bad choice is made." Those words went right over Trey's head. He didn't get it, but Maci understood... sort of. It was time for her to make better choices!

Maci discovers how to "grow a beautiful garden" in her mind by taking responsibility for her actions and making better choices. 40 pgs.

### Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 51-503 \$25.50

### Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 51-502 \$25.50

### Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 51-501 \$25.50



ITEM NO. 51-006 \$20.95

## Activity Guide

The activities in this book support academic and social skill development. Practice setting goals, completing tasks, identifying areas to work on, and celebrating success. More than 20 activities, plus behavior-management tools such as form letters for home and reward coupons and certificates, make this a complete package! Ready-to-print forms and handouts on CD. 52 pgs.

Ready-to-print forms and handouts on CD. 52 pgs.



ITEM NO. 51-004 \$20.95

## Activity Guide

A companion to *Priscilla & the Perfect Storm*, its pages are filled with literacy and social skill development activities that are classroom friendly. All of the activities are designed to help students master the skills of "Staying Calm" and "Dealing with Frustration." Ready-to-print forms and handouts on CD. 48 pgs.

forms and handouts on CD. 48 pgs.



ITEM NO. 51-002 \$20.95

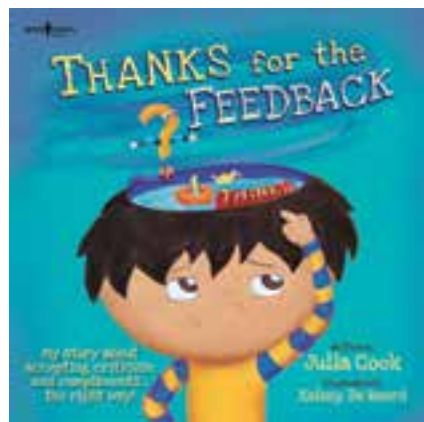
## Activity Guide

Combines academic lessons with activities that teach students how to ignore distractions and make positive choices. A companion to *The Garden in My Mind* storybook, it's a must-have resource for upper elementary and early middle school educators. Ready-to-print forms and handouts on CD. 48 pgs.

and handouts on CD. 48 pgs.



# STORIES & ACTIVITIES TO TEACH SOCIAL SKILLS BY JULIA COOK



Book ITEM NO. 55-025 \$10.95  
Book with Audio CD ITEM NO. 55-026 \$16.95

## THANKS for the FEEDBACK... (I think?)

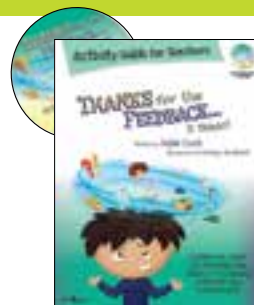
My story about accepting criticism and compliments... the right way!

GRADES K-6

When a couple of friends give RJ compliments, he isn't sure how to respond. And when he hears from his teacher and parents that there are some things he needs to work on, he argues and makes excuses. Follow RJ as he learns what it means to receive positive and negative feedback, and how to respond appropriately. Tips for parents and educators included. 32 pgs.

### Accepting Compliments, Accepting Criticism

Two Posters (18"x22")  
ITEM NO. 55-311 \$9.95



ITEM NO. 55-027 \$19.95

self-evaluation, games, and ideas on how to blend lessons with academic teaching. Reproducible pages included on CD. 32 pgs.

### Bundle and SAVE!

Save by buying the book, teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-507 \$34.95



Book ITEM NO. 55-020 \$10.95  
Book with Audio CD ITEM NO. 55-021 \$16.95

## I Just Want to Do it MY WAY!

My story about staying on task and asking for help!

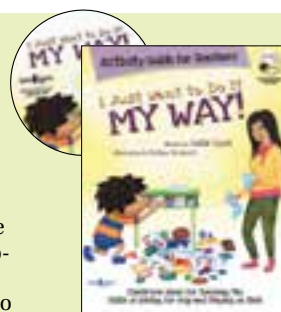
GRADES K-6

RJ's way of doing things isn't working out for him, especially in math class. His teacher is upset because his assignments are missing or incomplete. With support from his parents, RJ learns how to ask for help and stay on task, and discovers he no longer has to do his work over and over again. 32 pgs.



### Asking for Help, Staying on Task

Two Posters (18"x22")  
ITEM NO. 55-309 \$9.95

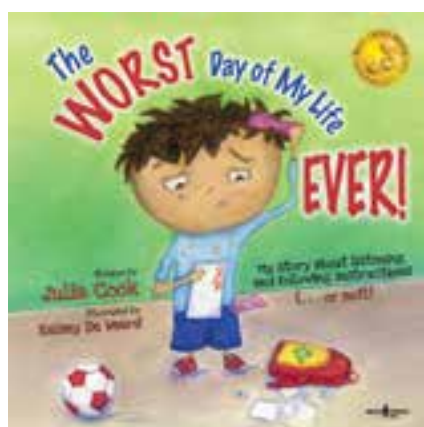


ITEM NO. 55-022 \$19.95

to blend some of the activities into academic lessons are also included. Reproducible pages provided on CD. 32 pgs.

### Bundle and SAVE!

Save by buying the book, teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-506 \$34.95



## The WORST Day of My Life EVER!

My story about listening and following instructions (... or not!) GRADES K-6

RJ has had a rough day – he wakes up with gum stuck in his hair, kicks the ball into his own team's soccer net, and messes up his mom's chicken with his overflowing pancake batter! With Mom's help, RJ learns that his problems happen because he doesn't listen and follow instructions. 32 pgs.

Book ITEM NO. 55-005 \$10.95  
Book with Audio CD ITEM NO. 55-006 \$16.95

### Bundle and SAVE!

Save by buying the book, teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-502 \$34.95



ITEM NO. 55-007 \$19.95

## Activity Guide for Teachers

In addition to listening and following instructions, students must observe, think, describe, write, and work together to complete these challenging activities. Reproducible activity sheets included on CD. 32 pgs.



### Following Instructions, Listening

Two Posters (18"x22")  
ITEM NO. 55-301 \$9.95



## el PEOR día de TODA mi vida

Includes both the Spanish and English text. 32 pgs.

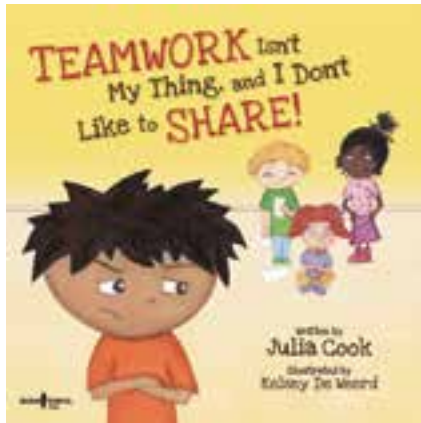
Book (Spanish)  
ITEM NO. 55-015 \$10.95



"Author Julia Cook presents ...some pretty important lessons in a light-hearted manner. The book is empowering and offers a successful approach at illustrating the effects of decision making to children. (It) features beautiful illustrations that are both bright and colorful."  
– The National Parenting Center



# STORIES & ACTIVITIES TO TEACH SOCIAL SKILLS



Book ITEM NO. 55-016 \$10.95  
Book with Audio CD ITEM NO. 55-017 \$16.95

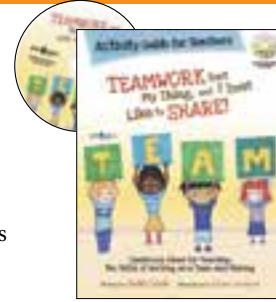
## TEAMWORK Isn't My Thing, and I Don't Like to SHARE!

GRADES K-6

RJ's teacher wants him to work with bossy Bernice, messy Frankie, and Norma. After a frustrating school day with his "team," RJ has to share the last cookie with his sister! With the help of his coach, RJ learns that working as a team and sharing are skills he needs on the soccer field, in school, and at home. 32 pgs.

## Working as a Team, Sharing

Two Posters (18"x22")  
ITEM NO. 55-307 \$9.95



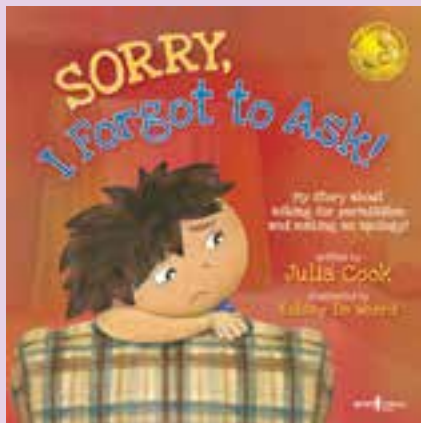
ITEM NO. 55-018 \$19.95

## Activity Guide for Teachers

Entertaining games and engaging activities using everything from jigsaw puzzles to beach balls. Students learn and practice how to work as a team and share. Reproducible activity sheets included on a CD. 32 pgs.

## Bundle and SAVE!

Save by buying the book, teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-505 \$34.95



Book ITEM NO. 55-011 \$10.95  
Book with Audio CD ITEM NO. 55-012 \$16.95

## SORRY, I forgot to Ask!

My story about asking for permission and making an apology!

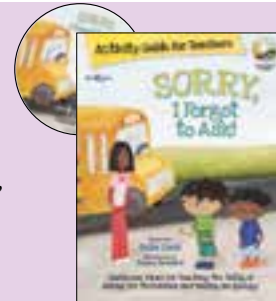
GRADES K-6

Without telling anyone, RJ and his friend Sam walk home from school instead of riding the bus. At home, RJ and his sister snack on Mom's double-chocolate cake and spoil Grandma's birthday surprise. Dad helps RJ learn how to do a better job of asking permission, and his principal has him practice making an apology. 32 pgs.



## Asking for Permission, Making an Apology

Two Posters (18"x22")  
ITEM NO. 55-305 \$9.95



ITEM NO. 55-014 \$19.95

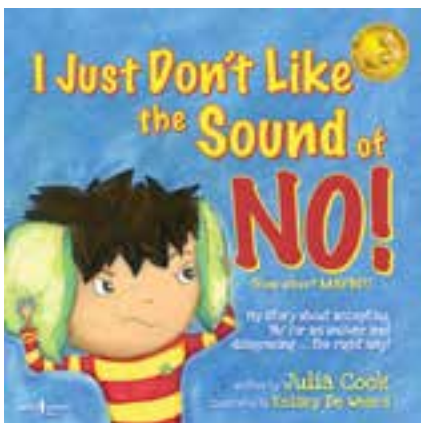
Reproducible activity sheets on CD. 32 pgs.

## Activity Guide for Teachers

Activities and games to help students learn to ask for permission and make an apology. Students are asked to brainstorm answers to "what if" questions, create "apology triangles," use objects to visualize the skills, and more.

## Bundle and SAVE!

Save by buying the book, teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-504 \$34.95



## ¡No me gusta cómo se oye NO!

Includes both the Spanish and English text. 32 pgs.

Book (Spanish) ITEM NO. 55-028 \$10.95

## I Just Don't Like the Sound of NO!

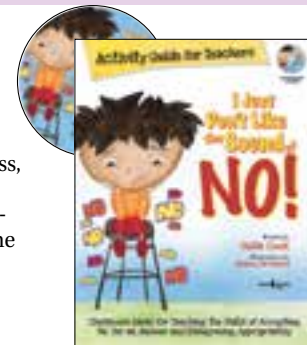
My story about accepting 'no' for an answer and disagreeing ... the right way! GRADES K-6

RJ tries his best to turn every "No" into "Maybe" or "We'll see." Even though he doesn't have much success, RJ keeps arguing until his teacher suggests he try to join the Say YES to NO Club. If RJ can learn how to accept "No" for an answer and disagree appropriately, he can add his name to the club's Star Board. 32 pgs.

Book ITEM NO. 55-008 \$10.95  
Book with Audio CD ITEM NO. 55-009 \$16.95

## Bundle and SAVE!

Save by buying the book, teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-503 \$34.95



ITEM NO. 55-010 \$19.95

Reproducible activity sheets included on a CD. 32 pgs.

## Activity Guide for Teachers

Classroom ideas and activities for teaching students to accept 'no' for an answer and disagree appropriately. These 24 games and activities call upon students to use imagination, teamwork, and creativity. Reproducible activity



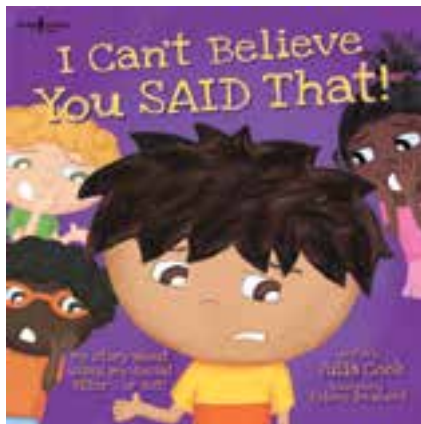
BOOK SERIES

## Accepting NO for an Answer, Disagreeing the Right Way

Two Posters (18"x22")  
ITEM NO. 55-303 \$9.95







Book ITEM NO. 55-032 \$10.95  
Book with Audio CD ITEM NO. 55-033 \$16.95

## I Can't Believe You SAID That!

My story about using my social filter... or not!  
GRADES K-6

RJ says what he thinks... no matter how it sounds or makes others feel: "Gram, how come your skin looks like a Dalmatian?" "She stinks, Mom!" RJ's mouth is getting him into a lot of trouble. A rude comment at school earned him a detention. An insensitive remark at home earned him a scolding and made his sister cry. RJ doesn't realize his words are wrong. He thinks he's just offering feedback. It's time RJ starts using a social filter when he speaks. With help from his parents, he learns he doesn't have to verbalize every thought that pops into his head. In fact, sometimes the less said the better! Tips for parents and educators included. 32 pgs.



ITEM NO. 55-034 \$19.95

## Activity Guide for Teachers

It's confusing for children to understand why we tell them to be honest or to speak up in one setting, then tell them to keep their thoughts to themselves in another.

Author Julia Cook worked with expert Jill Kuzma to identify unique ways to practice using your social filter. More than 20 activities allow students to visualize what a social filter is and practice using their filters in a safe setting. Reproducible activity sheets included on the enclosed CD. 32 pgs.



BOOK SERIES

## Bundle and SAVE!

Save by buying the book,  
teacher's activity guide, and two posters.  
Teacher Kit ITEM NO. 55-508 \$34.95

## Choosing Appropriate Words to Say, Analyzing Social Situations

Two Posters (18"x22")  
ITEM NO. 55-313 \$9.95



## Best Me I Can Be! School Library Set

Each library set includes one copy of all seven storybooks, one copy of the seven Activity Guides, and one set of all 14 posters from the *Best Me I Can Be!* series.

Elementary and special ed classroom teachers will find multiple ways to present and reinforce the important skills of *listening, following directions, accepting no, disagreeing appropriately, making an apology, asking permission, working as a team, sharing, staying on task, asking for help, accepting feedback, and using your social filter.* Read aloud the humorous stories about RJ. Follow up with any of the activities in the corresponding activity guide. Display the posters to visually remind students step-by-step how to use the skills every day.

School Library Set	ITEM NO. 55-555	\$220.00
Additional storybook sets (one copy of 7 storybooks)	ITEM NO. 55-5R7J	\$65.95
Additional poster sets (14 posters - 7 sets of two)	ITEM NO. 55-514	\$41.65

## SAVE \$50

when you purchase the entire library!

