

BOYS TOWN PRESSOR BOYS TOWN PRE

TRADE CATALOG | SPRING 2026



STORIES that move. STORIES that matter.

Boys Town Press was created for a purpose – to enrich the lives of children and empower those who parent, teach, and love them.

Every storybook, lesson plan, e-book, or professional guide you purchase directly from us means more hurting children experience healing, more struggling families find hope, and more youth-serving professionals benefit from cutting-edge training, research, and support.



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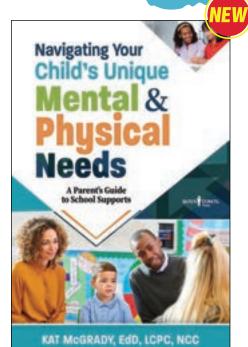




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PARENTS



Navigating Your Child's Unique Mental & Physical Needs

Kat McGrady, EdD, LCPC, NCC



Your go-to resource for understanding and maximizing the support your child needs for full inclusion in the classroom. In a tone that is encouraging and reassuring, this guide clears up the confusion and simplifies the complexities surrounding the special education system. These pages take you step by step through every stage of the process so you can fully participate in your child's learning, helping them reach their full potential. Includes supplemental material.

Parent/School Support Trade Paper, ISBN 979-8-88907-022-1 182 pages, 5 1/2 x 81/2 \$15.95, Item No. 72-005

"Navigating the numerous processes that often accompany the identification of a disability can be overwhelming and confusing for families. I highly recommend this text, which aims to validate and empower adults as they seek resources for their student inside and outside of school." ~ Dr. Jennifer Snow, Assistant Professor and Former High School Teacher



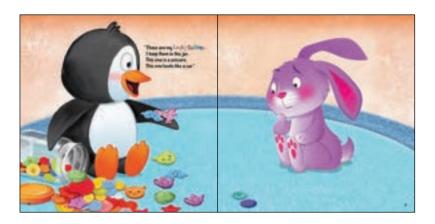
KAT McGRADY, EdD, LCPC, NCC, currently works in private practice as a therapist and parent coach. Kat also serves as an adjunct professor for the Johns Hopkins University Master's in Education program, as well as a doctoral advisor for the Johns Hopkins University School of Education. She is the author of Mental Health from Diagnosis to Delivery and Building Resiliency in Youth, which includes a teen workbook and children's activity guide.

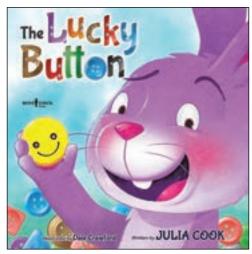
The Lucky Button

Julia Cook, Illustrated by Dale Crawford

ZoZo Bunny is struggling with separation anxiety at school. She doesn't know how to make herself feel safe or secure whenever her mom isn't by her side. Luckily for ZoZo, the kind-hearted Pudgy Penguin offers to share his bag of special buttons with her. ZoZo finds a lucky button that will reassure her that Mom is always close to her heart, and ZoZo can be brave and kind all on her own

The Lucky Button is a sweet and touching tale about finding a sense of security and connection during times of transition and separation.





Children's Fiction/Separation Anxiety Grades PreK-3, Ages 3-8 Softcover, ISBN 979-8-88907-034-4 31 pages, full color illustrations, 9x9 \$11.95, Item No. 55-062



BOOK SERIES

Julia Cook
Illustrated by Dale Crawford
GRADES PreK-3

Best START Book Series

Julia Cook's *Best START* children's series introduces lovable characters and heartwarming stories infused with gentle lessons in confidence, kindness, and friendship — alongside early mathematics and people skills. Perfect for helping children build a strong foundation for both learning and life!

"I can't recommend this book enough to the parents and educators of preschool children.

There is so much in this one book. It teaches kids how to handle their emotions when they are sad at school and miss their parents. It teaches them co-operative learning and play.

It even teaches shapes and colors. Definitely would recommend this!"

~ Rebecca S., NetGalley

"Absolutely delightful. Modeling good behavior, sharing and being empathetic with others, and fostering independence. My favorite illustration shows when ZoZo is hanging his button up, and you can see that two other classmates also have them hanging from their hooks. So adorable and heart-warming and a great way to help kiddos transition with routine changes!"

~ Carolyn S., NetGalley



JULIA COOK, a former educator and school counselor, has written many books for children, including the popular *I Just Don't Like* the Sound of No!, Decibella and Her 6-inch Voice, and But It's Not My Fault. Among her many awards, Julia has received the Association for Educational Publishers Distinguished Achievement Award, and her books have been honored by The National Parenting Center, Mom's Choice Awards, and Teachers' Choice Awards.

Holly's Choice Book Series

A spirited young girl learns to embrace life with more joy, hope, and love!

Gina Prosch
Illustrated by Kyle Merriman
GRADES K-5



BOOK SERIES





Love! It's Show and Tell

Holly and her friend come home from school eager to find something super cool to share at Show & Tell tomorrow. In her excitement, Holly ignores the family's fluffy cat and forgets to feed her. After seeing the mess the hungry fur baby makes, Holly is quick to scold her cat, but Mom steps in to teach Holly an important lesson about how to put words of love into action.

Children's Fiction/Responsibility Grades K-5, Ages 5-11 Softcover, ISBN979-8-88907-023-8 31 pages, full color illustrations, 9x9 \$11.95, Item No. 65-003

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"Gina Prosch has created a wonderful story that not only entertains but educates kids on the importance of backing up their words with actions."

~ Charles Gramlich, PhD, Professor of Psychology



Children's Fiction/Self-Management

Softcover, ISBN 979-8-88907-011-5

31 pages, full color illustrations, 9x9

Hope! More Than Wishful Thinking

Holly learns the hard way that crossing her fingers and hoping for the best is no strategy for success.





Joy! You Find What You Look For

Holly's mom gently teaches her to look on the bright side instead of always focusing on the things that bring her down.

Children's Fiction/Emotions and Feelings Grades K-5, Ages 5-11 Softcover, ISBN 979-8-88907-001-6 31 pages, full color illustrations, 9x9 \$11.95, Item No. 65-001



Grades K-5, Ages 5-11

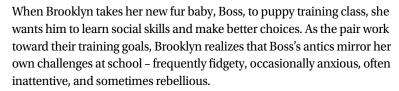
\$11.95, Item No. 65-002

GINA PROSCH is an award-winning author who has always been a sucker for a good story. Gina's love of reading drew her to degrees in English and years spent teaching at the University of Wyoming and Presbyterian College. She also has taught kids at the high school and elementary levels. She is the author of the Holly's Choice book series and This Day's Joy. Follow her at ginaprosch.com and thisdaysjoy.com.

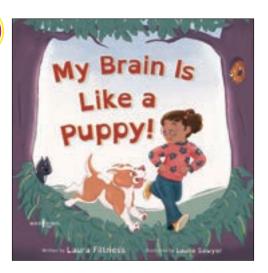


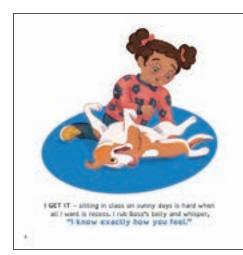
My Brain Is Like a Puppy!