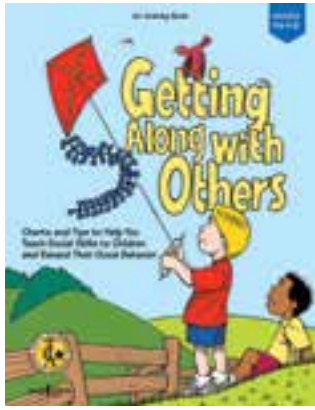
ITEM NO. 55-555 \$220.00

**Audio Storybook set**  
(All 7 storybooks with audio CD;  
read by the author)  
ITEM NO. 55-5R7J-CD \$98.65

**Audio CD**  
(All 7 stories compiled on one CD)  
ITEM NO. 55-600 \$29.95







## Getting Along with Others

GRADES PRE K-3

Parents, teachers, counselors, and day-care workers can use this activity book to teach children social skills and give them incentives for getting along both with their peers and adults. Twenty-four fun-filled charts encourage children to tell the truth, ask permission, correct mistakes, share with others, say they're sorry, etc. Six more charts let adults target skills of their own choosing. Suggestions on how to effectively use the charts and offer rewards that keep children interested and motivated to improve are included. 32 pgs.

ITEM NO. 45-302

1-9 copies \$4.95 each  
10-49 copies \$4.25 each  
50 or more \$3.65 each

**TEACHER COPY:** This book includes a license that allows you to make copies of the skill pages for classroom use.

ITEM NO. 45-302-T \$25.95



## Photo Social Stories About Kids in School

Mike Canavan, Lawrence Shapiro, PhD

ITEM NO. 84-304 \$23.95

## Photo Social Stories

35 Cards that Teach Kids Social Skills  
GRADES K-6

Simple stories, illustrated with concrete photographs, show children how they are expected to behave in typical social situations. The stories help children pay attention to important social cues and respond appropriately. Each story is followed by bulleted highlights and a set of interactive questions to stimulate discussion and assist children. The photographs were specifically selected to assist children who learn more visually.

## Photo Social Stories for Everyday Situations

Lawrence E. Shapiro, PhD

ITEM NO. 84-303 \$23.95



**SAVE \$20.00**

when you buy all 15 books.

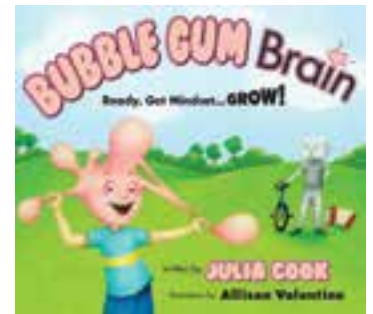
ITEM NO. 87-511 \$159.85

## Learning to Get Along Picture Books GRADES PRE K-3

Cheri J. Meiners, MEd

These 15 colorful books are wonderful resources for teaching social skills to young children (ages 4-8). Made to be read aloud, these books help children visualize how their behaviors affect themselves and others. Each book also includes a special section for adults that suggests ways to reinforce the ideas and skills being taught. 36-40 pgs. each

Be Polite and Kind	ITEM NO. 87-002	\$11.99	Know and Follow Rules	ITEM NO. 87-018	\$11.99
Join In and Play	ITEM NO. 87-003	\$11.99	Talk and Work It Out	ITEM NO. 87-019	\$11.99
Respect and Take Care of Things	ITEM NO. 87-004	\$11.99	Accept and Value Each Person	ITEM NO. 87-024	\$11.99
Try and Stick with It	ITEM NO. 87-005	\$11.99	Reach Out and Give	ITEM NO. 87-025	\$11.99
When I Feel Afraid	ITEM NO. 87-006	\$11.99	Be Careful and Stay Safe	ITEM NO. 87-032	\$11.99
Understand and Care	ITEM NO. 87-007	\$11.99	Be Honest and Tell the Truth	ITEM NO. 87-034	\$11.99
Listen and Learn	ITEM NO. 87-008	\$11.99	Cool Down and Work Through Anger	ITEM NO. 87-068	\$11.99
Share and Take Turns	ITEM NO. 87-009	\$11.99			



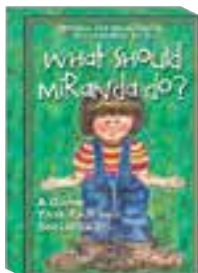
## Bubble Gum Brain GRADES 2-6

Ready, Get Mindset... GROW!

Julia Cook

Bubble Gum Brain likes to stretch and flex his mind. His pal Brick Brain, not so much. These two kids have very different mindsets. Bubble Gum is up for adventures, eager to learn and not afraid of mistakes. Brick likes the status quo and has no desire to discover anything new or different. Can Bubble Gum break through Brick's hard-headedness? Can Brick discover how to have a more flexible mindset and see how much fun it is to learn, change and grow? 32 pgs.

ITEM NO. 97-021 \$9.95



## What Should Miranda Do?

GRADES 3-6

Susan DeBell, PhD

In this easy-to-play and entertaining game, players help Miranda Peabody handle tricky social situations and solve problems that any child can relate to. Approximately 80 different scenarios challenge kids to choose the best solution and then explain or demonstrate a related social skill. Play in teams or small groups.

ITEM NO. 87-304 \$17.95



## Hidden Rules Card Game

GRADES K-6

Lawrence E. Shapiro, PhD

This entertaining card game will help children ages 6-12 learn and practice 40 hidden rules, the unwritten social behaviors and social skills that people are expected to know without ever being taught, such as acknowledging others' personal space, speaking in an appropriate voice tone, and paying attention to body language. For 2-8 players.

ITEM NO. 87-303 \$23.95



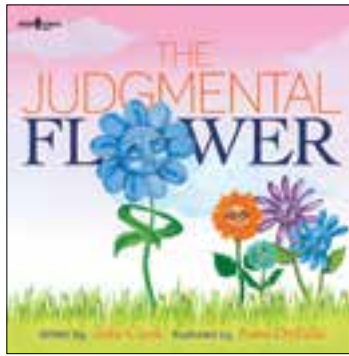
## The Judgmental Flower

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

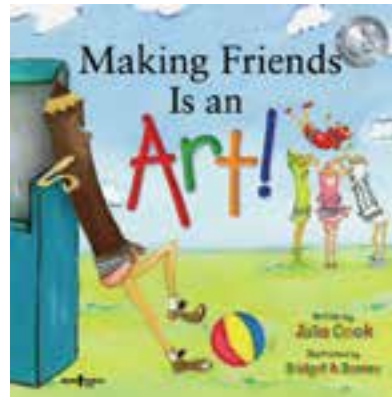
The flower patch has always been the same. Purples hang with other Purples. Blues hang with Blues. Talls hang with Talls. Shorts hang with Shorts. But when Purple moves into the Blue Patch, Blue just isn't sure how he feels about that!

Fortunately, Blue's mom is around to point out how much Blue and his friends can learn from the wind, the rain, and the bees because they treat all flowers the same. Will Blue start to look at the world differently? Find out in this timely and important tale about valuing diversity. 32 pgs.



ITEM NO. 55-041 \$10.95

**Downloadable Activities**  
See page 20.



ITEM NO. 55-013 \$10.95

## Making Friends Is an Art!

GRADES K-6

*Julia Cook, Illustrated by Bridget Barnes*

**NOW UPDATED!**

Brown envies the other pencils who enjoy coloring and playing together. He is lonely because he doesn't get used much and hardly ever needs sharpening. Soon he discovers that to make friends, he has to be a friend. Part of the *Building Relationships* series, this book teaches kids how to practice the art of friendship and get along with others. 32 pgs.

Author Julia Cook's award-winning series to help kids in grades K-6 get along with each other.



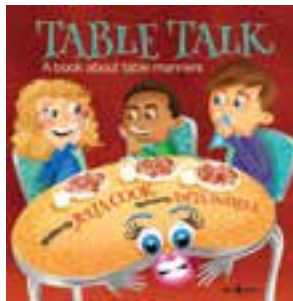
ITEM NO. 55-038  
\$10.95

## I Want to Be the Only Dog

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Take the bite out of sibling rivalry! Three adorable pooches – Jake, Angus and Kirby – all want to be the top dog in their owner's eye. That's why they're quick to bark out the flaws in each other. Jake's too bossy. Angus is too annoying. Kirby's too selfish. Will these three ever learn to get along? Award-winning author Julia Cook uses her trademark rhymes to highlight why siblings are such a special gift, even if they don't always play nice. 32 pgs.



ITEM NO. 55-039 \$10.95

## Table Talk

A book about table manners

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Written from Table's point of view, this humorous tale will help kids understand that table manners are about much more than what fork to use. Good table manners are about being respectful, kind and considerate to others and their feelings. Parents and educators of K-6 students will enjoy Table's tasteful advice and guidance. Sharp, whimsical illustrations from award-winning illustrator Anita DuFalla bring Table's tips to life. 32 pgs.



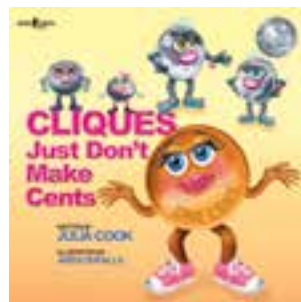
## Hygiene... You Stink!

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

A fresh approach to a dirty dilemma. How do you make young children understand the importance of bathing and brushing? In this ingenious tale, young readers are sure to get the message that good hygiene will improve their health and their relationships! It's a clever fable with a timeless message. 32 pgs.

ITEM NO. 55-031 \$10.95



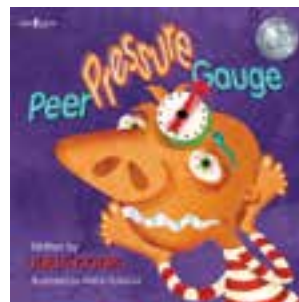
## Cliques Just Don't Make Cents

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

Penny tries to hang with the Silver Coin Clique, but she usually feels left out. Dollar coin is different from the silver coins too, and she starts to teach Penny how special and valuable she really is. Includes tips on how to help young people, especially girls, who feel excluded and left out by others. 32 pgs.

ITEM NO. 55-019 \$10.95



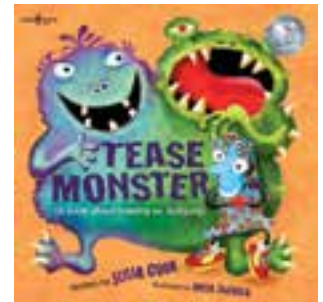
## Peer Pressure Gauge

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

When Norbert is less than eager to try new food, he experiences first-hand what it's like to be on the receiving end of peer pressure. Teachers, parents, and kids alike will enjoy this imaginative story as they learn the skills necessary to triumph over this difficult issue. 32 pgs.

ITEM NO. 55-024 \$10.95



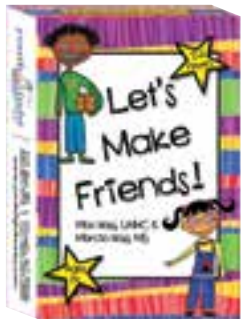
## Tease Monster

GRADES K-6

*Julia Cook, Illustrated by Anita DuFalla*

With help from the Tease Monster, kids learn why some teasing can have a negative bite if it's meant to be hurtful and cause embarrassment. But they also learn why teasing can be friendly and nice if it tries to make someone feel better and is not done out of spite. 32 pgs.

ITEM NO. 55-023 \$10.95



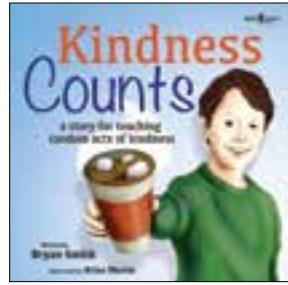
## Let's Make Friends! Card Game

GRADES 3-6  
Max Nass, LMHC,  
Marcia Nass, MS

A fun-filled card game that teaches children how to develop relationships with peers in which they feel liked, respected, and valued. Each

ITEM NO. 87-302 \$17.95

card gives a relationship scenario related to making, helping, choosing, or becoming a friend and asks the player what he or she would do. 72 cards.



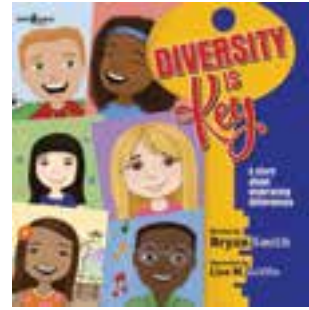
## Kindness Counts

GRADES K-6  
Bryan Smith,  
Illustrated by  
Brian Martin

When a complete stranger unexpectedly pays for Cade's ice cream, it leads to a family

ITEM NO. 56-007 \$10.95

discussion about random acts of kindness. Cade is so impressed by the gesture, he tries paying it forward too. But when his dad wants to donate old toys, Cade's generosity is put to the ultimate test. Can he be kind when it requires sacrifice or just when it's convenient? 32 pgs.



## Diversity is Key

GRADES K-6  
Bryan Smith,  
Illustrated by  
Lisa M. Griffin

It's diversity week at Amelia's school, and every day she's introduced to new cultures, cuisines and customs. The more she experiences, the more

ITEM NO. 56-015 \$10.95

she realizes how diversity makes life more fun. She also discovers that differences shouldn't divide people because we are stronger together. 32 pgs.

**Downloadable Activities & Poster**  
See page 3.



## The Misadventures of Michael McMichaels Series

GRADES 1-5  
Tony Penn

Kids will enjoy the Michael McMichaels series of chapter books that not only offer adventure and entertainment, but also teach important lessons about lying, stealing, cheating and being a good friend.

**SAVE!**

Save by buying all 5.

ITEM NO. 58-502 \$33.00

The Angry Alligator (91 pgs.)  
The Borrowed Bracelet (91 pgs.)  
The Creepy Campers (83 pgs.)  
The Double-Dog Dare (91 pgs.)  
The Case of the Escaping Elephants (96 pgs.)

ITEM NO. 58-001 \$7.95  
ITEM NO. 58-002 \$7.95  
ITEM NO. 58-003 \$7.95  
ITEM NO. 58-004 \$7.95  
ITEM NO. 58-005 \$7.95

## A Good Friend

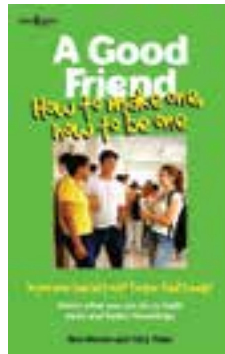
GRADES 5-10  
Ron Herron, Val J. Peter

This book advises children in such areas as the basics of conversation and friendship. Included are nine easy-to-follow "people" skills, like giving and receiving compliments, introducing yourself, and showing respect and sensitivity. Each skill puts getting along with others into easily managed steps. A special chapter deals with the challenge of shyness. Great resource and appropriate reading for pre-teens (ages 10 and up) as well. 84 pgs.



Spanish-language edition of *A Good Friend*. 92 pgs.

ITEM NO. 86-007 \$8.95



ITEM NO. 25-010 \$8.99

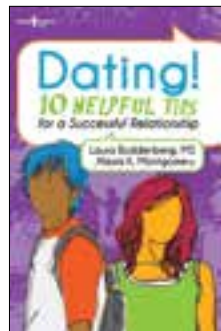
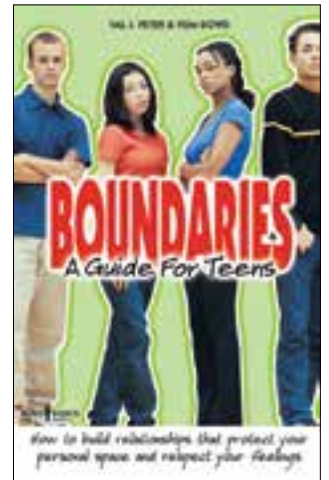
## Boundaries: A Guide for Teens

GRADES 7-12  
Val J. Peter, Tom Dowd

This book invites young people to examine their lives and relationships. It begins by helping teens define what physical, emotional, and sexual boundaries are. Stories illustrate how personal space and feelings can be either respected or violated. The book's journal format encourages teens to reflect on and record feelings about their own relationships. 113 pgs.

**Faith-based Edition**  
ITEM NO. 25-014 \$8.95

ITEM NO.  
25-019  
\$9.95

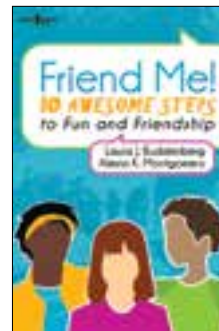


## Dating!

GRADES 7-12  
Laura Buddenberg, MS, Alesia K. Montgomery, MS

Dating isn't easy for teens, especially in today's world of social media. Written in a clever "top 10 tips" format that teens and adults are sure to enjoy, the authors recount actual teen dating stories and explain the skills required to thrive in relationships. Topics include developing and maintaining relationships, identifying danger signs, dating in the digital age, gifts, compliments, self-assurance, independence, and finding happiness in and out of relationships. 120 pgs.

ITEM NO. 25-021 \$9.95



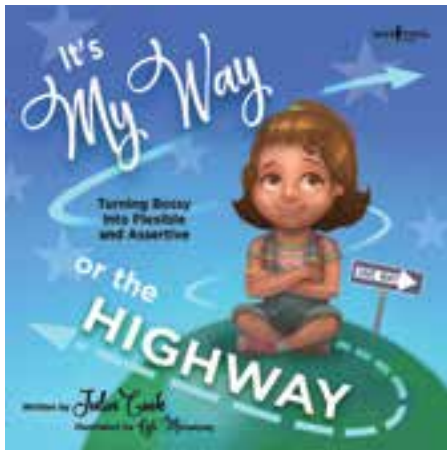
## Friend Me!

GRADES 6-10  
Laura Buddenberg, MS, Alesia K. Montgomery, MS

This pocket guide for children ages 10-13 helps them look at their relationships and make healthy decisions. Kids are asked to consider these questions: Do you want a best friend? Do you wish you had more friend requests? Do you have friendships that just aren't any fun? Inside, readers will find 10 easy-to-follow rules for making and keeping friends and 10 friendship skills for getting along with anyone. 130 pgs.

ITEM NO. 25-020 \$9.95





ITEM NO. 55-048 \$10.95

there is a difference between being assertive and being bossy. And that she can be a leader, but still be flexible. This is the first book in the exciting new story-book series, *The Leader I'll Be!* 32 pgs.



## It's My Way or the Highway

Turning Bossy into Flexible and Assertive  
GRADES K-4

Julia Cook, Illustrated by Kyle Merriman

If Cora June doesn't get her way in the classroom, on the playground, or at home, she can make life miserable for those around her. Follow Cora June in this eye-opening tale as she discovers that



ITEM NO. 86-053 \$16.95

with negative thoughts and feelings, and tips to pursue the things you love and value so you can celebrate your strengths. 158 pgs.

## Just As You Are

A Teen's Guide to Self-Acceptance & Lasting Self-Esteem  
GRADES 7-12

Michelle Skeen, PsyD, Kelly Skeen

Unrealistic images and messages from social media, TV shows, movies, books, and magazines all make it easy for teens to get caught up in a never-ending comparison game. But comparing yourself to others can also lead to feelings of unworthiness that get in the way of your happiness. This book is packed with simple ways to help quiet your inner critic, overcome feelings of inadequacy, and love who you are. In this book you'll find powerful mindfulness and self-compassion tools for dealing



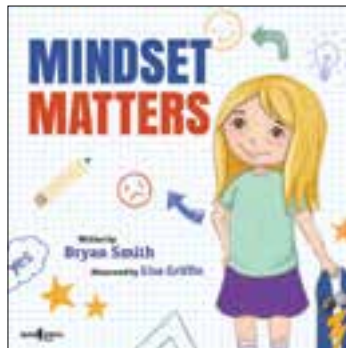
## Mindset Matters

Bryan Smith, Illustrated by Lisa M. Griffin

Amelia's confidence is shattered after she takes a spill on her skateboard and whacks her thumb with a hammer while attempting to build a swing set. But after a little self-reflection and loving advice from dear-old Dad, Amelia learns she needs a "gonna get it done" mindset.

*Mindset Matters* teaches children how to see problems and dilemmas as opportunities to learn and grow, and reveals why failing doesn't make them failures. 32 pgs.

ITEM NO. 56-008 \$10.95



Downloadable Activities  
See page 7.

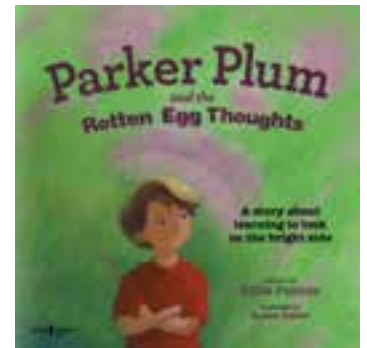
## Parker Plum and the Rotten Egg Thoughts

A story about learning to look on the bright side  
GRADES K-6

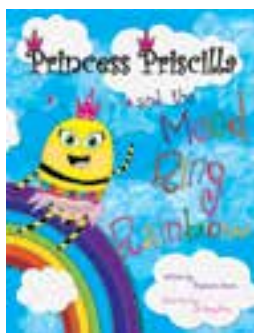
Billie Pavicic, Illustrated by Susan Gaber

Parker Plum finds a little green egg on his pillow one morning. As he goes about his day, he realizes the more upset and frustrated he becomes, the bigger the egg grows. Can Parker unscramble all his self-defeating thoughts before this ginormous rotten egg explodes? Find out in this colorful tale about working through disappointments. 32 pgs.

ITEM NO. 62-001 \$10.95



Downloadable Activities  
See page 3.



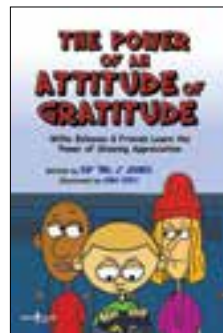
ITEM NO.  
97-009  
\$14.95

## Princess Priscilla and the Mood Ring Rainbow

GRADES PRE K-3

Stephanie Jensen, MS

Princess Priscilla wears her mood ring around her waist and focuses on her feelings each time she sees a color change. She learns how to name her emotions and uses self-regulation strategies to manage them when needed. Priscilla shows examples of positive approaches children can use when they feel happy, jealous, embarrassed, bored, joyful, angry, confused, or sad. 32 pgs.



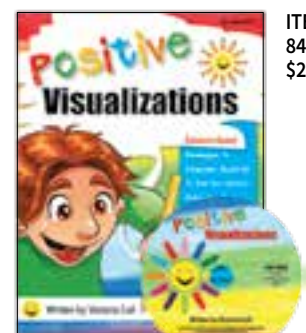
ITEM NO.  
54-005  
\$10.95

## The Power of an Attitude of Gratitude

GRADES 3-8

Kip Jones

Hugh acts like the world revolves around him. When Hugh's offered a free coat, he demands three. He acts like an entitled jerk! Willie, counselor Mr. J, and famed local athlete Kendal Cobb work together to try to help Hugh and students like him. Will Hugh be able to overcome his attitude of entitlement? Find out in this graphic novel from the *Urban Character Education* series. 40 pgs.



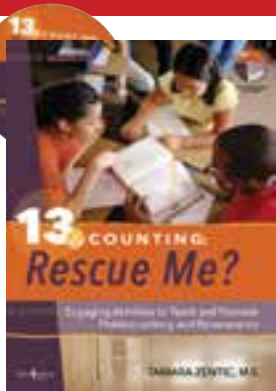
ITEM NO.  
84-096  
\$26.95

## Positive Visualizations

GRADES 3-7

Victoria Cull

Help your students visualize success using the 50 lessons included in this book. Intended to be an aid to school counselors and others whose students need help right away. Reproducible activity pages cover the topics of problem solving, social skills, character education, anger, self-concept, and feelings. Includes CD. 127 pgs.



ITEM NO. 53-008 \$22.95

Flipped classroom suggestions and a CD with print-ready worksheets and skill posters are included. 105 pgs.

## 13 & Counting: Rescue Me?

GRADES 5-12  
Tamara Zentic, MS

More than 20 lessons and activities designed to help students develop resiliency and grit. Students will learn how to problem solve, overcome negative thinking and persevere.



ITEM NO. 64-001 \$8.95

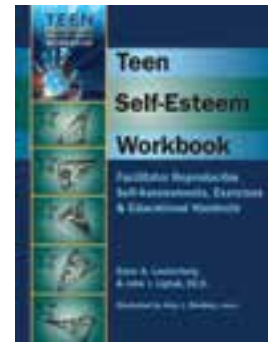
readers and middle school students will relate to the challenges and joys that Jilly and her schoolmates experience in this timeless tale about facing your fears and making new friends. Discussion points and tips are included. 128 pgs.

**Downloadable Activities**  
See page 3.

## Middle School Misfits: The Stained Glass Tree

GRADES 4-8  
Leona Lugan, Illustrated by Kyle Merriman

With her country accent, clothes that are far from cool and an odd, funny-to-pronounce family name (that earns her a terrible nickname), Jilly feels like an outcast. Can she find a way to fit in while still being true to herself? Independent



ITEM NO. 84-064 \$49.95

examine thoughts and feelings that either detract from or enhance healthy self-esteem, and learn effective techniques for building positive feelings of self-worth. Exercises are reproducible. 126 pgs.

## Teen Self-Esteem Workbook

GRADES 7-12  
Ester A. Leutenberg, John J. Liptak, EdD

Self-esteem dictates how teens treat and feel about themselves and others. This workbook is designed to help teens engage in self-reflection,



## Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 53-501 \$27.95

## GRIT & Bear It! and Activity Guide

Tamara Zentic, MS, Illustrated by Lisa M. Griffin

Use these two books hand-in-hand to help young people push past adversity and stay on the path to success. Executive function skills, such as planning, perseverance, and risk-taking, are promoted through the inspirational illustrations and straight-forward text in the book and the engaging activities in the teacher's guide.

Each of the 25 lessons ties to an essential executive function skill, such as self-control and focusing on a task. The lessons are active, hands-on and technology-based.

Book (32 pgs.)	ITEM NO. 53-002	\$9.95
Activity Guide (83 pgs.)	ITEM NO. 53-003	\$22.95



## Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 53-502 \$27.95

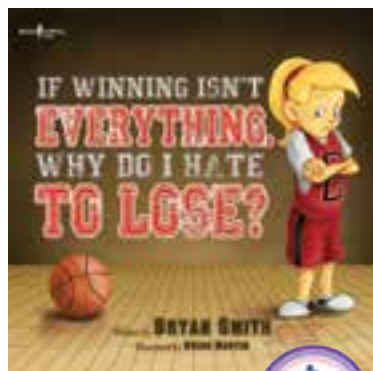
## ZEST: Live It! and Activity Guide

Tamara Zentic, MS, Illustrated by Lisa M. Griffin

Students are introduced to the concept of "ZEST" through stunning illustrations and short, poetic statements. Learning this critical component of social-emotional development can make all the difference in a student's ability to enjoy the spice of life.

These 23 activities will engage and excite students, teaching them to find value in the passion and enthusiasm of living with zest!

Book (32 pgs.)	ITEM NO. 53-005	\$9.95
Activity Guide (99 pgs.)	ITEM NO. 53-006	\$22.95



ITEM NO. 56-003 \$10.95

## If Winning Isn't Everything, Why Do I Hate to Lose?

GRADES K-6

Bryan Smith, Illustrated by Brian Martin

This is the story of Kelsey, a young basketball star who will do whatever it takes to win on and off the court. Unfortunately, her poor sportsmanship – or sportsGIRLship, as she likes to call it – hurts her team and her relationships. Can anyone, from her coach to her mom, teach Kelsey how to have fun and play fair, win or lose? 32 pgs.

## Activity Guide

Author and educator Bryan Smith has created an excellent activity guide about sportsmanship to complement his *If Winning Isn't Everything, Why Do I Hate to Lose?* storybook. The activity guide contains 21 lessons and activities, each designed to teach and reinforce the skill of "Displaying Sportsmanship." Several of the activities can be combined to support Common Core learning initiatives, and they are noted in the guide. A CD with ready-to-print forms and handouts is included. 40 pgs.

## Bundle and SAVE!

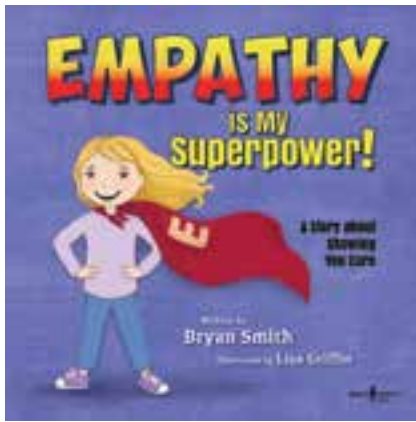
Save by buying the book and activity guide.

ITEM NO. 56-502 \$25.50



ITEM NO. 56-004 \$20.95





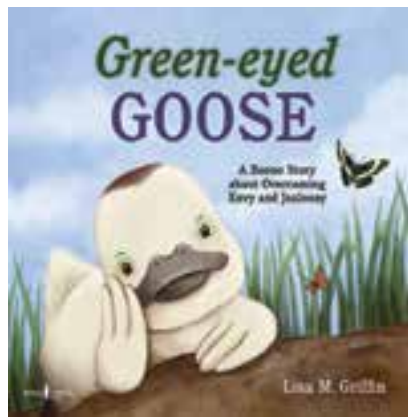
## Empathy is My Superpower!

GRADES K-6  
Bryan Smith, Illustrated by Lisa M. Griffin

This page-turner has a powerful point—empathy is an essential skill every child needs! Written for readers in grades K-6, this storybook follows Amelia as she discovers what empathy looks like and why it's important to understand other people's feelings. Includes tips to help parents and teachers foster empathy in every child. 32 pgs.

ITEM NO. 56-013 \$10.95

**Downloadable Activities**  
See page 7.



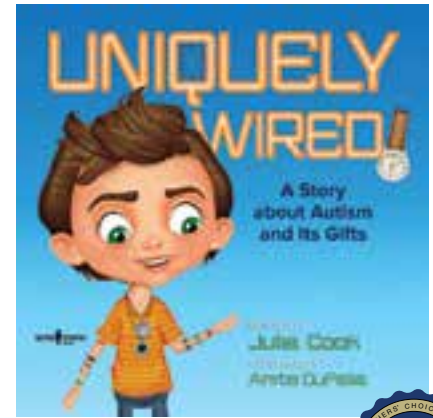
## Green-eyed Goose

GRADES PRE K-4  
Lisa M. Griffin

When Boone sees that his brother is the first to fly and his friend Otter can do a flip, but he can't, Boone becomes upset. It just doesn't seem fair! Soon, Boone learns that he should be grateful for what he already has and not be envious of others. He realizes that if he wants something, he should work hard to achieve it. 32 pgs.