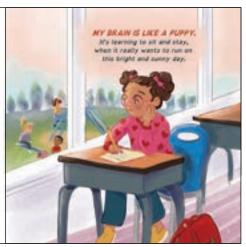
Laura Filtness, Illustrated by Laurie Sawyer



This delightful story reminds readers that, like puppies, sometimes it's hard for our brains to "sit and stay." But through practice and helpful strategies, children can learn to regulate their behaviors and emotions to become more mindful learners.







Children's Fiction/ADHD Grades PreK-4, Ages 4-10 Softcover, ISBN 979-8-88907-036-8 31 pages, full color illustrations, 9x9 \$11.95, Item No. 77-001

"This is such a fun, well-paced story. The illustrations are gorgeous and full of energy and emotion, and each page has a measured cadence to get the messages across. I love to see more books for children that encourage self compassion, bravery, resilience, and teamwork! This was a delightful 5-star read."

~Emile S., NetGalley

"This story is FULL of counseling gems and is SO relatable for our elementary kiddos as Brooklyn and Boss introduce them to a variety of coping skills - naming their feelings, taking deep breaths, practicing perseverance, stopping and thinking, avoiding distractions, taking breaks, muscle relaxation, and more! I'm so excited to add this one to my library!"

~ Ashley, Elementary Educator

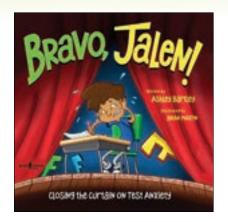




LAURA FILTNESS resides in Knoxville, Tennessee, with her two lovable pups. She earned a master's degree in professional counseling from Middle Tennessee State University and was previously honored as the Elementary Tennessee School Counselor of the Year. You can follow her @pawsitiveschoolcounselor.

Self-Management Book Series

The Self-Management and Me series focuses on helping students in Grades 1-6 learn how to regulate their thoughts, behaviors, and emotions.



Children's Fiction/Anxiety Grades 1-6, Ages 7-12 Softcover, ISBN 979-8-88907-025-2 31 pages, full color illustrations, 9x9 \$11,95, Item No. 67-006



Ashlev Bartlev Bravo, Jalen! Illustrated by Brian Martin **GRADES 1-6** Closing the curtain on test anxiety

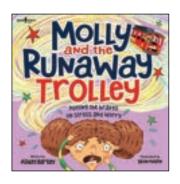
His name means calm, but Jalen feels anything but mellow when it's time to take a test. He struggles to live up to his name because tests make his insides mushy and his thoughts fuzzy.

Whether it's a scheduled exam or a pop quiz, Jalen worries his body will shut down, his mind will go blank, and he'll flop. He calls it the three Fs freezing, forgetting, and failing! Fortunately for Jalen, his good friend Molly is there to offer him some much-needed support and a potentially much better strategy. Molly reminds Jalen that the three Fs never affect him when he performs during school musicals, so why not treat a test like a stage performance. He should feel and act SHARP - Some worry is ok; Have all your materials; Ask for help if you need it; Relax; and Practice! Will prepping for a test like he preps for a performance, plus remembering to stay SHARP, help Jalen turn his fears into focus

"The illustrations did a fantastic job at painting what real classroom settings look like. This book says it's targeted for kids age 7-12 and I agree based on the language used. This book would be great to read before the first test of the year and/or any state testing. I think this could be a great springboard for a student/classroom that underperformed on a test recently and is nervous moving forward."

~ Whitney D., NetGalley

A perfect read-aloud for young worriers who often feel overwhelmed.



Molly and the Runaway Trolly! Putting the brakes on stress and worry

and his anxieties into action?

As Molly's stress and anxiety accelerate, she learns how to pull the brakes before her ride comes to a disastrous end.

Children's Fiction/Mental Health Grades K-5, Ages 5-11 Softcover, ISBN 979-8-88907-002-3 31 pages, full color illustrations, 9x9 \$11.95, Item No. 67-005



ASHLEY BARTLEY, MEd, NCC, is a school counselor whose writing has been published in The Joyful Life magazine and on the Kindred Mom blog. She earned her BA in psychology from the University of Virginia and her MEd in school counseling from the College of William & Mary in Williamsburg, VA, where she grew up. She also has a diploma from the Institute of Children's Literature and is a National Board Certified Counselor. She lives in the beautiful Shenandoah Valley of Virginia with her husband and three young boys. Learn more at www.counselorstation.com



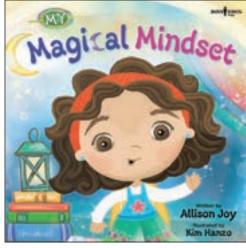
My Magical Mindset

Allison Joy, Illustrated by Kim Hanzo

Anxious but excited about her first day, June Bug is full of questions: Will I make friends? Will I like the school lunch? Will there be homework? Will I make the soccer team? Will I like my teacher? As she walks up to the school door, June Bug can feel the pounding of her heart and the bubbling of her gut. She knows she needs to relax, so she uses her magical mindset to tell herself, "I can calm down." Then, slowly, she quietly counts to ten, breathing in and out with each number. Her heart rate slows, her stomach settles, and then she bravely goes inside.

As the day goes on, June must use her magical mindset to manage many big feelings. When she gets sad, her magical mindset says to focus on happy things and reminds her that drawing always cheers her up. When she gets angry, her magical mindset says take a break and walk away to quiet the anger. When she is full of worry, her magical mindset comes up with positive thoughts to push out all the fearful ones. And even when her magical mindset gets stuck and can't come up with ways to feel better, June Bug knows that means she needs to talk to someone she trusts.





Children's Fiction/Anxiety Grades PreK-4, Ages 4-10 Softcover, ISBN 979-8-88907-037-5 31 pages, full color illustrations, 9x9 \$11.95, Item No. 78-001



Popular Topics: **Big Feelings! Mindset!**



"As a therapist, I am always looking for fun ways to teach kids about mindset and managing their emotions. June Bug's journey through a difficult transition teaches kids that it's ok to have big emotions, but they can also use their mindset to feel better. This is a fantastic resource for therapists and parents that kids will love!"

~Missy B., NetGalley



ALLISON JOY is an elementary school counselor with a passion for creating fun and inspiring materials that help students become their best selves. She resides in Indiana with her husband, four daughters, and two dogs. Follow her on Instagram @allisonmjoy, where she creates magical memories from everyday moments.

Different Thinkers Book Series

Books to guide, help, and support neurodivergent children and their families successfully reach their life goals.

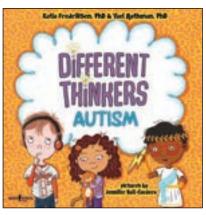
Katia Fredriksen, PhD, and Yael Rothman, PhD Illustrated by Jennifer Ball-Cordero GRADES 1-6





Different Thinkers: Autism

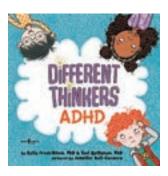
A child-centered guide that explains autism and highlights the gifts of being neurodivergent. Using simple language, *Different Thinkers: Autism* offers an accessible and uplifting message about what it means to have autism, how autism affects emotions and behaviors, and what children can do to manage any challenges while building on their individual strengths.