ITEM NO. 61-002 \$10.95

**Downloadable Activities**  
See page 6.



## Uniquely Wired

GRADES K-6  
Julia Cook, Illustrated by Anita DuFalla

Zak has autism, and he sometimes responds to the world around him in unconventional ways. As Zak describes his point of view, young readers gain a better understanding of his behaviors. Parents, educators and counselors can use this storybook to increase children's awareness of autism spectrum disorders and foster greater understanding towards those on the spectrum. 32 pgs.

ITEM NO. 55-045 \$10.95

**Downloadable Activities**  
See page 17.

## Flirting or Hurting? When Is It Okay, When Is It Harassment DVD

GRADES 5-9  
Human Relations Media

For middle schoolers, it can be challenging to figure out what actions and words constitute flirting and what behaviors cross the boundaries into sexual harassment. This video uses real students in realistic, dramatic scenarios to show young viewers the difference between real flirting (welcome, wanted, respectful, and fun) and hurting (unwelcome, unwanted, one-sided, and makes you feel bad). Viewers learn what it means to cross the line – in person, through texting, or online – and are reminded of the serious consequences for both the target and the harasser. PDF of Teacher Resource Guide included. 20 min.

ITEM NO. 86-449 \$129.95



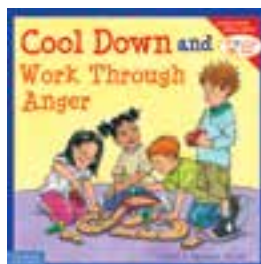
## Grab Bag Guidance

GRADES 5-9  
Becky Kirby

A small-group counselor program that touches on anger management, stress management, bullying, grief and loss, coping, and skills for success.

Energizers, discussion topics, reproducible activity sheets, interactive games, and a CD are included. 272 pgs.

ITEM NO. 84-091  
\$34.95



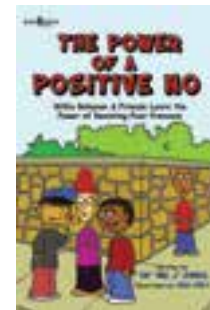
## Cool Down and Work Through Anger

GRADES K-3  
Cheri J. Meiners, MEd

A storybook for kids to help them recognize and cope with anger through self-calming,

ITEM NO. 87-068 \$11.99

thinking, getting help from a trusted adult, talking and listening, apologizing, being patient, and viewing others positively. Special section gives teachers and parents additional ideas for helping young children work through anger. 40 pgs.



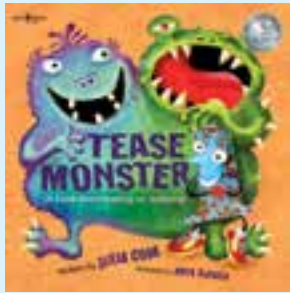
## The Power of a Positive No

GRADES 3-8  
Kip Jones, Illustrated by Chad Isely

An empowering story about finding the courage and conviction to stand firm in the face of negative peer pressure and stay true to yourself. 40 pgs.

ITEM NO. 54-007 \$10.95

**Downloadable Activity Guide Available**  
See page 20.



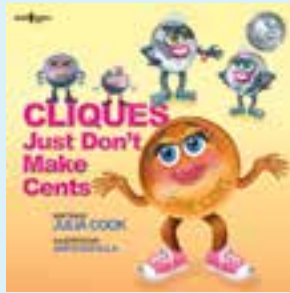
## Tease Monster

GRADES K-6  
Julia Cook

Reading this humorous story will help elementary students understand the difference between bullying and teasing.

ITEM NO. 55-023 \$10.95

Kids will discover that laughing at someone has a hurtful bite and is a form of bullying, but laughing with someone is alright when it's not done out of spite. 32 pgs.

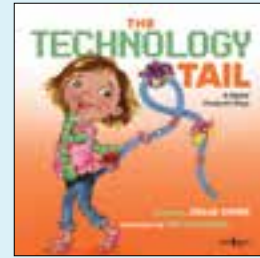


## Cliques Just Don't Make Cents

GRADES K-6  
Julia Cook

Students (especially girls) will learn that forming cliques and excluding others can be a form of bullying. Follow Penny as she learns how special and valuable she is even though she is different from the other coins. 32 pgs.

ITEM NO. 55-019 \$10.95



## The Technology Tail

GRADES 1-6  
Julia Cook

Grab a child's attention with this colorful storybook about online safety and being kind and respectful to others.

ITEM NO. 55-044 \$10.95

"Screen" wants all kids to know that everything you post is attached to you for life, creating a digital trail that can't be erased. It delivers a timeless message to a new generation just learning how to navigate the fast-changing digital age. Tips for parents and teachers are included. 32 pgs.

## Cliques, Phonies & Other Baloney

GRADES 3-8

Trevor Romain and Elizabeth Verdick

True friends don't make you feel left out but, for many kids, navigating social groups is tricky and they end up feeling excluded. This book uses humor, fun cartoons, and kid-friendly language to explain what cliques are, why being phony is baloney, why true friends don't exclude others online or in real life, what's more important than popularity, and how to navigate it all. This updated edition addresses online socializing and social media. 128 pgs.



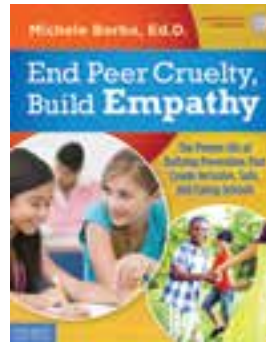
ITEM NO. 97-024 \$9.99

## End Peer Cruelty, Build Empathy

GRADES K-8

Michele Borba, EdD

A practical, six-part framework to reduce peer cruelty and increase positive behavior support! Includes guidelines for implementing strategies, collecting data, training staff, mobilizing students and parents, building social-emotional skills, and sustaining progress. Used on its own or to supplement an existing program, this is what a school, classroom, or an educator needs to prevent bullying and promote kindness. Digital content has customizable forms and a PDF presentation for use in professional development. 288 pgs.



ITEM NO. 84-107 \$34.99

## Bullying in the Girl's World

GRADES 3-8

Diane Senn, EdS, NBCT

In attempts to survive the girl's world, girls can resort to spreading rumors, hurtful teasing, manipulation and bullying. This book provides information to motivate change and gives strategies to make it happen. Guidelines for a teacher/staff workshop, classroom activities, parent workshop, handouts, small-group counseling sessions, and individual counseling activities included. 214 pgs.



ITEM NO. 84-086 \$36.95



ITEM NO.  
86-447  
\$79.95

## Rumors, Gossip, and Teasing: It Hurts DVD

GRADES 3-6

Three vignettes depict how rumors, gossip, teasing, taunting, and bullying can hurt. The aggressor in each case is someone who doesn't recognize that he/she crossed a line. Each scenario is followed by questions that provide discussion opportunities. Ways to avoid being the victim or the aggressor are also presented. Includes a digital workbook on CD. 15 min.



ITEM NO.  
86-451  
\$79.95

## My Digital Life DVD

GRADES 6-12

This DVD explores the perils and possibilities of the digital world. It addresses issues of privacy and the digital footprint, misguided notions about multitasking and learning, and the value of being wired versus unplugged. Experts and adolescents offer powerful strategies to effectively navigate a rapidly growing and ever-changing digital world. 28 min.



ITEM NO.  
85-499  
\$99.95

## Think b4 u Post DVD

GRADES 9-12

This engaging video encourages teens to be smart users of social networking sites. In a playful yet straightforward manner, young people learn how to protect their digital reputations and personal information. Everything from "spoofing" and "phishing" to cyberbullying and data mining are examined. Other valuable tips will help teens avoid being careless and clueless online. 20 min.



ITEM NO.  
86-438  
\$79.95

## Sexting: Sex Plus Text Equals Trouble DVD

GRADES 7-12

This DVD uses students in scenarios to demonstrate the threat of "sending" suggestive or sexually explicit photographs, messages, and videos. Follow students through a variety of situations, from careless fun to cyberbullying, including their painful consequences. Enclosed CD includes a digital workbook. 30 min., public performance rights.



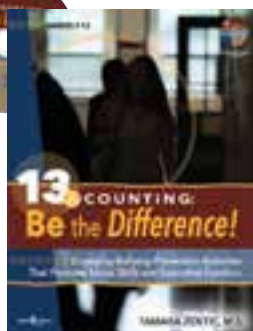
## 13 & Counting: Be the Difference!

GRADES 7-12  
Tamara Zentic, MS

This book includes two-dozen lesson plans that are teacher-tested and skill-focused! The lessons do more than help students learn how to handle bullying, teasing, and other difficult social interactions, they also strengthen executive functioning. Students learn how to build better friendships, become more socially mature, and discover who they really are while exploring concepts such as tolerance, inclusion, and self-confidence.

Included are tips to help you get the most out of each lesson and ideas on how to flip your classroom. Includes CD with printable PDFs. 97 pgs.

ITEM NO. 53-001 \$22.95

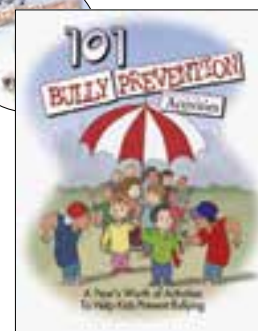


## 101 Bully Prevention Activities

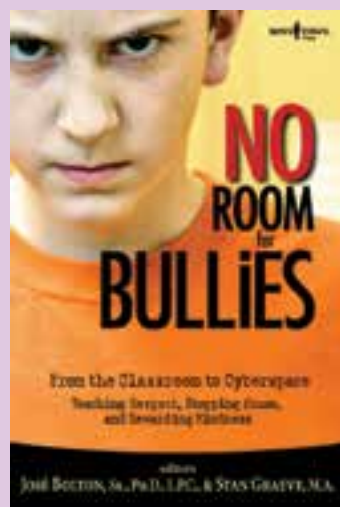
GRADES K-8

Students engage in writing, art-work, internet research, games, group discussion, charting, and graphing to examine issues like bullies, bystanders, victims, hazing, cyberbullying, gossip and emotional, physical, and verbal bullying. Students are also asked how they would cultivate a bully-free classroom and school.

100 pgs. with CD



ITEM NO. 84-008 \$49.95



## No Room for Bullies

From the Classroom to Cyberspace  
GRADES 5-12

Editors: José Bolton, Sr., PhD, LPC, Stan Graeve, MA

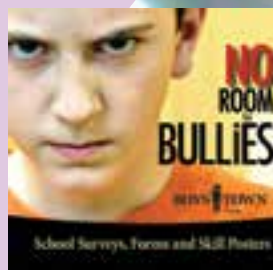
This book offers teachers and school administrators advice on how to create and enforce classroom rules that give students a sense of safety. Ideas on how to minimize bullying during passing periods and in common areas like restrooms, hallways, and cafeterias are included.

Parents will find helpful strategies on what to do and how best to work with the school when a child is the victim, the bully, or the bystander, as well as how to protect their child from the dangers of online bullying. 217 pgs.

ITEM NO.  
48-008  
\$14.95



» Online Training Available!  
Visit [BoysTownTraining.org](http://BoysTownTraining.org)



## No Room for Bullies: School Surveys, Forms, and Skill Posters CD

Included on this CD are surveys for students, staff, and parents to assess the bullying climate in school, 18 skill posters for younger students, worksheets, a lesson plan, role-play scenarios, and ideas for class meetings.

ITEM NO. 48-331 \$14.95

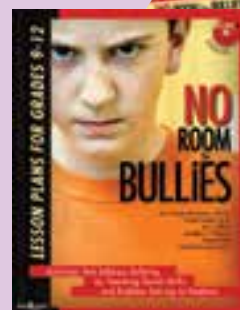
## No Room for Bullies: Lesson Plans

Kim Yeutter-Brammer, MBA, Susan Lamke, MS, et al.

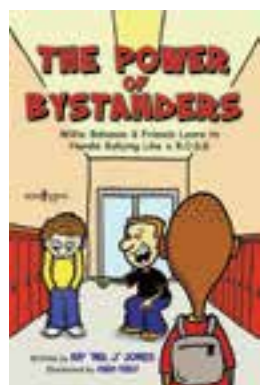
In these pages, classroom teachers, counselors, coaches, and administrators will find practical, easy-to-use lesson plans to empower students with the knowledge and skills they need to handle bullying situations. Lessons include how to identify the players (bullies, bystanders, and victims), how to respond to bullying in common areas (hallways and parking lots) and at school events (dances and athletic contests), and how to use social skills to change behaviors and attitudes. Quick tips on dealing with bullying problems are included for educators and others who work with kids, along with a CD with reproducible worksheets, handouts, and social skill posters. 112 pgs.



GRADES 5-8  
ITEM NO. 48-014 \$21.95



GRADES 9-12  
ITEM NO. 48-016 \$21.95



## The Power of Bystanders

GRADES 3-8

Kip Jones, Illustrated by Chad Isely

Willie Bohanon's longtime friend Stewart is being bullied by a new student. But Willie and his friends just aren't sure how to help him. Fortunately, with help from custodian Mr. Daryl, counselor Mr. Jones, and Principal Hammontree, they learn how to handle bullying like a B.O.S.S. (Bystanders hold the key; Open your mouth; Stand up for others; Stick together).

This *Urban Character Education* series story presents strategies to help kids learn how bystanders can stop bullying. 40 pgs.

ITEM NO. 54-003 \$10.95



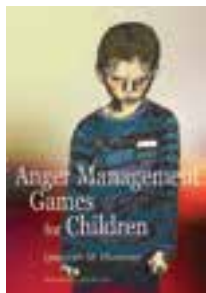
**Downloadable Activities and Games**  
Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. E-54-004 \$20.95

## Anger Management Games for Children

GRADES K-6  
Deborah M. Plummer

This practical handbook helps adults understand and manage children's anger. Using easy-to-learn games, active and passive, verbal and non-verbal, and for different-sized groups, it fosters successful anger management strategies for children ages 5-12. Encourages children to use their imaginations and express emotions in healthy ways. 159 pgs.

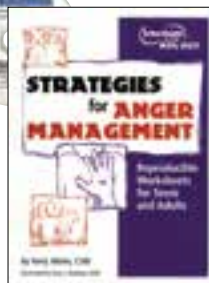


ITEM NO. 84-071 \$29.95

## Strategies for Anger Management

GRADES 6-12  
Kerry Moles, CSW

This is the tool educators and healthcare professionals need to help teens and adults learn how to cope with anger in healthier ways. Content is broken into three sections: Understanding Anger, Interventions for Anger Management, and Conflict Resolution. Each topic has reproducible worksheets (also on CD) and Facilitator's Information with suggestions for use. 86 pgs.

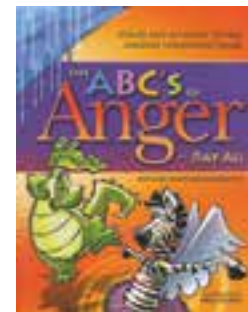


ITEM NO. 85-131 \$49.95

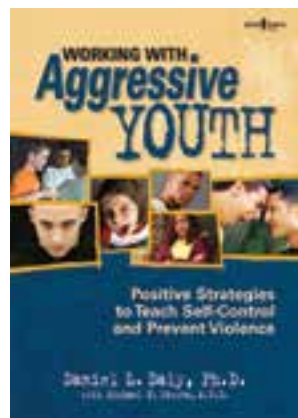
## The ABC's of Anger

GRADES K-6  
Ray Ali

Stories, drawings, creative activities, and discussion starters help children identify the underlying reasons for feelings of anger and frustration, develop ways of managing anger constructively, and learn coping skills and other effective ways of dealing with those feelings. 63 pgs.



ITEM NO. 84-026 \$19.95



## Working with Aggressive Youth

Positive Strategies to Teach Self-Control and Prevent Violence  
GRADES 5-12  
Daniel L. Daly, PhD,  
with Michael N. Sterba, MHD

Angry, aggressive, or violent youth threaten the well-being of themselves, other children, and caregivers. They may need medication and therapy to treat their problems, but they also must learn how to control negative thoughts and emotions. The authors offer effective short- and long-term ideas and strategies for defusing aggression in youth based on the approach and proven teaching methods developed in the Boys Town Model®. Sample Treatment Plans from a variety of settings help

ITEM NO. 45-017 \$19.95

caregivers see how intervention strategies can be developed for aggressive youth and used in different environments. Included is a social skills chart that can be used as an easy reference guide by caregivers as they teach new pro-social skills to replace old behaviors. 225 pgs.



## Soda Pop Head

GRADES K-6  
Julia Cook

His real name is Lester, but everyone calls him "Soda Pop Head." When things seem unfair to Lester, his ears get hot, his face turns red, and he blows his top! Lester's dad comes to his rescue by teaching him a few techniques to "loosen the top" and cool down before his fizz takes control and he explodes. This clever, funny story shows K-6 kids

ITEM NO. 87-091 \$9.95

how to control their anger while helping them manage stressful situations. 32 pgs.

## Activity Book

Brainstorming, writing, and art activities help children learn to identify their anger and release it in healthy ways. 24 pgs.

ITEM NO. 84-070 \$9.95

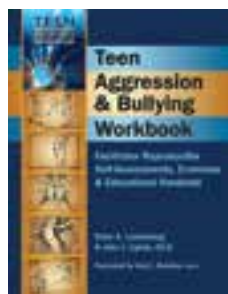


ITEM NO.  
86-033  
\$17.95

## Mindfulness for Teen Anger

GRADES 7-12  
Mark C. Purcell, MED, PsyD,  
Jason R. Murphy, MA

Using effective mindfulness-based stress reduction (MBSR) and dialectical behavioral therapy (DBT), this workbook will show teens the difference between healthy and unhealthy forms of anger. Teens learn how to stop overreacting, find emotional balance, and be more aware of their thoughts and feelings. 136 pgs.

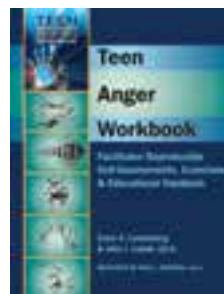


ITEM NO.  
84-047  
\$49.95

## Teen Aggression & Bullying Workbook

GRADES 7-12  
Ester A. Leutenberg, John J. Liptak, EdD

This workbook helps teens examine thoughts and feelings that lead to aggression and learn effective tools and techniques for managing these feelings. Adolescents explore the reasons they may act violently toward other people, identify the extent of their exposure to environmental violence, and develop strategies to become more resilient. 115 pgs.



ITEM NO.  
84-048  
\$49.95

## Teen Anger Workbook

GRADES 7-12  
Ester A. Leutenberg, John J. Liptak, EdD

A workbook using self-assessment tools and journaling to help teens better manage their feelings of anger. Exercises assist teens in identifying how prone they are to anger, how strong those feelings are, how they express anger, and the adverse effects uncontrolled anger has had on their relationships and life. Techniques to control anger are included. 111 pgs.



ITEM NO.  
84-060  
\$49.95

## Teen Conflict Management Skills Workbook

GRADES 7-12  
Ester A. Leutenberg, John J. Liptak, EdD

The assessment instruments, activity handouts, role plays, and reflective questions in this workbook can be used by professionals to help teens gain insight into what motivates their behavior, identify strengths and weaknesses, focus their thinking on behavioral change, and learn to "let go" of troublesome habits and behavioral patterns. 124 pgs.



## Emotional Intelligence Workbooks for Teenagers

GRADES 7-12

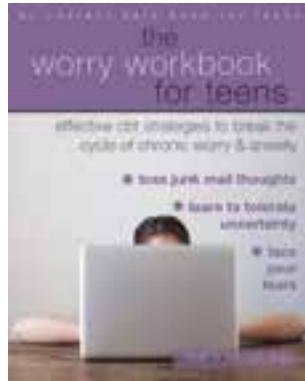
Written by experienced clinicians, these workbooks include dozens of activities that can be used in individual or group counseling sessions. Some have a CD that includes a complete workbook's content.

### The Worry Workbook for Teens

Jamie A. Micco, PhD

Worried about school, tests, making new friends or even about what the future holds? The teen years are full of big changes, and it's normal to worry sometimes. But if you have chronic, difficult-to-control worries, you may have trouble sleeping and paying attention. You might even experience physical symptoms like stomachaches and headaches.

With this book, you'll uncover the real reasons you worry all the time, stop unhelpful "junk mail" thoughts from taking over, challenge your worries, face your fears and—most importantly—reach your goals! 148 pgs.



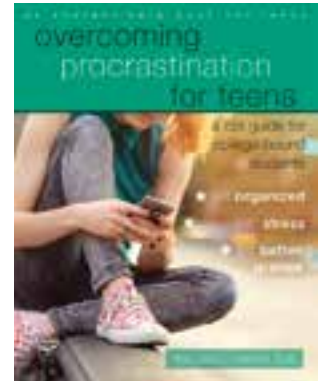
ITEM NO. 86-050 \$16.95

### Overcoming Procrastination for Teens

William J. Knaus, EdD

If you're someone who procrastinates, you know your delays can have a negative impact on your life—especially when it comes to grades and preparing for the future.

This practical, research-supported workbook will help you understand the habit of procrastination, reduce it and increase your ability to get things done. Using tips and tools based in Cognitive Behavior Therapy, you'll learn how to address unfounded fears, improve self-perception, manage your time and feelings of boredom or indifference, and increase critical-thinking abilities and organizational skills. 134 pgs.



ITEM NO. 86-051 \$16.95

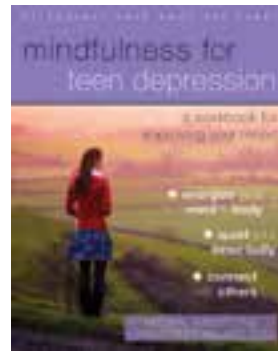


ITEM NO. 86-043 \$16.95

### The Think Confident, Be Confident Workbook for Teens

Leslie Sokol, PhD, Marci G. Fox, PhD, Aaron T. Beck, MD

Self-confidence shapes the way you see the world. When you have healthy self-esteem, it helps you move through life and boosts your resilience against stress. On the other hand, negative thinking has negative consequences: low self-esteem and self-doubt can hold you back and lead to increased risk of anxiety, depression, and self-destructive behaviors. This book will help you recognize, rethink, and replace self-doubt, enabling you to transform your negative self-image. 224 pgs.

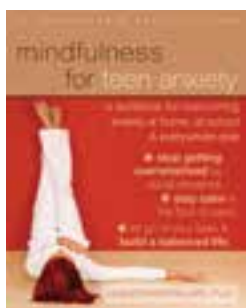


ITEM NO. 86-041 \$16.95

### Mindfulness for Teen Depression

Mitch R. Abblett, PhD, Christopher Willard, PsyD

Depression can make it seem like you're viewing the world through dark or distorted glasses. With this powerful workbook, teens will learn effective skills based in mindfulness and positive psychology to help them manage difficult emotions, gain distance from negative thoughts, and enhance their awareness of the present moment. Included are activities and exercises to empower teens to feel better, more energized, and start reaching for their goals—one step at a time. 132 pgs.



### Mindfulness for Teen Anxiety

Christopher Willard, PsyD

Proven practices to cope with anxious feelings, identify common triggers, learn valuable time-management skills, and feel calmer. It also includes special breathing exercises to stay calm, guided visualization exercises to help overcome feelings of anxiety, and tips for dealing with specific situations that cause anxiety. 155 pgs.

ITEM NO. 86-035 \$17.95



### Don't Let Your Emotions Run Your Life for Teens

Sheri Van Dijk, MSW

Activities based on dialectical behavior therapy to help teens who have a hard time handling intense emotions. Teaches youth to effectively manage out-of-control emotions, stay calm in difficult situations, and get along with family and friends. 151 pgs.

ITEM NO. 86-028 \$17.95

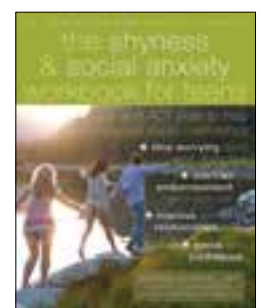


### The Executive Functioning Workbook for Teens

Sharon A. Hansen, MSE, NBCT

Are you disorganized, chronically late, forgetful, or impulsive? If so, you may have executive functioning disorder (EFD). Fortunately, you can learn to stop procrastinating and start meeting your deadlines. This workbook has fun activities to help you turn positive thinking into action, enhance your memory, and successfully organize and plan. 125 pgs.

ITEM NO. 86-031 \$17.95



### The Shyness & Social Anxiety Workbook for Teens

Jennifer Shannon, LMFT

Teens learn to handle awkward social situations with grace and confidence. Skills will help teens stop worrying about what others think, improve relationships, speak with confidence, and not let embarrassment get in their way. 124 pgs.

ITEM NO. 86-037 \$17.95

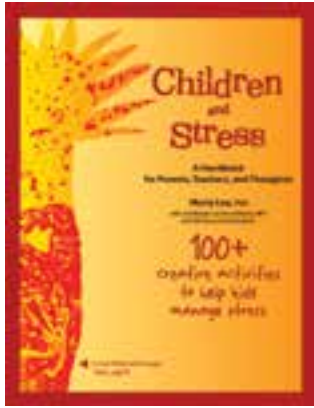


## The Stress Reduction Workbook for Teens

Gina M. Biegel, MA, LMFT

Using exercises to teach “mindfulness” – being aware of thoughts and feelings in the present moment – this workbook helps youth to stop worrying about what might happen and focus on what they can control. 128 pgs.

ITEM NO. 86-026 \$16.95

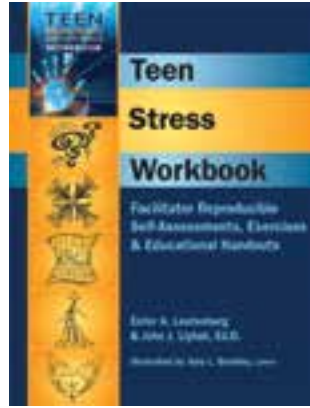


## Children and Stress

GRADES K-6  
Marty Loy, PhD

More than 100 creative activities help children gain control over their stress by adopting healthy coping strategies, learning new stress-management skills, and valuing the benefits of relaxation. Each fun activity is a complete lesson plan providing all you need to conduct the activity and hold follow-up discussions. 152 pgs.

ITEM NO. 84-051 \$39.95



## Teen Stress Workbook

GRADES 7-12  
Ester A. Leutenberg,  
John J. Liptak, EdD

This workbook helps teens examine the sources of stress in their lives, know the emotional, behavioral, and physical signs of stress, identify ways to build resiliency, and build coping skills. Can be used independently or as part of an integrated curriculum. All handouts and materials are reproducible. 120 pgs.

ITEM NO. 84-061 \$49.95



## A Flicker of Hope

GRADES K-6  
Jullia Cook, Illustrated by MacKenzie Haley

Little Candle's flame has gone from bright and strong to just a flicker. Bad grades and being teased by classmates makes her want to give up. But, as Little Candle is reminded, she has purpose and her own unique gifts, and her dim light begins to shine brighter. This creative story reminds children that dark clouds can be temporary and asking for help is always okay. 32 pgs.

ITEM NO. 97-025 \$9.95



## Wilma Jean, the Worry Machine

GRADES K-6  
Julia Cook, Illustrated by Anita DuFalla

Wilma Jean worries about everything – missing the bus, doing a math problem wrong, having friends to play with, and getting carrots in her school lunch! Wilma Jean's teacher helps her figure out what worries she can control and those she can't, and what to do about both. 32 pgs.

ITEM NO. 87-094 \$9.95



## Activity Book

Help kids learn which worries they have control over and how to deal with them. 24 pgs.

ITEM NO. 84-069 \$9.95

## When I Couldn't Get Over It, I Learned to Start Acting Differently

GRADES K-6  
Bryan Smith

When things go wrong at school or home, Kyle can't shake it off and move on. With the help of a kind teacher, Kyle eventually learns how to recognize and manage his sadness by reframing his attitude and learning how to Start Acting Differently.

Through this story, author Bryan Smith gives readers tools to manage and work through their feelings of sadness. Special tips for parents and educators included. 32 pgs.



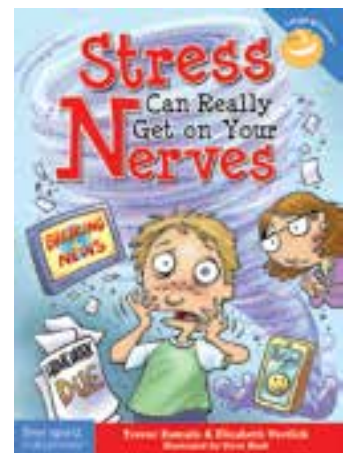
ITEM NO. 56-012 \$10.95

Downloadable Activities  
See page 7.

## Stress Can Really Get on Your Nerves

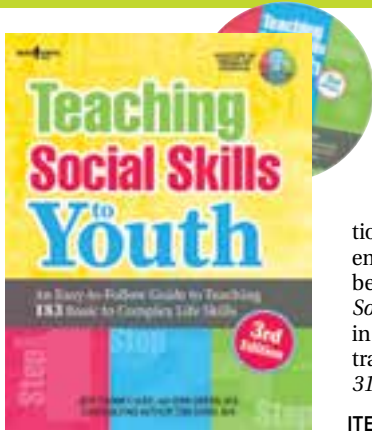
GRADES 3-8  
Trevor Romain and Elizabeth Verdick

Stress can make you feel anxious, awful and afraid. When kids show signs of stress, they need stress-management tools that work. With jokes, fun illustrations and plenty of authentic examples, this book helps kids understand what stress is – and gives tons of tips to cope. Revised to address modern stressors like electronic devices and social media, this updated classic helps kids deal with stress like a seasoned panic mechanic. 104 pgs.



ITEM NO. 97-023 \$9.95





## Teaching Social Skills to Youth, 3rd Ed.

Jeff Tierney, MEd, Erin Green, MS

New updates to this classic guide to teaching 183 social skills include helping youth generalize the use of individual skills to varied social situations, embracing a multi-tiered approach to social and emotional learning, and understanding the relationship between social skills and executive function. *Teaching Social Skills to Youth* is a must-read for anyone working in classrooms, counseling and therapy sessions, and job training programs.

312 pgs.

ITEM NO. 45-020 \$35.95

Downloadable lessons and activities to match the character traits you want to teach your Pre K-12 students!