Children's Nonfiction/Autism Grades 1-6, Ages 6-12 Softcover, ISBN 979-8-88907-024-5 40 pages, full color illustrations, 9x9 \$14.95, Item No. 75-003 "This book is a valuable and original way for autistic children to learn about their gifts and challenges. The authors have produced a beautiful book for parents and others to enjoy reading with an autistic child to celebrate their differences."

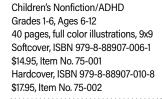
~ Professor Sir Simon Baron Cohen, FBA, FRSM Fellow, Trinity College, Cambridge, Director of the Autism Research Centre

► Written by experts on neurodivergence



Different Thinkers: ADHD

Three vignettes of children with ADHD highlight how to manage behavioral challenges while celebrating the unique advantages to being a different thinker.











DR. KATIA FREDRIKSEN is a pediatric neuropsychologist. Trained at Princeton University and the University of Massachusetts Boston, she evaluates youth, from kindergarteners to college students, who struggle with attention, learning, and executive and/or socioemotional functioning. She has been published in several peer-reviewed journals and has presented at national and international conferences.



DR. YAEL ROTHMAN specializes in comprehensive evaluations of children, adolescents, and young adults with a wide range of conditions that impact learning, behavior, and/or socioemotional functioning. In addition to her clinical work, Dr. Rothman has presented at national and international conferences, published over a dozen articles in peer-reviewed journals, and given lectures to parents and educators.



Sammy's Sad Day

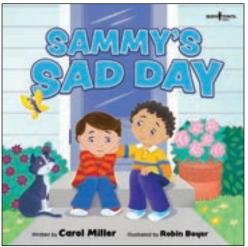
Carol Miller, Illustrated by Robin Boyer

A gentle, comforting story about sadness and the simple things children can do to navigate and work through this confusing, sometimes scary, emotion.

Sammy has lots of unhappy thoughts, and he's not sure why. Instead of playing and laughing, he just feels different inside. He wears a frown, and he keeps his eyes cast down.

Seeing his best pal looking all out of sorts, Ollie tries to help. He offers kindness and different types of support. Ollie asks Sammy if a hug would help. When Sammy says it might, Ollie squeezes him tight. The hug makes Sammy feel a bit better, but something is still not quite right. Together, the boys explore more ways to lift Sammy's spirits. They do creative activities like writing and drawing. They think about fun things and happy memories. They take a moment to do slow, deep breaths, and they spend time enjoying the great outdoors. Step by step, and with his friend's help, Sammy is able to find a way to turn his sadness into smiles.

Available February 2026



Children's Fiction/Sadness Grades PreK-4, Ages 4-10 Softcover, ISBN 979-8-88907-038-2 31 pages, full color illustrations, 9x9 \$11.95, Item No. 79-001

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"This book is very engaging, and the rhyme makes it fun and catchy to remember the key points. We all have sad days, but we have ways to cope and feel better. This book models good friendship and empathy while also teaching coping skills. At the back there are tips for parents. As a school counselor and a parent, I HIGHLY recommend this book for families and schools."

~ Carey H., NetGalley

Illustrations include excellent depictions of calming strategies in action.

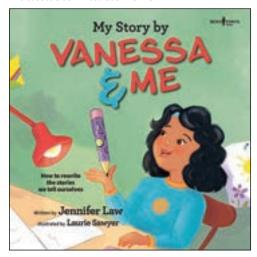




CAROL MILLER is a nationally recognized school counselor, keynote speaker, and passionate advocate for student success. Her Facebook groups reach more than 100,000 counselors, social workers, and school psychologists. With more than two decades of experience at the elementary, middle, and high school levels, she brings practical expertise and heart to everything she does. Carol has been honored as the New York State School Counselor of the Year and received the New York State School Counselor Association's Career Achievement Award. You can follow her on Instagram @counselingessentials.



Available March 2026



Children's Fiction/Self-Esteem Grades 2-6, Ages 6-12 Softcover, ISBN 979-8-88907-039-9 31 pages, full color illustrations, 9x9 \$11.95, Item No. 66-006

My Story by Vanessa & Me Jennifer Law, Illustrated by Laurie Sawyer



Vanessa's brain sometimes gets stuck in a loop of gloomy thinking. When something goes wrong, her thoughts zoom to the worst places: Not invited to a sleepover? "Nobody likes me." Said the wrong answer in class? "I must be dumb." Big pile of homework? "I'll never finish. It's hopeless."

When Vanessa's thoughts spin into yet another storm, her magical pencil, Astoria, springs into action. Using empathy, encouragement, and some gentle guidance, can Astoria show Vanessa how to rewrite the stories in her head and become more compassionate toward herself and more understanding toward others?

Interactive prompts let readers practice rewriting their "uh-oh thoughts" into kinder, more balanced, and more optimistic self-talk.

A special page for parents, educators, and caregivers offers tips to support emotional resilience and positive self-talk. Perfect for classrooms, counseling sessions, and cozy reading time.

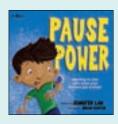
► Includes fillable pages and printable downloads

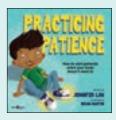


"My Story by Vanessa & Me is a heartfelt, empowering book that teaches kids how to shift negative self-talk into positive thinking. With a magical pencil as a guide and space for personal reflection, it invites young readers to become active participants in rewriting their own inner stories. This is a powerful tool for building emotional resilience and is perfect for classrooms or counseling spaces!"

~ Ali Squires, Elementary School Counselor, Waterloo Community Schools









See more books by Jennifer Law on page 17.



JENNIFER LAW is an experienced elementary school counselor whose passion for children extends to storybooks. Her popular *Gabe's Stories* series shows young readers simple ways they can stay calm, be more patient, and shine in social situations. The series includes *Missing the Meaning, Finding the Flipside, Rest to Recharge, Pause Power, and Practicing Patience*.



Awesome Dawson Book Series

A lovable little guy learns to recognize and process his big feelings.

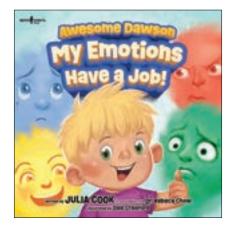


BOOK SERIES

Julia Cook Illustrated by Dale Crawford and Anna Laura Sullivan GRADES PREK-5



Children's Fiction/Emotions Grades PreK-4, Ages 4-10 Softcover, ISBN 979-8-88907-026-9 31 pages, full color illustrations, 9x9 \$11.95, Item No. 55-061



Awesome Dawson: My Emotions Have a Job!

Dawson feels lots of emotions and knows each one has an important job, including keeping him safe, resilient, and prepared.

But what happens when his emotions take their jobs too seriously? Will Dawson still be able to manage them? A trip to the zoo is the ultimate test. The anticipation of feeding the giraffes, riding the train, and eating snow cones overwhelms his body with excitement. But that feeling quickly gives way to sadness when he isn't allowed to ride the carousel. His sadness then becomes rage when he learns that refusing to eat all his carrot sticks means he won't get to have any cotton candy. As his loving, but firm, mom leads him away from the snack shack, Dawson experiences another big emotion – worry. What if he leans too far over the side of the train and falls into Gorilla Land?

"I'm a huge fan of Julia Cook's book. She has a gift for taking tough concepts and making them easy to understand for younger kids. As a kindergarten teacher I will definitely use this one to help explain some basic emotions to my students. I have one other Awesome Dawson book and can't wait to add this one to my collection as well."

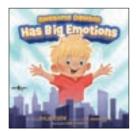
~ Sarah L., Kindergarten Teacher



Awesome Dawson, It's Not Your Turn!

Can Dawson show others how awesome he is by learning to be more patient?

Children's Fiction /Life Skills Grades PreK-5, Ages 4-11 Softcover, ISBN 978-1-944882-93-8 31 pages, full color illustrations, 9x9 \$11.95, Item No. 55-057



Awesome Dawson Has Big Emotions

Dawson has lots of gigantic emotions. Follow along as he learns to harness his emotions in a safe, healthy way.





Children's Fiction/Emotions Grades PreK-5, Ages 4-11 Softcover, ISBN 979-8-88907-009-2 31 pages, full color illustrations, 9x9 \$11.95, Item No. 55-060



JULIA COOK is a former school counselor and teacher who has evolved into a national award-winning children's author. Her research-based books have been referenced in such publications as *Parent's Magazine*, *The New Yorker*, *Chicago Tribune*, Care.com and *Military Spouse*, and have been honored by *The National Parenting Center*, *Teachers' Choice Awards*, and *Mom's Choice Awards*. Some of her best-selling titles include *But It's Not My Fault!*, *I Just Don't Like the Sound of No!*, and *Making Friends Is an Art!* Julia is a proud mother and grandmother.

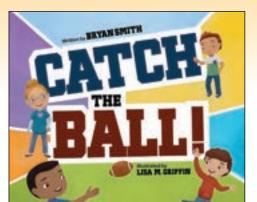
Kids Can Do It Too! Book Series

A storybook series designed to inspire young readers to use peer-to-peer collaboration and develop independent problem-solving skills.





BOOK SERIES GRADES K-5



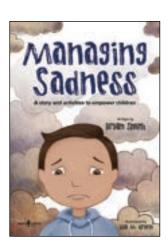
Catch the Ball!

A story about confidence, communication, and kids empowering kids Bryan Smith, Illustrated by Lisa M. Griffin

On the football field, Ezekiel and Joel have the same problem. Neither is having any fun. The stress of constantly trying to play perfectly and please his coach makes Ezekiel want to quit. Joel is so scared of messing up, he worries more about being yelled at than catching the ball. As the self-doubt and peer pressure build, each boy offers a solution to help the other. Will the plans they come up with be successful and help them reclaim the confidence and fun they've lost? This is the first title in award-winning author Bryan Smith's new *Kids Can Do It Too* series.

Children's Fiction/Life Skills Grades K-5, Ages 5-11 Softcover, ISBN 979-8-88907-017-7 31 pages, full color illustrations, 9x9 \$11.95, Item No. 56-031 "Catch the Ball! is a great book not just for kids to read but adults as well. It's a great guide to helping kids communicate with adults when they are feeling too much pressure. It's also a great reminder to adults that their words matter and to be mindful of what you say."

~ Richard Wager, Educator, Parent, and Coach



Managing Sadness

A story and activities to empower children Bryan Smith, Illustrated by Lisa M. Griffin

Kyle is struggling to "get over" disappointments and setbacks at home and at school. Seeing Kyle's sadness, his concerned parents and a caring school counselor step

in with support and guidance. As Kyle's journey out of darkness and despair unfolds, young readers can reflect on their own experiences and struggles by answering self-reflection questions and completing self-care activities.

Children's Fiction/Mental Health Grades K-6, Ages 5-12 Softcover, ISBN 979-8-88907-016-0 31 pages, full color illustrations, 7x10 \$14.95, Item No. 56-030

"This is a really wonderful book and resource for parents and kids. I think it's really powerful in the way it normalizes and validates feelings and prompts parent and child on how to talk and cope with those emotions. Tons of actionable suggestions, prompts and preparing.

The list of things to feel better, emotions, and affirmations is invaluable!"

"Chelsea S., Verified Buyer



BRYAN SMITH is an award-winning author who comes from a family of educators. Bryan began his career as an elementary school teacher before realizing he had a talent for helping children deal with difficult issues. He has since become a school counselor, where he flourishes teaching students life skills that will take them far and help them succeed. Bryan is married with two children.

Owning My Space

A Teen's Guide to Physical, Emotional, and Digital Boundaries Stan Graeve, MA, editor

This empowering book helps teens explore, understand, and establish physical, emotional, and digital boundaries.

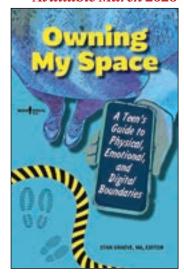
With a relatable tone and real-life examples, *Owning My Space* teaches young people how to recognize when something doesn't feel right and how to respond with confidence. Whether it's a friend, sibling, classmate, or someone online, this book shows how to spot boundary-crossing behavior and take steps to stay safe while protecting one's privacy, time, feelings, and values.

The guide includes thoughtful reflection questions and activities that allow readers to dive more deeply into their own experiences, build self-awareness, and practice setting boundaries in everyday life. Teens will learn that boundaries aren't walls – they're tools for self-respect, emotional safety, and healthy relationships.

By understanding the different types of boundaries – physical, emotional, and digital – readers will gain the skills to stand up for themselves, communicate clearly, and make choices that honor their well-being.

It's a must-read for any teen learning to navigate relationships, identity, and the digital world with confidence and clarity!

Available March 2026



Juvenile Fiction/Boundaries Grades 6-10, Ages 11-16 Softcover, ISBN 979-8-88907-042-9 131 pages, 5x8 \$12.95, Item No. 25-023

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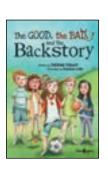
Middle School Misfits: The Stained Glass Tree

Leona Lugan, Illustrated by Kyle Merriman

Independent readers and middle school students will relate to the challenges and joys that Jilly and her schoolmates experience in this timeless tale about facing your fears and making new friends.

Juvenile Fiction/Self-Esteem Grades 4-8, Ages 9-14 Softcover, ISBN 978-1-944882-35-8 129 pages, black & white illustrations, 5x8 \$8.95, Item No. 64-001

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The Good, the Bad, and the Backstory

Melissa Minery, Illustrated by Stephanie Hider

An unflinching look at how a child's backstory – family life, values, beliefs, triumphs, and tragedies – influences their actions.

Juvenile Fiction/Boundaries Grades 4-8, Ages 9-14 Softcover, ISBN 978-1-944882-71-6 172 pages, black & white Illustrations, 6x9 \$9.95, Item No. 70-001

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My Schoolwork Is a Mess!



Jennifer Licate, Illustrated by Suzanne Beaky

When it comes to his schoolwork, Dakota is often inattentive and usually unorganized. He rarely remembers to write down his assignments, he jams his backpack full of stuff, and he points the blame for his missing and incomplete homework at others. Now his grades are

in freefall, and he's sliding deeper and deeper into a homework hole.