## Downloadable Individual Lessons and Activities

PRE K-12

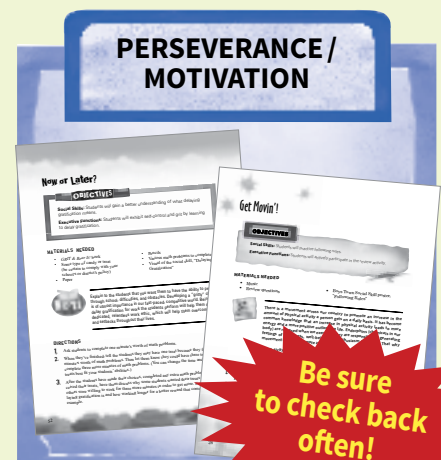
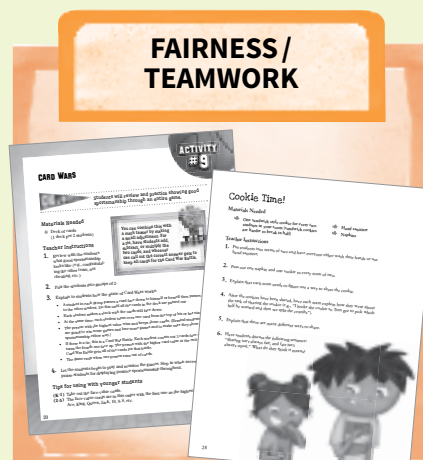
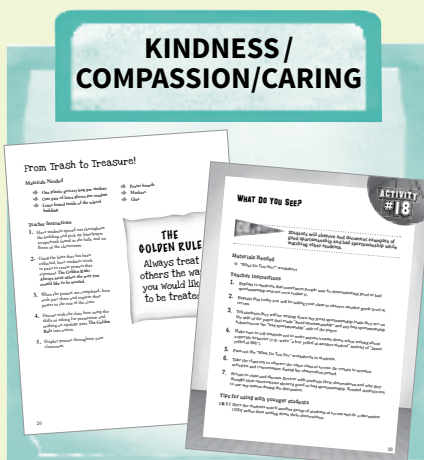
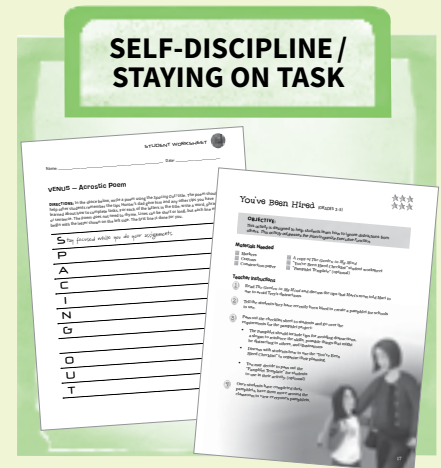
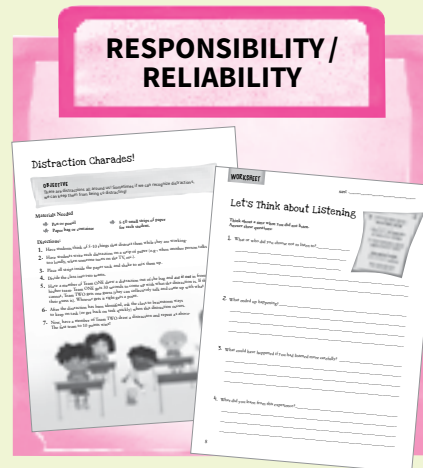
Looking for a creative new way to engage your students? Boys Town Press has hundreds of fun activities to teach social-emotional skills to kids.

To provide flexibility and just-in-time solutions to meet your needs, we have separated them and made them available at a great value to you! These ready-to-use activities will help you reinforce important character traits and social skills.

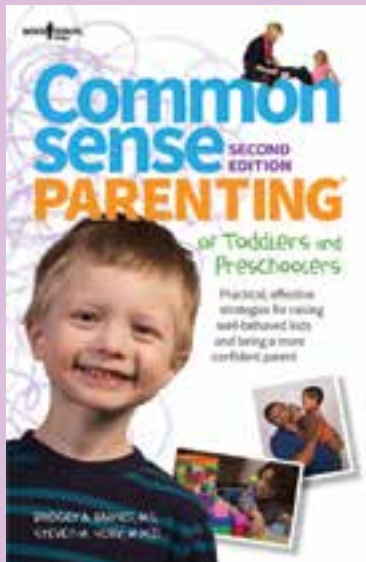
Go to [boystownpress.org/individual-activities](http://boystownpress.org/individual-activities) to browse our vast selection of professionally designed activities for educators, counselors, and parents.

NEW

Go to [BoysTownPress.org/individual-activities](http://BoysTownPress.org/individual-activities)  
Individual activities range from \$.99 to \$2.99.



Be sure to check back often!



ITEM NO. 39-025 \$15.95

## Common Sense Parenting® of Toddlers and Preschoolers, 2<sup>nd</sup> Ed.

Bridget A. Barnes, MS, Steven M. York, MHD

Establishing a positive relationship with your child when she or he is young is made much easier when parents learn how discipline can be more about teaching than punishment, and more positive than negative for parents and their children.

Includes parenting skills with clear explanations for how and why to use these steps with children:

- Set reasonable expectations based on your child's age, development, and abilities.
- Give your child the nurturing, love, and praise he or she needs to thrive.
- Use a parent's version of "show and tell" to both prevent problems and correct misbehavior.
- Create plans for staying calm – for you and your child. 280 pgs.

» Training Available!  
See page 46.

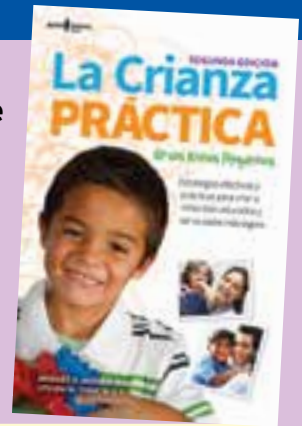
Available in Spanish, too!

## La Crianza Práctica de los Niños Pequeños

Bridget A. Barnes, MS  
Steven M. York, MHD

All of the winning strategies and successful teaching techniques that made the English-language edition so popular are included. 270 pgs.

ITEM NO. 39-026 \$15.95



## Parent Skill Cards

Wallet-sized Parent Skill Cards reinforce how to use Effective Praise, Corrective Teaching, Preventive Teaching, and Teaching Self-Control.

ITEM NO. 39-316 (English)

ITEM NO. 39-307 (Spanish)

1-49 25¢ each | 50 or more 20¢ each



ITEM NO. 39-016 \$10.95

Available in Spanish  
ITEM NO. 88-031 \$10.95  
(See page 44.)

discusses the pros and cons of ignoring nighttime crying by infants and toddlers, the importance of pre-bedtime rituals, the "robotic return" to bed of a wandering child, and the potent power of a "bedtime pass." 151 pgs.

## Good Night, Sweet Dreams, I Love You: Now Get into Bed and Go to Sleep!

Patrick C. Friman, PhD

With humor and empathy, child psychologist Dr. Patrick Friman outlines the problems related to bedtime for children from infancy through middle and high school, and gives you advice and tips on how to handle them.



ITEM NO.

39-326

\$19.95

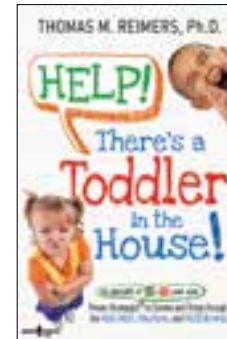
## Common Sense Parenting of Toddlers and Preschoolers Audio Book

Bridget A. Barnes, MS, Steven M. York, MHD

A professional narrator explains how to calm temper tantrums, use time-out effectively, and teach your toddler better ways of behaving. The audio book explains the developmental milestones to watch for in young children so parents can set reasonable expectations for their behavior. Abridged version; 3 hrs., 40 min.

"...a voice of clarity during the oftentimes hectic job of raising young children."

– The National Parenting Center



ITEM NO. 39-021 \$14.95



## Help! There's a Toddler in the House!

Thomas M. Reimers, PhD

Parents learn how to cope with and correct many of the most common behavioral problems that little ones demonstrate: hitting, kicking, pinching and biting; throwing tantrums for attention; refusing to sleep at bedtime; and ignoring

instructions. Each chapter examines a specific problem and describes practical strategies to rein in, correct, and prevent it. Also included are special chapters on how to use time-out correctly and potty train a toddler. 260 pgs.



ITEM NO.

97-002

\$9.95

## Ricky Sticky Fingers GRADES K-6

Julia Cook

Ricky just can't help himself. When he really, really wants something, he steals it. It's all fun and consequence-free until Ricky's bike disappears. Losing his own prized possession helps Ricky realize how much his sticky fingers have hurt others, and now it's time for him to make things right. 32 pgs.



ITEM NO.

87-090

\$9.95

## Grief is Like a Snowflake

GRADES K-6

Julia Cook

After the death of his father, Little Tree begins to learn how to cope with his grief and start the healing process. With help and support, Little Tree discovers what is really important in life and that his father's memory will live on. 32 pgs.



## What Every Parent Should Know

Concise and easy-to-read, this 24-page booklet outlines the warning signs of kids who abuse drugs and alcohol, feel depressed or suicidal, are overly influenced by peers, confused about sex, and more.

ITEM NO. 81-217

ITEM NO. 81-218 (Spanish)

1-49 copies \$1.00 each  
50-99 copies 75¢ each  
100+ copies 65¢ each





ITEM NO. 39-027 \$15.95

» Training Available!  
See page 46.

### Common Sense Parenting®, 4th Ed.

Ray Burke, PhD, Ron Herron, Bridget A. Barnes, MS

Offers parents of children ages 6-16 a menu of proven techniques to use when facing family challenges: a teen who's defiant; siblings who constantly bicker; a child having trouble in school; and parents and kids who don't communicate or have fun together anymore. Provides step-by-step advice that will help parents build good family relationships, prevent and correct misbehavior, use consequences to improve behavior, teach self-control, and stay calm. As each new parenting technique is introduced, the authors explain each step, provide many clear examples, and give you an action plan for implementing it in your home. Also addressed are topics of special interest – how to deal with school problems, computer misuse, and internet and social media dangers. 377 pgs.



### La Crianza Práctica de los Hijos

Ray Burke, PhD, Ron Herron and Bridget A. Barnes, MS

Common Sense Parenting® in Spanish. Instructs parents on how to help their children develop into strong, mature people through techniques and strategies that have been proven successful. 365 pgs.

ITEM NO. 39-028 \$15.95

### Parent Skill Cards

Wallet-sized Parent Skill Cards reinforce how to use Effective Praise, Corrective Teaching, Preventive Teaching, and Teaching Self-Control.



ITEM NO. 39-301 (English)

ITEM NO. 39-306 (Spanish)

1-49 25¢ each

50 or more 20¢ each



ITEM NO. 39-325 \$19.95

### Common Sense Parenting®, 3rd Ed. Audio Book

Ray Burke, PhD, Ron Herron, Bridget A. Barnes, MS

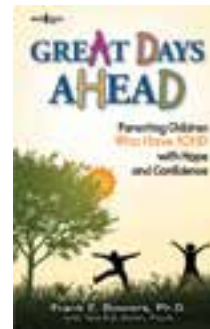
Learn to build better relationships with your children, prevent and correct misbehavior, give consequences to change behavior, and help your children learn to control their emotions and solve problems. For parents of children ages 6 to 16. Abridged version; 5 discs; 5 hrs., 27 min.


ITEM NO.  
39-023  
\$13.95


### Show Me Your Mad Face

Teaching Children to Feel Angry without Losing Control  
Connie J. Schnoes, PhD

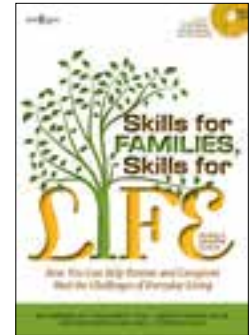
Reminds parents that anger is a normal emotion and there are appropriate ways for children to control and express that emotion. Also helps parents understand a child who is often angry and how to teach him or her to stop using angry and aggressive behaviors. Advice on when to seek professional help for a child who is frequently angry is included. 222 pgs.


ITEM NO.  
39-022  
\$13.95


### Great Days Ahead

Frank E. Bowers, PhD, with Tara R.S. Borsh, PsyD

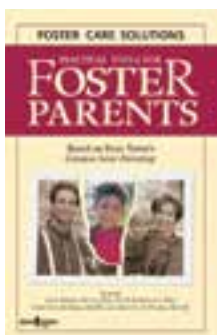
With a father's insight and a clinician's knowledge, Dr. Bowers examines the challenges a child with ADHD presents and offers parents workable, effective ways of handling behavior problems. He reminds parents that, despite the diagnosis, children need to be held responsible for their actions, and he suggests how to use positive discipline strategies to help them learn better behavior. 147 pgs.


ITEM NO.  
63-008  
\$21.95

### Skills for Families, Skills for Life, 2nd Ed.

Amy Simpson, MA, Paula Kohrt, MED et al.

This book can help family practitioners and other professionals incorporate the teaching of life skills into the assessment of, and treatment planning for, the high-risk families they work with. More than 130 basic to complex skills in 13 caregiving areas are outlined in step-by-step detail. Downloadable skill sheets available at BoysTownPress.org. 160 pgs.



### Practical Tools for Foster Parents

Editors: Lana Temple-Plotz, MS, et al.

Foster parents will find effective, research-based solutions for building a warm, trusting relationship with a foster child, working with the foster child's parents who may be uncooperative or even hostile, and creating a safe environment. Includes instructions on how to teach skills such as "Staying Calm," "Making Good Decisions," and more. 309 pgs.

ITEM NO. 63-007 \$14.95



ITEM NO. 97-011 \$9.95

### Lying Up a Storm

GRADES K-6  
Julia Cook

Whenever Levi doesn't like the truth, he kinda, sorta makes up other stuff to say. A great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more. Helps parents and teachers understand that lying can be a normal response for a child and offers tools to help guide children toward truthfulness. 32 pgs.

## Common Sense Parenting Skills on DVD!

The Common Sense Parenting® Program at Boys Town

All of these DVDs feature scenes that demonstrate how to use Common Sense Parenting techniques. Commentary and advice from Boys Town parenting experts, as well as graphics and music, engage and inform moms and dads who want to improve their parenting skills, their relationship with their child, and their child's behavior.

**SAVE \$25**

**Buy all six DVDs  
and SAVE \$25!**

ITEM NO. 39-513 \$214.70



### Building Relationships

Love, trust, and good feelings between parent and child are like a bank account you can draw on when you must discipline or correct a child's misbehavior. The more positive your relationship is, the more likely it is that your child will

ITEM NO. 39-427-D  
\$39.95

listen to you and try harder to please you. This DVD explores several ways to build a better relationship: Catch your children being good and reward them with your praise and attention. Hold short but regular family meetings and have fun with them. *28 min.*



### Teaching Children Self-Control

What's a parent to do when a child blows up, throws a temper tantrum, or freezes you out with the uncooperative, silent treatment? Teaching children how to stay in control when they are frustrated or angry is a difficult parenting challenge. This DVD

ITEM NO. 39-428-D  
\$39.95

gives you the tools to handle emotionally intense situations with your child. Learning how to stay calm yourself is the first step you must take when facing an upset child. Then the video demonstrates how you can calm the child down. *28 min.*



### Preventing Problem Behavior

Sometimes kids have no idea how to handle new situations, such as making a new friend. Or, they may repeatedly struggle with familiar, but problem situations, such as whining when asked to do a chore or to share a toy.