Can his loving mom and a caring school counselor support Dakota and help him adopt better study habits, reset his attitude, and embrace an effective homework routine? The concrete strategies and reassuring messages in this chapter book give hope to every student struggling with homework troubles and schoolwork stress.

Juvenile Fiction/School Grades 4-8, Ages 9-14 Softcover, ISBN 979-8-88907-020-7 44 pages, full color illustrations, 6x9 \$12.95, Item No. 69-015



JENNIFER LICATE channels her love of counseling and creativity to craft children's books with relatable characters and situations to help children of all ages navigate the challenges of growing up. This is the first title in her *Nurturing Independence* series.



The Adventures of Jeff & Reed: A Four-Story Anthology

Jen Kennedy and Wendy Falk, Illustrated by Stephanie Hider

Jeff is a popular athlete who hangs with the cool kids. Reed is a brainy overachiever who is a social outcast.

Juvenile Fiction/Friendships Grades 5-7, Ages 10-13 Softcover, ISBN 979-8-88907-004-7 89 pages, full color illustrations, 6x9 \$14.95, Item No. 74-001

The Adventures of Jeff & Reed is a four-story anthology that explores the many anxieties, insecurities, and thrills tweens experience as they transition from elementary to middle school. The anthology begins with The Pirate and the Ink Blot, where readers meet Jeff Kirkland and Reed Williams. Jeff is forced to wear a vision-correcting eye patch. The stares from strangers and the hurtful taunts from friends leave him feeling isolated and miserable. Reed can relate. A social outcast, he often is made fun of because of his appearance: the flaming red hair, the freckles, and the facial birthmark his classmates mockingly call the "ink blot." When Jeff and Reed are paired together in a class assignment, it's the beginning of a friendship journey that will challenge, surprise, and reward them in the most unexpected ways.

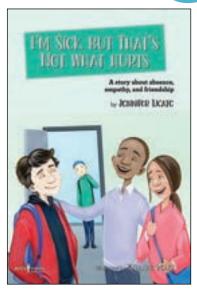


JEN KENNEDY is a straight-talking, problem-solving child advocate and school social worker. She also is an adjunct instructor in the Masters of Counseling program at Lakeland University. Her stories reflect the real-life experiences of today's youth.



WENDY FALK is a veteran educator and Counselor Lead for K-12 school counselors in Appleton, Wisconsin. She has taught at every grade level, from kindergarten through college. Wendy uses her creative imagination and flair for writing to pen empowering stories for children that build their confidence and resiliency.





Juvenile Fiction/Anxiety Grades 5-8, Ages 10-14 Softcover, ISBN 979-8-88907-028-3 46 pages, full color illustrations, 6x9 \$12.95, Item No. 69-017



BOOK SERIESGRADES 5-8

I'm Sick, But That's Not What Hurts



Jennifer Licate, Illustrated by Suzanne Beaky

After an extended absence from school, and time out from the basketball team, Hans hears the good news that his cancer is in remission. There's jubilation and relief. But now a second challenge weighs on him.

How will his teammates and classmates treat him when he comes back to school?

At the start of his treatment, they offered lots of encouragement and support. They showered him with get-well wishes and silly cards. His basketball buddies texted and messaged, making Han feel connected and part of the group. But as the days out of school and away from friends turned to weeks, and the weeks turned to months, Han felt a shift. Conversations became more infrequent. Interactions felt more awkward.

And now, as Han gets ready to come back to the classroom, he questions if he will fit in. He wonders if the laughs, jokes, and good times with his teammates are over. He fears his relationships are never going to be the same.

I'm Sick, But That's Not What Hurts is a dramatic, thought-provoking chapter book that highlights the importance of friends and family, belonging and connection. Young readers are reminded that when life throws hard punches, the best way to respond is with courage, patience, and grit.

"As a school nurse and mom, I would encourage anyone – children and adults – to read this wonderful book about a child going through an illness, and the ripple effect it has on multiple lives. The book gives an insightful perspective on what the child is going through and addresses the child's anxiety, isolation, and depression. I'm Sick, but That's Not What Hurts is an excellent resource for children and adults who are facing life-changing events."

~ Cindy B., School Nurse



Teacher & Counselor Activity Guide

The guide pairs text from the story with probing questions and group activities to more deeply engage young readers with the content and facilitate thoughtful discussions about how to reconnect with friends, reestablish relationships, and regain a sense of belonging when you feel isolated or forgotten. After reading the story and completing the activities, students of all ages are empowered with skills and strategies to help them be more understanding, more compassionate, more forgiving, and more resilient.



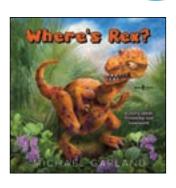




See all the books in Navigating Friendships series on page 18. Education/Counseling Grades 5-8, Ages 10-14 Softcover, ISBN 979-8-88907-029-0 40 pages, 14 Activities, 8 % x 10 % \$19.95, Item No. 69-018



JENNIFER LICATE channels her love of counseling and creativity to craft stories with relatable characters and situations to help children navigate the challenges of growing up. Her *Navigating Friendships series* is a Counselor's Choice award-winner!



Children's Fiction/Life Skills Grades PreK-5, Ages 4-11 31 pages, full color illustrations, 9x9 Softcover, ISBN 979-8-88-907-008-5 \$11.95, Item No. 71-005 Hardcover, ISBN 979-8-88907-012-2 \$16.95, Item No. 71-006

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Where's Rex?

A Story about Friendship and Teamwork
Written and Illustrated by Michael Garland

Rex loves to explore, go on adventures, and discover surprises. Unfortunately for him, his latest escapade has become one sticky and scary predicament. Rex is literally stuck in the muck. He's trapped with no way to free himself. Thankfully, he does have a caring group of dino-buddies who look out for one another.



Get Off My Lawn! Softcover, ISBN 978-1-944882-75-4 31 pages, full color illustrations, 9x9 \$10.95, Item No. 75-001



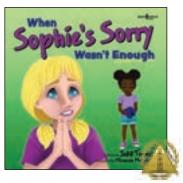
Zombie Phone Kids Softcover, ISBN 978-1-944882-92-1 31 pages, full color illustrations, 9x9 \$10.95, Item No. 71-002



Widgets Go Walking
Softcover, ISBN 978-1-889322-34-6
31 pages, full color illustrations, 9x9
\$11.95, Item No. 71-003
Hardcover, ISBN 978-1-889322-339
31 pages, full color illustrations, 9x9
\$16.95, Item No. 71-004



MICHAEL GARLAND is a bestselling author and illustrator of more than 40 children's books, including the award-winning Get Off My Lawn! He has been on the New York Times bestseller list four times and has illustrated work for celebrity authors, including James Patterson and Gloria Estefan. Michael is a highly sought-after speaker and popular guest at literary conferences, festivals, and schools



Children's Fiction/Life Skills Grades K-5, Ages 5-11 Softcover, ISBN 979-8-88907-007-8 31 pages, full color illustrations, 9x9 \$11,95, Item No. 68-005

When Sophie's Sorry Wasn't Enough

Jeff Tucker, Illustrated by Miranda Morrissey

Sophie learns that a true apology requires you to acknowledge the wrongdoing, express remorse, and work hard to repair the harm.

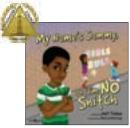




Vinnie the Brave Softcover, ISBN 978-0-938510-96-3 31 pages, full color illustrations, 9x9 \$11.95, Item No. 68-004



Emelia Understands Equity Softcover, ISBN 978-1-944882-76-1 31 pages, full color illustrations, 9x9 \$10.95, Item No. 68-002



BOOK SERIES

and I'm No Snitch Softcover, ISBN 978-1-944882-61-7 31 pages, full color illustrations, 9x9 \$10.95, Item No. 68-001

My Name's Sammy,

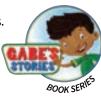


JEFF TUCKER is a licensed professional counselor with experience providing mental health services to students of all ages. Jeff earned his master's in counseling from Louisiana Tech University and received his doctorate in counselor education and supervision from Adams State University. Jeff is passionate about education, promoting children's mental health, and social justice issues. Jeff, an avid reader and writer, believes in the power of books to help children thrive.

Gabe's Stories Book Series

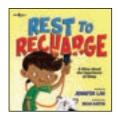
Gabe shows young readers simple ways they can stay calm, be more patient, and get along with others.

Jennifer Law
Illustrated by Brian Martin
GRADES PreK-5





Missing the Meaning A Story about learning what "for no reason" really means Softcover, ISBN 978-8-88907-015-3 31 pages, full color illustrations, 9x9 \$11.95, Item No. 66-005



Rest to Recharge A Story about the Importance of Sleep Softcover, ISBN 978-1-944882-91-4 31 pages, full color illustrations, 9x9 \$10.95, Item No. 66-003



Pause Power
Learning to stay calm when your
buttons get pushed
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Practicing Patience
How to wait patiently when your
body doesn't want to
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31 pages, full color illustrations, 9x9
\$10.95, Item No. 66-002



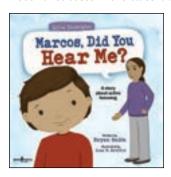
Finding the Flipside
A Story about Changing Your
Thoughts from Negative to Positive
Softcover, ISBN 978-0-938510-87-1
31 pages, full color illustrations, 9x9
\$11.95, Item No. 66-004



JENNIFER LAW is an experienced elementary school counselor whose passion for children extends to storybooks. Her popular *Gabe Stories* series empowers young readers with the skills they need to manage difficult emotions, be more independent, and practice healthy habits.

Social Strategies Book Series

Social Strategies is a storybook series that showcases important skills young children need for success in the classroom and beyond.



Children's Fiction/Life Skills Grades PreK-5, Ages 4-11 Softcover, ISBN 979-8-88907-003-0 31 pages, full color illustrations, 9x9 \$11.95. Item No. 56-029

Marcos, Did You Hear Me?

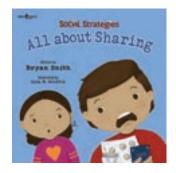
A Story about Active Listening

Marcos learns to give his full attention to his teachers, parents, and friends when they are speaking.



BOOK SERIES

Bryan Smith
Illustrated by Lisa M. Griffin
GRADES PREK-5



All About Sharing

Marcos and Lili squabble over everything. Follow along as they learn to negotiate, compromise, and take turns.

Children's Fiction/Life Skills Grades PreK-5, Ages 4-11 Softcover, ISBN 978-1-944882-96-9 31 pages, full color illustrations, 9x9 \$11.95, Item No. 56-027



BRYAN SMITH is an award-winning author who comes from a family of educators. Bryan began his career as an elementary school teacher before realizing he had a talent for helping children deal with difficult issues. He has since become a school counselor, where he flourishes teaching students life skills that will take them far and help them succeed. Bryan is married with two children.

Navigating Friendships Book Series

The *Navigating Friendships* book series helps children with self-advocacy, self-reflection, and working through challenges with friendships and peer relationships.



BOOK SERIES

Jennifer Licate
Illustrated by Suzanne Beaky
GRADES 4-8





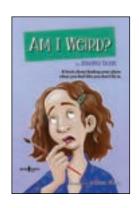


I'm Sick, But That's Not What Hurts

Softcover, ISBN979-8-88907-028-3 46 pages, full color illustrations, 6x9 \$12.95, Item No. 69-017

Teacher and Counselor Activity Guide

Softcover, ISBN 978-8-88907-029-0 40 pages, 14 Activities, 8 % x 10 % \$19.95, Item No. 69-018

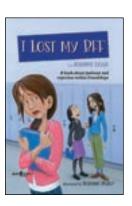


Am I Weird?

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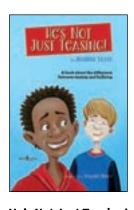


Faking Happiness, Feeling Sadness

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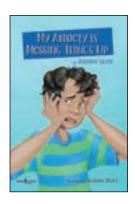


He's Not Just Teasing!

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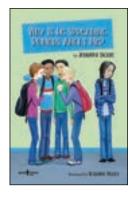


Why Is Drama Always Following Me?

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Teacher and Counselor Activity Guide

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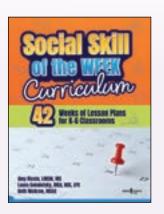
Social Skill of the Week Curriculum

42 Weeks of Lesson Plans for K-6 Classrooms

Amy Riccio, LMSW, MS, Laura Sokolofsky, MEd, NCC, LPC, Beth McGraw MSEd

This transformative curriculum is designed for K-6 general education classroom use. Forty-two life skills, along with eight extension (or complimentary) skills, comprise the curriculum. Educators and counselors can teach or focus on one skill (or a combination of skills) per week to accommodate their academic calendar.

Education/Social Skill Lessons Grades K-6 Trade Paper, ISBN 979-8-88907-018-4 216 pages, 8 % x 10 % \$37.95, Item No. 48-019



Under the Sea, Lessons for Life, Vol.2

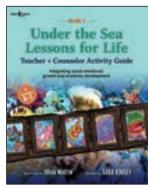
Teacher + Counselor Activity Guide: Integrating Social-Emotional Growth and Academic Development

Sara Kinsey, Illustrated by Brian Martin

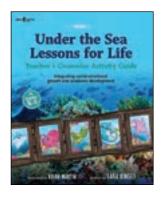
Make a splash in the classroom and group counseling sessions with these interdisciplinary lessons. Educators, counselors, and parents can use these activities to help elementary school-aged children develop the social and emotional skills they need for success in and out of the classroom!

The stories are supplemented by fun, engaging activities that further support skill development and academic growth. The activities allow kids to explore art, movement, science and technology, writing, math, music, coloring, and structured group discussion.





Education/Social Skills and Academic Lessons Grades K-5 Trade Paper, ISBN 979-8-88907-035-1 130 pages, 8x10 \$22.95, Item No. 76-002



Under the Sea, Lessons for Life, Vol.1

Teacher + Counselor Activity Guide: Integrating Social-Emotional Growth and Academic Development Sara Kinsey, Illustrated by Brian Martin

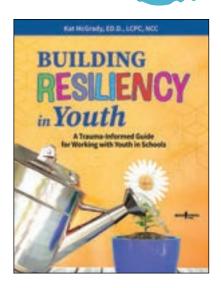
Five entertaining short stories, supplemented by dozens of fun activities, allow educators, counselors, and parents to teach kids these essential life skills: managing stress, using whole-body listening, Education/Socia resolving conflict, expressing empathy,

and making friends.