ITEM NO. 39-429-D  
\$39.95

The key to preventing problems is teaching *before* a potential problem situation occurs. Preparing children by helping them learn social and life skills not only helps prevent disruptive behavior but can also save them from experiencing awkward or embarrassing situations. *28 min.*



### Correcting Misbehavior

When children misbehave, do you find yourself yelling, issuing threats, or even giving up if the negative behavior continues? This DVD can show you how to stop misbehavior and turn the problem situation into an opportunity to teach

ITEM NO. 39-430-D  
\$39.95

your child a better way to behave. The Common Sense Parenting® technique of Corrective Teaching stops negative behavior, delivers a consequence, and teaches children a positive, alternative behavior. *30 min.*



### Teaching Kids to Make Good Decisions

Children often make decisions on the spur of the moment and don't look ahead to see how that decision could impact them later. Or, they see solutions to problems as all or nothing.

ITEM NO. 39-431-D  
\$39.95

Discover how to teach children a structured way of looking at a problem by making decisions based on sound reasoning – even when you are not there to guide them. This process helps children describe a situation, consider what options they have and, finally, choose a solution. *29 min.*



### Helping Kids Succeed in School

This DVD shows what parents can do at home and in partnership with the school to help improve children's academic performance and school behavior.

ITEM NO. 39-432-D  
\$39.95

It gives you tips on what you can do to help children improve their behavior, follow the school's code of conduct, and meet teachers' expectations. It outlines behaviors you can teach your child at home that will serve him or her well in the classroom, too. *26 min.*

### Raising Children without Losing Your Voice or Your Mind

On this DVD, child psychologist Dr. Pat Friman reveals 10 truths or "laws" that all parents should understand and follow if they want to raise happier, better-behaved children. They include:

- **When children are disciplined, they are the ones who should be upset** – why getting angry or raising your voice when children misbehave rarely works.
- **The devil lurks in unfilled time** – keeping children busy can keep them out of a lot of trouble.

Using stories and humor to explain the behavioral science behind his recommended parenting techniques, Dr. Friman gives a presentation that will entertain as well as educate parents and other caregivers seeking better ways of raising children, from toddlers to teens. *1 hr., 40 min.*



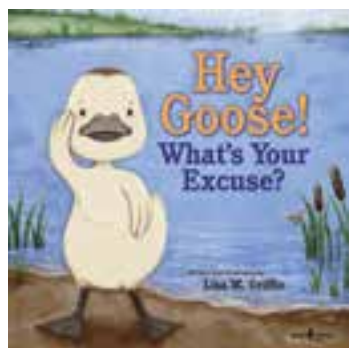
ITEM NO. 39-433  
\$29.95

ITEM NO. 45-401  
\$29.95

### Adolescence and Other Temporary Mental Disorders

With plenty of laugh-out-loud examples, Dr. Pat Friman explains how "insane" behavior on the part of teens is actually normal. Dr. Friman tells viewers which behaviors to address and how, and which behaviors should simply be ignored as teen "insanity" that will be outgrown. His presentation speaks directly to parents, caregivers, and educators who are looking to better understand and deal with the craziness of adolescence. Patrick C. Friman, PhD, is Director of Clinical Services at Boys Town where he and his staff counsel hundreds of youth and families each year. *1 hr., 15 min.*





## Hey Goose! What's Your Excuse?

GRADES PRE K-4

Lisa M. Griffin

When Boone's momma and siblings swim off to the opposite shore, he won't follow. Soon enough, Boone's curiosity grows bigger than his fears. Slowly he paddles away from his safe space, taking readers on a journey that reveals why leaving your comfort zone can lead to exciting and unexpected places. 32 pgs.

ITEM NO. 61-001 \$10.95

**Downloadable Activities**  
See page 6.



## Jumping into Kindergarten

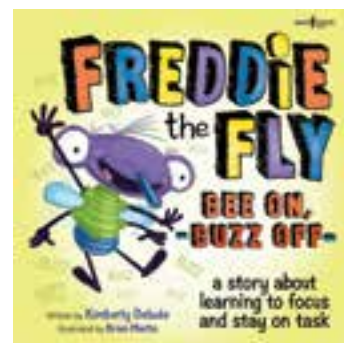
GRADES PRE K-1

Julia Cook, Laura Jana, MD

In this engaging story, Roo figures out how to use and apply his amazing "QI" skills. With his backpack of "super cool" skills and a head full of questions, Roo is eager to jump into kindergarten... young readers will be, too!

Starting kindergarten is a major milestone in the lives of young children (and their parents!). While exciting, this step can lead to nervous anticipation for everyone involved. Parents and educators can use this story to lessen children's anxiety and teach lifelong learning skills. 32 pgs.

ITEM NO. 97-022 \$9.95



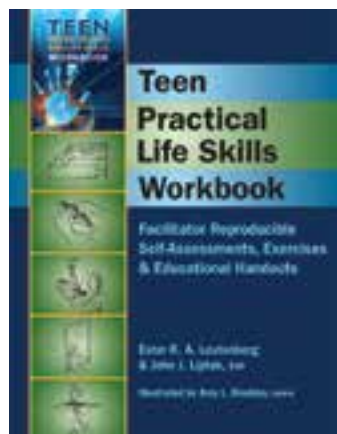
## Freddie the Fly: Bee On, Buzz Off

A story about learning to focus and stay on task  
GRADES PRE K-5

Kimberly Delude, Illustrated by Brian Martin

Freddie whirls around to and fro, buzzing from one distraction to another. Is it any wonder he forgets his lunch, fails his spelling test and leaves the house semi-dressed? His lack of concentration causes a real fright when he finds himself lost and alone at the zoo. Will that be the scare Freddie needs to finally take action and turn his BEE on and his BUZZ off? Readers will love finding the answers in this delightfully insightful tale. 32 pgs.

**Downloadable Activities**  
See page 2.



## Teen Practical Life Skills Workbook

GRADES 7-12

Ester R. A. Leutenberg,  
John J. Liptak, EdD

Effective, practical life skills can help teens take charge and manage their lives in an increasingly complex society. In this book, teens learn more about themselves by completing assessments and activities that cover five sections: problem solving, time management, self-awareness, money management, and managing change. 120 pgs.

ITEM NO. 84-080 \$49.95



## Social Skills Comics for Teens

GRADES 7-12

Elizabeth Bennett

Teens can learn conversation, friendship, empathy, and group skills by using the photo-based comics in this book. Social situations are captured in wrong and right scenarios and prompt teens to take a close look at body language and non-verbal cues. Interactive activities encourage teens to apply the behavioral information in their own lives. 108 pgs.

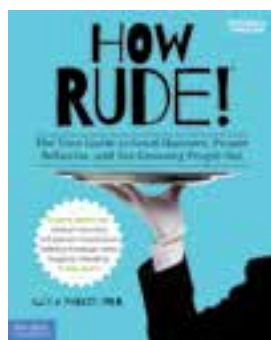
ITEM NO. 84-057 \$29.95

## How Rude!

GRADES 7-12

Alex J. Packer, PhD

Packed with outrageous humor and sound advice, this book explains why manners and etiquette are important – because people who know how to handle themselves in social situations, get what they want, feel good about themselves, and enjoy life to the fullest. Full of practical tips and hundreds of Q & As that cover everything from texting to tweeting, dating to breaking up, ethnic jokes to rude posts, thank-you notes to table manners. 504 pgs.



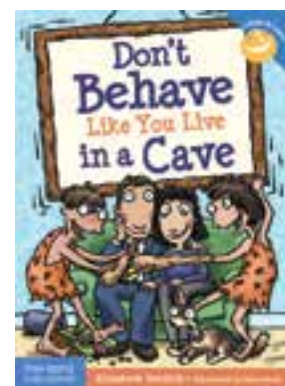
ITEM NO. 86-036 \$23.99

## Don't Behave Like You Live in a Cave

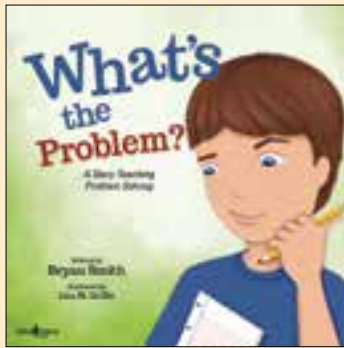
GRADES 2-7

Elizabeth Verdick

Better behavior isn't just about making adults happy; it means self-control, awareness and a positive outlook, so things go better for kids. Lighthearted, yet supportive and frank, this book helps readers ages 8-13 learn to make thoughtful, deliberate, positive behavior decisions at home and in school. Addresses big and small behavior issues, from blurting out in class to fighting. 120 pgs.



ITEM NO. 87-079 \$9.99



ITEM NO. 56-016 \$10.95

### Five Downloadable Activities

Go to [BoysTownPress.org](http://BoysTownPress.org).

ITEM NO. DA-56-016 \$5.00

## What's the Problem?

A Story Teaching Problem Solving  
GRADES K-6

Bryan Smith, Illustrated by  
Lisa M. Griffin

The characters in this fast-paced story face conundrums that make each of them consider solutions that are inappropriate, ill-advised or irresponsible. Fortunately, a tried-and-true strategy for solving problems keeps everyone safe and satisfied. This story introduces and encourages readers to use SODAS (Situation, Options, Disadvantages, Advantages, and Solution) as a way to logically and thoughtfully figure out how to solve any problem. 32 pgs.

NEW



ITEM NO. 56-011 \$10.95



## Of Course It's a Big Deal!

A Story about Learning to React  
Calmly and Appropriately  
GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

What was supposed to be a carefree afternoon of go-cart racing quickly turns sour when Braden shouts and pouts about the rules. Hearing his parents say the rules are the rules only makes him madder and more meltdowns follow! Between his hysterics over homework and an ice cream sundae scandal, will Braden ever learn to keep cool in the face of disappointment? 32 pgs.

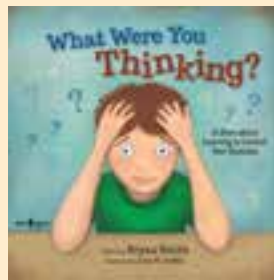
Downloadable Activities  
See page 4-5.

## What Were You Thinking?

GRADES K-6

Bryan Smith, Illustrated by Brian Martin

Braden is brash with his words and actions. His ill-timed jokes and thoughtless behaviors keep landing him in trouble at home and in school. Can Braden learn to slow down and think before he acts? Can he stop shooting off his mouth so he's not always saying inappropriate things? Young readers will enjoy finding out the answers in this funny and relatable story. 32 pgs.



ITEM NO. 56-005 \$10.95

## Time to Get Started

A Story about Learning to Take Initiative  
GRADES K-6

Bryan Smith, Illustrated by Lisa M. Griffin

Blake hasn't started the tasks he's been asked to do and doesn't understand why things need to be done right now. He has other things he wants to do first. But with so many interesting distractions, will Blake ever make the time to get started? Thankfully his mom is there to teach him the important skill of how to take initiative. 32 pgs.



ITEM NO. 56-014 \$10.95

## Is There an App for That?

Hailey Discovers Happiness through Self-Acceptance

GRADES K-5

Bryan Smith, Illustrated by Katia Wish

Imagine Hailey's surprise when she wakes up to find her boring old bathroom mirror is covered in Magic Apps! The apps promise to make her taller, faster, smarter, and so much more! Join Hailey on her comical adventure as she uses app after app, trying to be someone she just isn't, and realizes that trying to be like others isn't all it's cracked up to be. Hailey learns that to truly be happy, she needs to look within herself instead of relying on others. 32 pgs.

ITEM NO. 56-001 \$10.95



### Activity Guide

Use these 20 activities to teach students the difference between doing what's right, even when it's difficult, and going along with negative peer pressure just to fit in. Activities that support academic learning initiatives are identified and include step-by-step instructions, lists of materials, ready-to-print forms and handouts, and answer keys. 40 pgs.

### Bundle and SAVE!

Save by buying the book and activity guide.

ITEM NO. 56-501 \$25.50

ITEM NO. 56-002  
\$19.95



ITEM NO. 55-040 \$10.95

Julia Cook's popular title in the *Responsible ME!* series will have young readers giggling as Noodle describes the many different rules that he thinks shouldn't apply to him. Can anybody convince Noodle that rules aren't all bad and maybe, just maybe, following rules might actually help him? 32 pgs.

## That Rule Doesn't Apply to Me!

GRADES K-6

Julia Cook,  
Illustrated by  
Anita DuFalla

Rules, rules, rules. They ruin everything... who needs rules? Author



ITEM NO. 55-036 \$10.95

his brother's game ran late, and he didn't finish his homework. Or that his mom forgot to remind him to turn in his library book. Or that Mary Gold got in his airspace and hit his arm with her head.

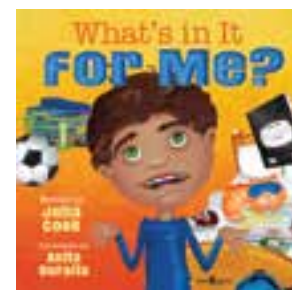
Luckily, Noodle's mom is there to teach him not to blame others or try to find fault but instead take responsibility for his actions. 32 pgs.

## But It's Not My Fault

GRADES K-6

Julia Cook,  
Illustrated by  
Anita DuFalla

Poor Noodle. Things just don't seem to be going his way. But it's not his fault! It isn't his fault that



ITEM NO. 55-047 \$10.95

why? What's in it for him? Luckily, the adults in Noodle's life are there to teach him the importance of moving "need tos" into "I did its!" Join Noodle as he learns the value of practicing small chores now, so he'll be ready for life's big challenges later. 32 pgs.

## What's in It for Me?

GRADES K-6

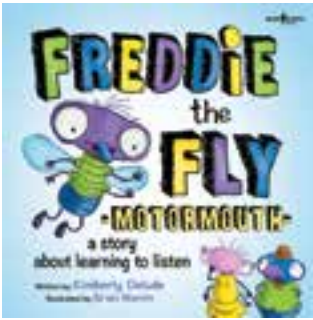
Julia Cook,  
Illustrated by  
Anita DuFalla

Noodle is always being told what to do. Pull the weeds. Make his bed. Kick the ball a certain way in soccer. Ugh! But he wonders,

Animated Downloadable eBook  
See page 19.

NEW





ITEM NO.  
59-001  
\$10.95

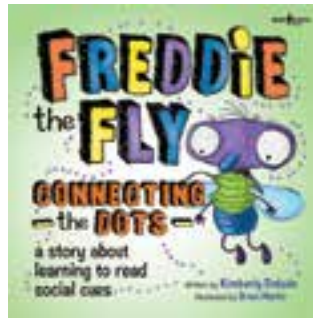
### Freddie the Fly: Motormouth

GRADES PRE K-5

Kimberly Delude

Freddie likes to talk and talk and talk. He's so busy buzzing about the latest gossip, he can't listen to anyone else. Will Freddie ever learn to give others a chance to speak? Find out in this colorful and humorous storybook that teaches kids how to control their conversations and be excited about listening, too. 32 pgs.

**Downloadable Activities**  
See page 21.



ITEM NO.  
59-002  
\$10.95

### Freddie the Fly: Connecting the Dots

GRADES PRE K-5

Kimberly Delude

Everyone's favorite fly returns to teach young readers about voice tone, facial expressions and body language, and how those social cues can clarify or contradict the words that are spoken. 32 pgs.

**Downloadable Activities**  
See page 21.



### Rumor Has It...

GRADES K-6

Julia Cook

Using witty rhymes and silly situations, young readers learn the dangers of spreading rumors and repeating gossip. There are even practical ideas for teachers and parents on how to help kids identify and respond to lies and innuendo. 32 pgs.

ITEM NO. 55-046 \$10.95

### Communication Skills for Teens

GRADE 7-12

Michelle Skeen PsyD, Matthew McDay, PhD,  
Patrick Fanning, Kelly Skeen

Just because teens have mastered their smart-phones doesn't mean they've mastered the art of conversation. This book provides guidance on how to be a better communicator by teaching essential life skills, including active listening, assertiveness, compassion and more. Each chapter focuses on one key aspect of communication and includes practical how-to exercises. 193 pgs.



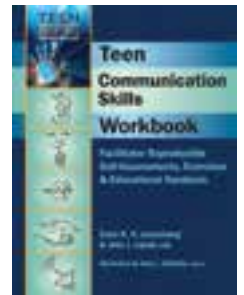
ITEM NO. 86-039 \$16.95

### Teen Communication Skills Workbook

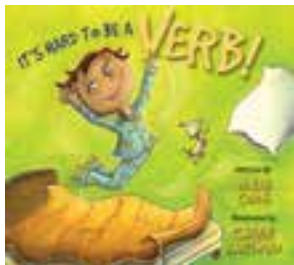
GRADES 7-12

Ester R. A. Leutenberg, John J. Liptak, EdD

Teens rely on impersonal communication (texting, social networking, and instant messaging) and often lack the skills to engage in face-to-face communication. This workbook empowers teens to be more effective communicators in their relationships. 120 pgs.



ITEM NO. 84-081 \$49.95



### It's Hard to Be a Verb!

GRADES K-6

Julia Cook, Illustrated by Carrie Hartman

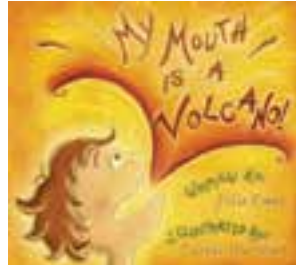
Louis just can't sit still. He's always moving at the wrong moment. His mom comes to the rescue and teaches Louis a few simple tricks to keep the inner itching and twitching under control. 32 pgs.

ITEM NO. 87-054 \$9.95

### Activity Book

Positive, hands-on activities to improve focus and organizational skills in and out of the classroom. With reproducible pages. 24 pgs.

ITEM NO. 84-033 \$9.95



### My Mouth Is a Volcano!

GRADES K-6

Julia Cook

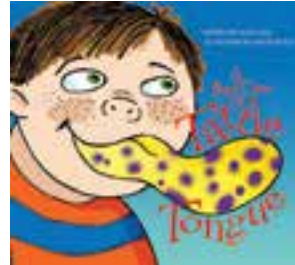
Louis always interrupts. But when others begin to interrupt Louis, he learns how to respectfully listen and wait for his turn to talk. 32 pgs.

ITEM NO. 87-053 \$9.95

### Activity Book

Includes activities, ideas, and reproducible handouts to help children stop interrupting and respect others by listening and waiting for their turn to speak. 24 pgs.

ITEM NO. 84-022 \$9.95



### A Bad Case of Tattle Tongue

GRADES K-6

Julia Cook

Josh tattles on everyone! One day he wakes up with a yellow tongue with spots and must learn the difference between tattling and warning others of important or dangerous things. 32 pgs.

ITEM NO. 87-052 \$9.95

### Activity Book

Activities and ideas help students understand the differences between tattling and warning. Includes reproducible classroom handouts. 24 pgs.

ITEM NO. 84-021 \$9.95



### Winners Don't Whine and Whiners Don't Win

GRADES K-6

Julia Cook

When Wendell has one of those days where nothing seems to go his way, his mom helps him understand that everything in life doesn't have to be a contest. In fact, it can make you stronger! She also points out that, although it feels great to celebrate a win, winning isn't everything and whining about things just makes it worse. 32 pgs.

ITEM NO. 97-017 \$9.95

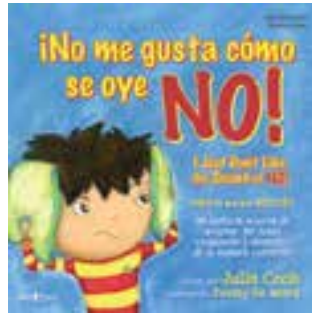
## SPANISH TITLES



ITEM NO.  
55-015  
\$10.95

### el PEOR día de TODA mi vida

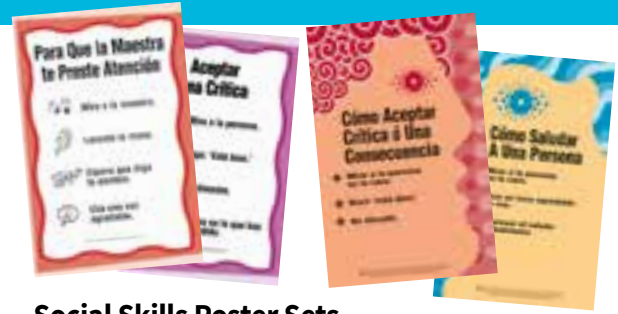
See page 23. 32 pgs.



ITEM NO.  
55-028  
\$10.95

### ¡No me gusta cómo se oye NO!

See page 24. 32 pgs.



### Social Skills Poster Sets

These are the Spanish posters (11" x 17") found on page 10. They come in sets of 16 posters.

For Elementary ITEM NO. 48-317 \$16.95

For High School ITEM NO. 48-311 \$16.95



ITEM NO.  
86-007  
\$8.95

### Cómo Hacer Amigos, Cómo Ser Buen Amigo

See page 28. 92 pgs.



ITEM NO.  
88-031  
\$10.95

### ¡Acuéstate y Duérmete!

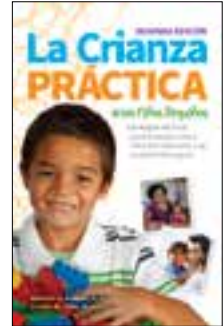
See page 38. 127 pgs.



ITEM NO.  
39-028  
\$15.95

### La Crianza Práctica de los Hijos

See page 39. 365 pgs.

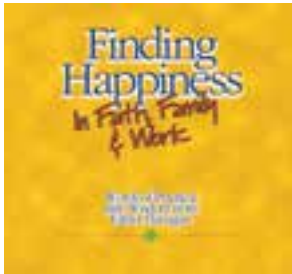


ITEM NO.  
39-026  
\$15.95

### La Crianza Práctica de los Niños Pequeños

See page 38. 270 pgs.

## INSPIRATIONAL



ITEM NO. 19-009 \$11.95

### Finding Happiness in Faith, Family & Work

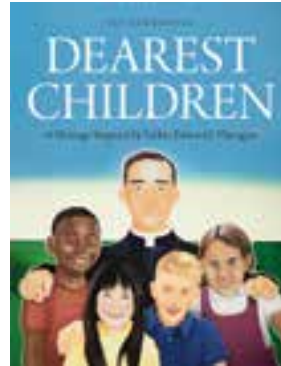
Father Edward J. Flanagan, founder of Boys Town, spoke passionately on issues of youth and family before countless audiences over 30 years.

This book is a collection of inspirational thoughts on the needs of children, the value of hard work and sacrifice, the components of character, the importance of faith and family, and the measurement of success.

Although his voice has been stilled for over half a century, Father Flanagan's inspiring words resonate with truth and power for us today. Each page will help you rekindle your passion and zest for life and its many blessings. 117 pgs.

"We sometimes forget that without happiness there is no such thing as success, and no one can be truly happy unless he or she is of service to others."

— Father Flanagan



ITEM NO. 19-024 \$16.95

### Dearest Children

A Message Inspired by  
Father Edward J. Flanagan  
Eli Hernandez

On December 12, 1917, Father Edward J. Flanagan opened his Home for Boys in Omaha, Nebraska.

A century after Boys Town's founding, author and illustrator Eli Hernandez has captured Father Flanagan's true character by pairing his message with beautiful illustrations. This first-of-its-kind book encourages children to reflect on their blessings and challenges them to find their purpose as they lead lives of compassion.

Following the main text, parents will find interactive activities and discussion topics. This section provides opportunities for families to further connect to Father Flanagan's inspirational messages and put his principles into practice. 32 pgs. Hardcover.



### Your Life Your Voice Poster Set

Display these five posters (11" x 17") throughout your school to remind students they "are stronger than" Stress, Bad Relationships, Bullying, Depression, and Suicide. Each poster lists an App that can be used to get help with any problem.

Set of 5 Posters ITEM NO. 16-501 \$9.95





# Boys Town National Training

Empowering Learning Communities  
Transforming Social Climates

## *The three Cs of on-site training...*

**Customized:** Content tailored specifically to your staff development needs

**Convenient:** Training when and where it's most convenient for you

**Consistent:** Staff receive the same message at the same time so all are on the same page

**Well-Managed Schools and Specialized Classroom Management** meet criteria as evidence-based interventions under ESSA Legislation.

## *The three Os to optimize learning...*

**On-Demand:** Self-paced, online training sessions whenever you want, wherever you are

**Online Distance Learning:** Training with the added bonus of having real-time feedback from Boys Town experts

## **On our Historic Campus:**

See page 46 for schedule/pricing

“

Implementation has taught us how to be better teachers, we don't just teach academics we teach to behaviors.

**TARA ECKSTEIN, PRINCIPAL**

*Horace Mann Bridges Behavior Program  
Sioux Falls School District*

”

Call or visit today!

**800-545-5771**

training@boystown.org  
boystowntraining.org

 @BT\_Ed

 @BoysTownTraining





# Boys Town National Training SCHEDULE 2019



Attend workshops,  
led by our education  
experts, on our  
campus in Omaha.

## Well-Managed Schools

**2 DAYS – \$390**

Learn how to implement multi-tiered systems of support so students stay on task, manage their emotions and take ownership of their actions.

➔ FEB. 18-19, JUN. 4-5, JUL. 8-9,  
OCT. 1-2, NOV. 5-6

## Specialized Classroom Management

**5 DAYS – \$980**

Use a comprehensive social skills curriculum with a multi-tiered motivation system to minimize students' behavioral mistakes and meltdowns.

➔ JUN. 10-14, JUL. 8-12, OCT. 14-18

## Administrative Intervention®

**2 DAYS – \$425**

Discover how to implement an office referral process that's clear, consistent and constructive.

➔ FEB. 20-21, APR. 9-10, JUN. 6-7,  
JUL. 10-11, SEPT. 17-18, NOV. 7-8

## Positive Alternatives to Suspension

**2 DAYS – \$450**

Transform how you use suspensions from 'time away' to 'time engaged', reducing overall suspensions and improving student academic and social functioning.

➔ APR. 11-12, SEPT. 19-20

## Teaching Social Skills in Schools

**3 DAYS – \$460**

See how you can create and sustain an orderly, inclusive learning environment by integrating social skills with academic skills.

➔ OCT. 9-11

## Common Sense Parenting® Authorized Parent Trainer

**3 DAYS – \$910**

Become an authorized trainer of this internationally acclaimed parent-education program!

➔ MAR. 11-13, SEPT. 9-11, NOV. 4-6

## Common Sense Parenting® of Toddlers & Preschoolers Authorized Parent Trainer

(Pre-requisite: Common Sense Parenting Authorized Parent Trainer, 3-Day)

**2 DAYS – \$730**

Learn how to lead classes for parents of 2- to 5-year olds.

➔ MAR. 14-15, SEPT. 12-13, NOV. 7-8

## Expedition Literacy®

**1 to 4 DAYS – Call for pricing.**

Individual workshops to help you identify student deficits and increase reading achievement.

➔ JUN. 10, 11, 12 OR 13  
OCT. 14, 15, 16 OR 17

BOYS TOWN PRESS

# eBook Titles available online!

DedicatedTeacher.com • Amazon.com  
BarnesandNoble.com • Play.google.com  
Apple • Overdrive • Koboe • Books2go.com





**Downloadable catalog!**  
Available at [BoysTownPress.org](http://BoysTownPress.org)

# Send a Boys Town Press catalog to a colleague!



**BOYS TOWN®**

 @BoysTownTraining  
 @BT\_Ed

To register, or for more information,  
call 1.800.545.5771 or visit  
[boystowntraining.org/pd.html](http://boystowntraining.org/pd.html)



**MAILING LIST:** If you prefer not to receive our catalog, please mark your mailing label and mail it to: Boys Town Press, 13603 Flanagan Blvd., Boys Town, NE 68010







Customer Service Representatives  
are available to help you Monday-Friday,  
8 am to 5 pm, Central Time.

CALL 1-800-282-6657 to order!

13603 Flanagan Blvd., Boys Town, NE 68010 | BoysTownPress.org, Federal ID # 47-0376606

WRITE YOUR DEPT CODE

Give us the code from the yellow box  
on the back of your catalog.

## WAYS TO ORDER



### CALL

Toll Free: 1-800-282-6657  
Monday – Friday  
8 a.m. to 5 p.m. Central Time



### ONLINE

BoysTownPress.org



### MAIL

Boys Town Press  
13603 Flanagan Blvd.  
Boys Town, NE 68010



### FAX

1-531-355-1310



### E-MAIL

btpress@boystown.org

#### PAYMENT INFORMATION (CHECK ONE):

YOUR BUSINESS PURCHASE ORDER OR METHOD OF PREPAYMENT IS REQUIRED.

☐ PURCHASE ORDER #  
PLEASE MAIL OR FAX, INCLUDE DEPT CODE FROM BACK OF CATALOG.

☐ CHECK OR MONEY ORDER (PAYABLE TO BOYS TOWN PRESS)

☐ CREDIT CARD  
☐ VISA  
☐ MASTERCARD  
☐ AMEX  
☐ DISCOVER  
CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_  
CVV2 (SECURITY CODE)\* \_\_\_\_\_  
\*VISA, MC & DISCOVER: LAST 3 DIGITS ON BACK OF CARD | AMEX: 4 DIGITS ON FRONT  
SIGNATURE \_\_\_\_\_

Please use a blue or black ballpoint pen to fill out order form.

#### BILL TO:

NAME	
ORGANIZATION	
STREET	
CITY	
STATE	ZIP
PHONE	
FAX	
EMAIL	

UPS will not deliver to a PO Box.

#### SHIP TO (IF DIFFERENT):

NAME	
ORGANIZATION	
STREET	
CITY	
STATE	ZIP
PHONE	

## YES!

We accept check, money order,  
MasterCard, Visa, Discover,  
American Express, or your  
company purchase order.

## In a RUSH?

OVERNIGHT DELIVERY is available.  
Call for information.

## REQUEST CATALOGS

To request another copy or  
multiple copies of this catalog,  
please call: 1-800-282-6657

## GUARANTEE

All of our products are 100%  
guaranteed. If you are not happy  
with any of our materials, simply  
return them within 30 days in  
resalable condition for a refund.

TITLE	ITEM NO.	PRICE	QTY	TOTAL

#### SHIPPING RATES Inside the continental United States.

Order total is:	Standard Ground	2-Business Day Air
Up to \$24.99	\$5.50	\$17.00
\$25.00 to \$49.99	\$7.00	\$21.00
\$50.00 to \$99.99	\$9.00	\$26.00
\$100.00 to \$149.99	\$11.00	\$31.00
\$150.00 to \$199.99	\$14.00	\$40.00
\$200.00 to \$299.99	\$17.00	\$50.00
\$300.00 to \$399.99	\$20.00	\$60.00
\$400.00 and up	FOR STANDARD GROUND SHIPPING: Add additional \$5 for every \$100 spent over \$400	

Merchandise Total

Shipping & Handling

Subtotal

NE residents add 5.5% sales tax  
SD residents add 4.5% sales tax  
IA residents add 6% sales tax

TOTAL

Thank You  
for Your Order!

Call 1-800-282-6657 for quantity discounts  
or international ordering information.