Education/Social Skills and Academic Lessons Grades K-5 Trade Paper, ISBN 979-8-88907-019-1 138 pages, 8x10 \$22.95. Item No. 76-001



SARA KINSEY, MEd, NCC, has a passion for educating, motivating, and inspiring children in creative and engaging ways. A dedicated school counselor, she believes all children deserve to feel safe, loved, and valued for who they are.



Education/Counseling Grades K-12 Trade Paper, ISBN 978-1-944882-78-5 88 pages, 8% X 107/6 \$29.95, Item No. 72-001

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Reviewed by Licensed Mental Health Therapists for Recognition of Quality in the Field

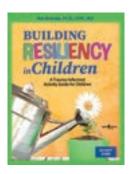
Building Resiliency in Youth: A Trauma-Informed Guide for Working with Youth in Schools

Kat McGrady, EdD, LCPC, NCC

This guide will help you recognize the signs of trauma and will show you how to best support individuals dealing with it. You'll also learn how to...

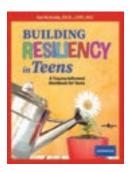
- Encourage and cultivate resilience.
- Practice intentional reflection.
- Identify compassion fatigue and methods to alleviate its effects.

Included is information for leaders on how to provide trauma-informed professional development and training to their staff or community.



Building Resiliency in Children: A Trauma-Informed Activity Guide for Children

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Building Resiliency in Teens: A Trauma-Informed Workbook for Teens

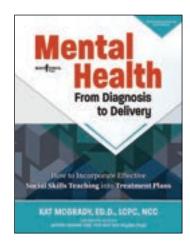
Trade Paper, ISBN 978-1-944882-80-8 98 pages, 27 self-guided assessments and activities, 8% x 10% \$22.95, Item No. 72-003

Mental Health: From Diagnosis to Delivery

How to Incorporate Effective Social Skills Teaching into Treatment Plans Kat McGrady, EdD, LCPC, NCC

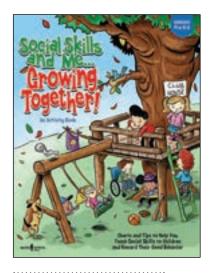
An accessible and complete guide for anyone working with or caring for youth who have a DSM-5 diagnosis. Convenient charts pair a diagnosis with social skills that caregivers can target to build on a child's strengths and improve treatment progress.

Education/Counseling and Mental Health Grades K-12 Trade Paper, ISBN 978-1-944882-98-3 216 Pages, 8% x 10% \$33.95, Item No. 72-004





KAT McGRADY, EdD, LCPC, NCC, currently works in private practice as a therapist and parent coach. Kat also serves as an adjunct professor for the Johns Hopkins University Master's in Education program, as well as a doctoral advisor for the Johns Hopkins University School of Education. She is also the author of Navigating Your Child's Unique Mental & Physical Needs.



Education/Counseling Grades PreK-6 Softcover, ISBN 979-8-88907-005-4 32 pages, 8% X 10% \$7.95, Item No. 45-023

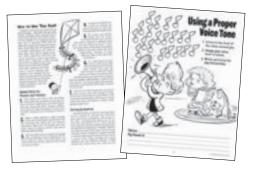
Social Skills and Me... Growing Together!

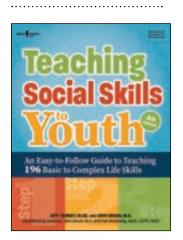
Illustrated by Brian Martin

The original *Getting Along with Others* workbook has had a makeover – updated language, fresh artwork, a new title, and a special code so you can download the skill charts whenever you need more!

Every child needs to learn how to get along, play nicely, and work cooperatively with others. And just like reading and math skills, social skills can be taught to children.

Use the skill charts in this guide to make social skill learning and practice lots of fun for kids. The playful illustrations combined with the coloring activities and the rewards you offer will keep children entertained and motivated.

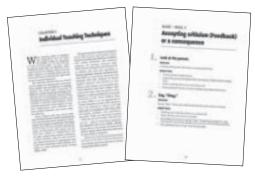




Teaching Social Skills to Youth, 4th Edition

An Easy-to-Follow Guide to Teaching 196 Basic to Complex Skills *Jeff Tierney, MEd and Erin Green, MS*

Updated and revised, this definitive guide to social skills instruction now features thirteen new skills and their behavioral steps, fresh insights into providing culturally responsive treatment that respects individual identity, more inclusive language, and updated research on social-emotional learning and executive function.



Education/Social Skills Grades K-12 Trade Paper, ISBN 978-1-944882-97-6 352 pages, 196 Social Skills, 83/x107/6 \$37.95, Item No. 45-022



JEFF TIERNEY, MEd is a former Boys Town executive with 28 years of experience, including serving as Director of Staff and Program Evaluation and Director of Training. Throughout his career, he served children and families in residential, shelter, foster care, and in-home settings.



ERIN GREEN, MS, is Director of Boys Town Press, in Boys Town's Youth Care Division. In her tenure with Boys Town, she has overseen the publication of dozens of trade publications, activity guides, and children's books. Erin's experience includes working with youth in general and special education settings, and providing support to parents and educators working with children with special needs, mental health diagnoses, or emotional/behavioral disorders.

Freddie the Fly Book Series

Written by a speech and language pathologist, this book series teaches kids important but difficult social skills, such as listening, staying focused, and understanding others.







Kimberly Delude Illustrated by Brian Martin GRADES K-5



Freddie the Fly:
Bugging Out

Softcover, ISBN 978-1-944882-69-3 31 pages, full color illustrations, 9x9 \$10.95, Item No. 59-006



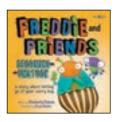
Freddie the Fly: Truth or Care

Softcover, ISBN 978-1-944882-54-9 31 pages, full color illustrations, 9x9 \$10.95, Item No. 59-005



Freddie the Fly: Seeing Through Another Lens

Softcover, ISBN 978-1-889322-22-3 31 pages, full color illustrations, 9x9 \$11.95, Item No. 59-007



Freddie and Friends: Becoming Unstuck

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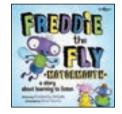
Freddie the Fly: Connecting the Dots

Softcover, ISBN 978-1-944882-25-9 31 pages, full color illustrations, 9x9 \$11.95, Item No. 59-002



Freddie the Fly: Bee On, Buzz Off

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Freddie the Fly: Motormouth

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Communicate with Confidence Book Series

This award-winning series for grades K-6, authored by Julia Cook, helps children master the art of communicating. Each book focuses on a specific theme to help kids succeed.



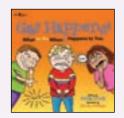
BOOK SERIES

Julia Cook Illustrated by Anita DuFalla GRADES K-6



The Technology Tail

Softcover, ISBN 978-1-944882-13-6 31 pages, full color illustrations, 9x9 \$11.95, Item No. 55-044



Gas Happens!

Softcover, ISBN 978-1-934490-76-1 31 pages, full color illustrations, 9x9 \$10.95, Item No. 55-035



Well, I Can Top That!

Softcover, ISBN 978-1-934490-57-0 31 pages, full color illustrations, 9x9 \$11.95, Item No. 55-029



Decibella and Her 6-inch Voice, 2nd Ed.

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Socially Skilled Kids Book Series

A book series focused on childhood friendships, finding your place, advocating for yourself, and being true to who you are.



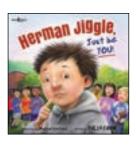


BOOK SERIES

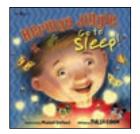
Julia Cook

Illustrated by Michael Garland

GRADES PREK-5



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The Leader I'll Be! book series teaches children how to use collaboration, creativity, and compromise to influence others.



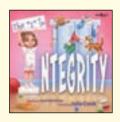
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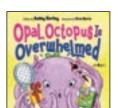
JULIA COOK is a former school counselor and teacher who has evolved into a national award-winning children's author. Her research-based books have been referenced in such publications as Parent's Magazine, The New Yorker, Chicago Tribune, Care.com and Military Spouse, and have been honored by The National Parenting Center, Teachers' Choice Awards, and Mom's Choice Awards. Some of her best-selling titles include But It's Not My Fault!, I Just Don't Like the Sound of No!, and Making Friends Is an Art! Julia is a proud mother and grandmother.

Diamond, Opal, & Friends Book Series

This engaging series of children's books helps parents and educators teach children about self-care, self-control, and self-determination.



Ashley Bartley
Illustrated by Brian Martin
GRADES K-5



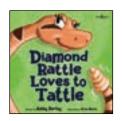
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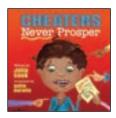
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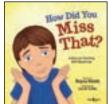
The Executive FUNction storybooks teach children how to plan, organize, manage time, and maintain self-control.



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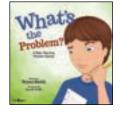


Bryan Smith Illustrated by Lisa M. Griffin **GRADES K-5**





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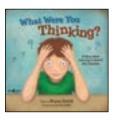






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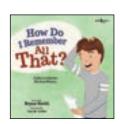


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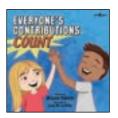
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The Without Limits book series shows young readers how to be more giving, more understanding, and more resilient.



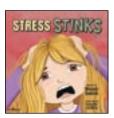
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Bryan Smith Illustrated by Lisa M. Griffin GRADES K-6



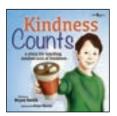
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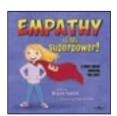
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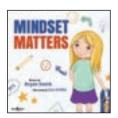
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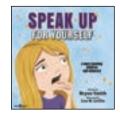
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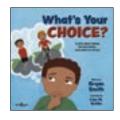
Stepping Up Social Skills Book Series

Stepping Up Social Skills book series teaches young readers about self-reliance, self-control, and responsibility.



Bryan Smith
Illustrated by Lisa M. Griffin
GRADES K-5

BOOK SERIES



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A story about making the best choice, even when it's not fun

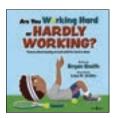
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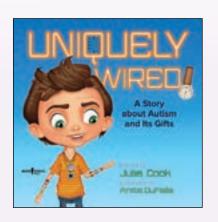


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BRYAN SMITH is an award-winning author who comes from a family of educators. Bryan began his career as an elementary school teacher before realizing he had a talent for helping children deal with difficult issues. He has since become a school counselor, where he flourishes teaching students life skills that will take them far and help them succeed. Bryan is married with two children.



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Uniquely Wired

Julia Cook, Illustrated by Anita DuFalla





This book gives young readers a better understanding of autism. Parents, teachers, and counselors can use this book to help teach kids valuable lessons about patience, tolerance, and understanding.

"This is an exceptional children's book centered around understanding a child with autism.

The narrative is helpful and very strengths-focused; each time a behavior is described, it is then described by those around the child as a gift and with a different perspective. The book was sensitive, informative, and heartwarming. I highly recommend it."

~ Jennifer L.











Building Relationships Book Series

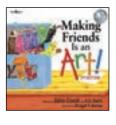
The *Building Relationships* series for grades K-6, authored by Julia Cook, helps children learn, understand, and develop good relationship skills with their peers, parents, and teachers. Each book focuses on a specific theme to help kids succeed.



Julia Cook GRADES K-6



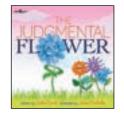
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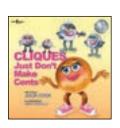
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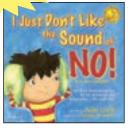


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My story about accepting 'No' for an answer and disagreeing... the right way!

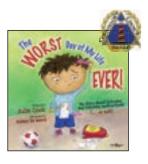
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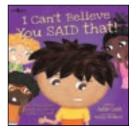
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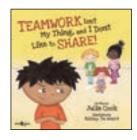


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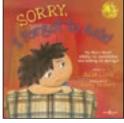
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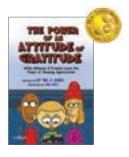
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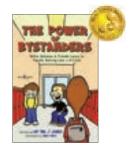


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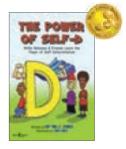
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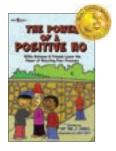
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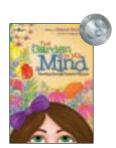


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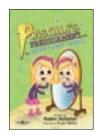


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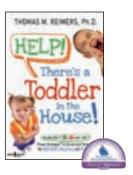


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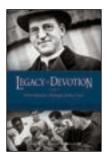
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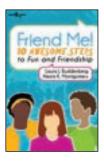
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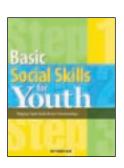
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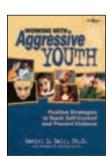
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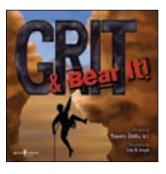




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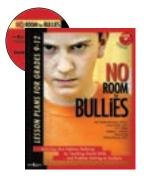
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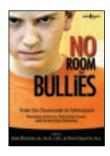
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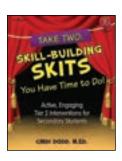
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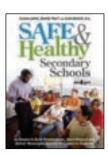
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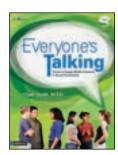
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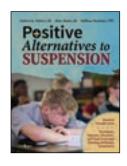
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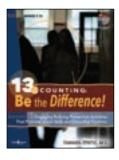
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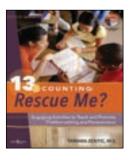
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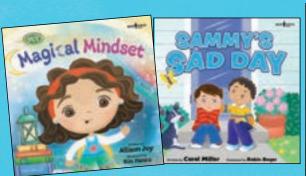
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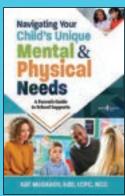




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